

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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April 2024

★★★★★



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Commitment

Green washing. Corporate hypocrisy. Spineless political rhetoric. Well-meaning environments setting unrealistic goals. Gaming the system and profiting off well-intentioned, sustainably minded consumers.

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Collectively, we can make the difference, if you make a commitment.

Support Ukraine Freedom

Recognizing Black History Month

Gethsemane Cemetery, a Bergen County Historic Site in Little Ferry, was open for self-guided tours from 11 a.m. to 2 p.m. on Saturday and Sunday, February 24-25, 2024. For a free audio cell phone tour, dial 201-243-4066 and enter 5# to begin the tour. ###



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- Introduction to Esports
- Introduction to Financial Markets

Session II – Starts July 22

- American Musical Theater
- Creative Imagery with Photoshop
- Introduction to Criminal Justice
- Principles of Modern Biology
- Social Psychology



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Prom Dress Giveaway

On Saturday, March 2 and 9, 2024, Grace Episcopal Church, in Rutherford held its third annual outreach, "Give Grace Boutique." About 500 attended. About 800 new and used dresses, in addition to suits and tuxedos, fashion jewelry, formal shoes, and accessories for 2024 proms, in addition to "mother of the bride" style and formal dresses for mature women, were given away.

This event benefited area students who may want to attend prom and other special events this season, but who may be unable to afford outfits and accessories.

accessories.

All clothes, shoes, accessories and seamstress services were donated and available at no cost to participants.

"By providing them with elegant prom attire and accessories, will have a transformative effect on their confidence and overall experience", stated event organizer Susan Muller.

The items not given away this year, will be stored for next year or re-donated.

For more information: gracesclosetrutherford.org/ donate or call Susan Muller at 201-312-2028. ###



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Resorts Casino Trip April 30

On Tuesday, April 30, 2024, the Hasbrouck Heights VFW Post 4591 is sponsoring a trip to Resorts Casino in Atlantic City. The cost is \$40 (*paid in advance*.) Join us for a continental breakfast starting at 9 a.m. To help pass the travel time there will be Bingo. 50/50 and a movie. A slot voucher will be given upon arrival. Bus leaves from the Post parking lot at 10 a.m. sharp.

For information call Diane at 201-475-8898 or Gladys at 201-288-9074. ###

Casino Trip May 13

On Monday, May 13, 2024, the Kip Center, 55 Kip Avenue, Rutherford, is hosting a Casino Bus trip to Wind Creek Casino, Bethlehem, PA. Cost is \$40 pp and includes casino bonus. Bingo and snacks served on the bus. Bus leaves at 10 a.m. and returns by 7:30 p.m. For more information, call 201-460-1600. ###

Bette, Babs & Beyond April 22

On Monday, April 22, 2024, 55 Kip Center will host a trip to Tropicana Atlantic City.

"Bette, Babs & Beyond," is a powerful tribute show to legendary divas like Cher, Tina and Dolly. Known for its exceptional talent and engaging storytelling, this production previously showcased at 54 Below in New York, honors iconic songs from "I Will Survive" to "I Will Always Love You."

Cost \$85 pp. Due in full by April 15. Includes round trip motorcoach transportation, \$25 bonus slot dollars and admission to the 3 p.m. show. Bus leaves 9 a.m., returns at 7:30 p.m.

For more information, call Cathy 201-460-1600 or Geri (*Rutherford Golden Agers*) at 201-247-0122. ###

HLL Opening Day

The Hasbrouck Heights Little League opening day is scheduled for April 6, 2024.

The traditional parade will assemble at Borough Hall. Team sponsorships, sign advertisements, and league donations are available. Contact HLLSponsorships@hllittleleague.com to learn more. ###

Get Connected

Carlstadt Mixed Chorus 91st Music Festival

The Carlstadt Mixed Chorus will host their 91st Music Festival at the Carlstadt Turn Hall, 500 Broad Street, Carlstadt, at 3 p.m. on Sunday, May 5, 2024.

The program will feature the Carlstadt Mixed Chorus and professional soloists. Johanna Teubner-Prussak, Music Director. Dance music by "Bud and Linda." The kitchen and bar will be open. Donation is \$25. For reservations, call 973-777-6677 or 973-204-9933. ###

Bunco Night April 12

The Women's Club of Carlstadt is holding a Bunco Night on Friday, April 12, 2024. Doors open at 7 p.m. Games start at 7:30 p.m. The evening of fun will be held at the First Presbyterian Church Community Hall located on Third Street in Carlstadt. Tickets are \$20.

Don't worry if you don't know how to play, we will teach you. Bring your friends or spouses. Snacks, wine and cheese, beverages, desserts and coffee will be served. For info and tickets, contact Lori at 201-403-7252. ###

Designer Bag Bingo April 28

55 Kip Center in Rutherford will be hosting a Designer Bag Bingo on Sunday, April 28, 2024. Doors open at 1 p.m. Bingo starts at 2 p.m.

Here is a chance to win beautiful, authentic designershandbags. Each round of Bingo has a corresponding handbag for a prize.

Cost is \$45 per person and includes 10 games of Bingo, complimentary coffee/tea & dessert. BYO drinks and snacks. Additional Bingo cards and dabbers are available. For more info, call Cathy 201-460-1600. ###

Vendor/Craft Show April 13

The East Rutherford Fire Department Ladies Auxiliary is hosting a Spring Vendor/Craft Show on Saturday, April 13, 2024, from 9 a.m. to 4 p.m. at the East Rutherford Civic Center, 37 Vreeland Avenue, East Rutherford.

Find some unique items. Food and beverages will be available. ###

MomLife Event April 25

If you're a mom-to-be or a mother of a child up to 6th Grade, you need MomLife! Moms from any town can join us. It's a place to let your hair down, relax and share some laughs with women who get you.

Next event on Thursday night, April 25, 2024, 7 to 9 p.m. Please RSVP by April 23.

Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights. Limited KidLife childcare available by RSVP only. Monthly get together and outings too. For more info: hasbroucktsmomlife@gmail.com; Fb Hasbrouck Heights NJ MomLife ###

Art Association of Rutherford

Come and join the Art Association of Rutherford for our April meeting to watch an interactive demonstration on creating color and texture.

During this meeting, observe how using simple shapes and color can create unique piece of art.

No experience is necessary, so join us 7:30 p.m. on April 11, 2024, at the Kip Center of Rutherford (55 Kip Avenue, Rutherford, NJ). Non-members, a \$3 donation is appreciated, which goes towards a local scholarship for the arts. ###

Stitch One, Share One April 21

Stitch One, Share One group has returned to meeting on the fourth Sunday of each month, from 2 to 5 p.m., at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

Our group extends an invitation to members of the community to join us anytime and meet women who enjoy sharing their talents and who will become friends. Come to learn to knit or crochet; come to advance your skills – come to help work on one of our charitable projects or you are welcome to come and work on your own project. Remember: the next meeting will be Sunday, April 21, 2024. Look for our sign; we are barrier-free! ###

KEYWORD



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St. John's Annual Plant Sale

Mark your calendars! Spring is just around the corner and it is time to start planning your gardens.

For the 45th Annual Plant Sale, nursery grown plants and flowers and hanging pots will be available for pick-up just in time for Mother's Day, May 12, at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 3, 2024 by appointment. There will not be any plants available on Saturday.

Pre-orders only for the 45th Annual St. John's Plant Sale are being accepted and due by Tuesday, April 30, 2024.

Flats, which contain one kind/one color, are \$15.50. Pre-order forms are available by calling 201-288-9460 and leaving a message.

All plants are of the highest quality. As in previous years, all plants are hand picked at the nursery by experienced gardeners. There will be other plants available along with pots of plants when pre-orders are picked up. ###

May 5 Car and Motorcycle Show

On Sunday, May 5, 2024, the Nam Knights of America will host their 30th Annual Car and Motorcycle Show behind their Clubhouse at 350 Michele Place, Carlstadt. Rain date is Sunday, May 19, 2024. Gates open 9 a.m. for entries. Entries must be parked by noon to be judged. Show starts at 11 a.m.

There will be music, food and vendors. No alcoholic beverages or pets. Admission for show participants is \$20. Spectators \$5. Children under 12 free. Free admission for disabled Veterans and disabled Police Officers.

Entries and spectators must enter Show via Paterson Plank Road to Michele Place; Nam Knights Way will be closed.

Event benefits Veterans and Law Enforcement Officers. For more information, call 201-538-4387 or go to www.namknights.org email carshow@namknights.org ###

Elvis Tribute April 12

American Legion Post 310, 100 Liberty Street, Little Ferry, NJ, presents an "Elvis Tribute Show" by Ralph Carey, on Friday, April 12, 2024, at 8 p.m.

Cost is \$20 pp and includes food and draft beer. Limited tickets will be sold. No refunds.

Come down and listen to the songs of the late Elvis Presley. For more information, call 201-807-0470. ###

FOCAS Holds Flea Market

FOCAS Flea Market will be held Saturday, April 27, from 10 a.m. to 4 p.m., at the American Legion, 100 Liberty Street, Little Ferry. Note that 2024 Flea Markets will be Saturday only events.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. (*Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working.*)

They may be dropped off at the American Legion on Friday, from 3 to 6 p.m.

All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org

FOCAS adheres to COVID compliance guidelines. ###

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Taste of Hasbrouck Heights & Friends April 24

The Friends of the Hasbrouck Heights Public Library, in partnership with the Hasbrouck Heights Regional Chamber of Commerce, cordially invites you to the 7th Taste of Hasbrouck Heights & Friends at the Fiesta, 255 Rt. 17S, Wood-Ridge, on Wednesday, April 24, 2024, from 6 to 9 p.m. See more details, ticket pricing and purchasing at <https://my.cheddarup.com/c/taste-of-hhandfriends> ####

W-R Lions Phil Rottini Memorial Golf Outing

The Wood-Ridge Lions Club will be hosting its 15th annual Phil Rottini Memorial Golf outing on Monday, May 6, 2024 at the Meadows Golf Club in Lincoln Park.

Golfers' fees are \$135 which includes green fees, golf cart, breakfast, lunch, beer, and giveaways - plus the chance to win a New Car!

Singles, doubles, or foursomes are all welcome. Sponsorships are still available for tee signs. Please contact Lion Jeff at jeffheldman@gmail.com or Lion Jack Nagel at janpro911@aol.com for more information.

Phil was a World War II Veteran, a member of the Wood-Ridge Lions Club for 43 years, and the Club's first Melvin Jones Fellowship recipient, which is a prestigious award given by the Lions Club International Foundation in recognition of service.

Phil generously served the Wood-Ridge community through the Lions Club and impressed his desire to serve others upon his children who, like Phil, continue to serve the community through the Lions Club. ####

Kentucky Derby

Come celebrate the Derby with your own hat creation. Enjoy simulated horse races that you can wager on for prizes and enjoy the band, food and comedian "Kentucky Style!"

On May 1, 2024, from 11:30 a.m. to 3:30 p.m., the Kip Center is hosting a trip to LiGreci's Staten Island, NY.

Cost is \$110 per person and includes bus transportation, show and lunch Menu: one hour open bar, fresh garden salad, soup or pasta, choice of Sirloin of Beef, Chicken Marsala or Filet of Sole, dessert, coffee or tea -- wine and soda during lunch.

\$60 deposit due April 1 with balance due April 15. Bus leaves Kip Center at 10 a.m. and returns at 5 p.m.

For more information, call Cathy at 201-460-1600 or Geri at 201-247-0122. ####

Tea Party April 21

The Woman's Club of Rutherford invites members and guests to their Springtime Tea Party on Sunday, April 21, 2024, from 2 to 5 p.m., at their historic clubhouse at 201 Fairview Avenue in Rutherford.

Enjoy the company of friends while you partake in an old-fashioned afternoon tea - including scones, tea sandwiches, pastries, a variety of teas and more.

Take the opportunity to purchase lovely gifts from our Treasures Table. Tea party attire is encouraged!

Tickets are \$35 per person. Proceeds will benefit local charities and the restoration of our historic Carriage House.

For more information and to purchase tickets please call Sue Kevra at 201-893-6866. ####

Fish & Chips April 13

Saint Margaret of Cor-tona's Parish Social Life Committee is sponsoring their 15th Annual Fish and Chips Dinner on Saturday, April 13, 2024.

Cooking will be done by Tastefully British. Dinner will be served from 6:15 to 7:30 p.m. at the St. Margaret's Auditorium on Chamberlain Avenue, Little Ferry (*wheel chair accessible*).

Cost is \$15 per meal, and includes fish, chips, cake, coffee and tea. Chicken available. Pre-order by April 6. No tickets will be sold at the door. Take-out orders are available. For information, call Sophia at 201-723-2091. ####

Brunch & Tricky Tray April 14

The Children's Dyslexia Center of NJ/Hasbrouck Heights Learning Center will host their 7th Annual Brunch and Tricky Tray on Sunday, April 14, 2024, from 11 a.m. to 3 p.m., at Seasons Catering, 644 Pascack Road, Washington Township.

Menu includes Brunch, dessert, Mimosas, Bloody Marys and more!! Plus one sheet of Tier 1 raffle tickets. Raffle tickets will be available for purchase at the event only. Value bundles available at \$50 and \$100.

Reservations only. No entry at the door. Adults \$90. Children \$50. Under 3 free. Purchase by April 1. Tables of 10 may be reserved. Prices increase after March 20.

Make checks payable to: Children's Dyslexia Centers of NJ (*memo Hasbrouck Heights*). Mail to Chairman D. Busico, 74 Hudson Avenue, Ridgfield Park, NJ 07660. Facebook updates: @HHDyslexiaCenter For more information, call 201-288-1183. ####

Free Lunch Saturday

The First Presbyterian Church of Moonachie for the "Free Lunch Saturday" program, will be held April 6, 2024, 11:30 a.m. to 12:30 p.m. April lunch is pasta (*while supplies last*).

We average 100 meals each month both inside and To-Go bags are available. About 20 bags of groceries are distributed. Guests also leave their prayer requests which are included during Sunday prayers.

A pantry table is also set up for common staple items for those with a need (*pasta, sauce, cereal, rice, beans, soup, tuna, proteins sources, etc*). All donations are gladly accepted (*but please avoid glass jars*).

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ####

Pig Roast July 20

Sons of the American Legion Squadron 310 will host the Art Jensen Jr. Annual Pig Roast on Saturday, July 20, 2024 from 3 to 7 p.m. at their Post, 100 Liberty Street, Little Ferry.

Cost is \$30 in advance. \$35 after July 15. Children under 12 eat free.

Menu includes hamburgers, hotdogs, BBQ chicken, two-100 lb. pigs, London Broil, fresh corn on the cob, mussels and salads, beer and soda.

Music by DJ Jack Jam. Permit #103362. For additional information, please call 201-807-0470. ####

Lodi KC Pancake Breakfast Apr. 14

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, April 14, 2024, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (*to order*), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$12; children over 6: \$6; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ####

Fish & Chips Drive-by June 1

Murray-Hodge American Legion Post 453 is holding a Fish & Chips drive-by (*Chicken optional*) on Saturday, June 1, 2024, from 1 to 3 p.m., at Felician University parking lot, Montross Avenue, Rutherford.

The cost is \$20 for adults and \$10 for children under 10. The event is catered by Tastefully British.

Proceeds benefit the Post to service the community and fellow Veterans.

To purchase tickets, contact: Martin Kless at 973-248-7731, William (Billy) Galloway at 201-693-5813, Bryan Carter at 204-321-5705, Charles Gunn at 201-456-3561. ####

Brown Bag Auction Apr. 2

The Woman's Club of Carlstadt will meet on April 2, 2024, at the Presbyterian Church Community Hall at Division Avenue and Third Street, 7:30 p.m.

Our program is a Brown Bag Auction. Bring an item valued at \$15 in a brown bag. Our auctioneer will be the only one (*besides you*) to know what is in the bag being auctioned off.

Our members are very competitive. Come and join us for a fun evening. Guests are always welcome. Contact Janet at 201-438-5892 for info. ####

Wallington Lions Pancake Breakfast Apr. 28

Wallington Lions Club Pancake Breakfast Fundraiser will be held on April 28, 2024, at Wallington Civic Center from 8 a.m. to noon. For information, call Marie at 973-580-3634. ####

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Boot Drive Rappelling Demo April 20

The Hasbrouck Heights Fire Department is hosting a Boot Drive fundraiser to benefit Jon Benkovic and his family on April 20, 2024, from 11 a.m. to 5 p.m., at Fire Headquarters, 248 Hamilton Avenue, Hasbrouck Heights. Proceeds benefit the Benkovic Family as they fight Diffuse Anaplastic Wilms Tumor, a very aggressive form of childhood cancer. Cash, Venmo and Paypal donations accepted.

Firefighters will have a rappelling demonstration. ###

3rd Annual Great Duck Derby May 4

The Lions Club of Rutherford presents the 3rd Annual Great Duck Derby on Saturday, May 4, 2024 (Rain date: May 5), from noon to 4:30 p.m. and consists of three races at 2 p.m., 3 p.m. and 4 p.m.

Individually numbered plastic ducks will be released into a man-made waterway along W. Pierrepont Avenue, near Carmita Avenue, racing to the finish line.

Those interested will "adopt" a Duck for \$5 or a Quack Pack (6 ducks) for \$25. Over \$3,000 in prizes will be awarded to the "adoptive parents" of 30 lucky duckies in each of the three races. Winners do not need to be present to win. No cash equivalent prizes will be provided in lieu of the designated prizes.

The day will include fun activities, crafts and games, refreshments and the duck races. Free to attend the event. Fun for the entire family!

Questions: Contact Laura 201-893-1172. Check out the Facebook page @Rutherford-LionsClub for Duck Adoption locations. ###

Aviators Track Meet April 12

The Hasbrouck Heights Track and Field Team will host about 40 high schools in the Invitational on Friday, April 12, 2024, starting at 4 p.m., at Depken Field. This is the 17th track invitational. The public is welcome. Admission is \$5. No rain date. ###

April Flower
Sweet Pea

Spring Vendor/Craft Fair May 4

On May 4, 2024, from 9 a.m. to 4 p.m., St. Francis deSales Church, 125 Union Street, Lodi, will hold a Spring Vendor/Craft Fair. Free admission.

Features crafts, jewelry, home decor, candy and more.

One 8' table \$30, two 8' tables \$50. Contact Church Rectory at 973-779-4330, francisdesales@hotmail.com or suev346@gmail.com ###

HH Community Rummage Sale April 20

Save the date for a Rummage Sale on Saturday, April 20, 2024, from 9 a.m. to 2 p.m. at Woodland Park in Hasbrouck Heights.

Residents are invited to reserve a table for \$25 to sell their treasures. Proceeds from table reservations will benefit the Civic Engagement Scholarship Fund awarded annually to high school seniors from Hasbrouck Heights.

All are welcome to attend and see what bargains you can find from your neighbors! To reserve a table or for more information, call/text Dana at 201-694-3034. ###

Pinwheel Garden

The Hasbrouck Heights Contemporary Club will be planting a pinwheel garden at the Circle on April 6, 2024 at 10 a.m. The public is invited.

In April, we observe Child Abuse Prevention Month and launch the "Pinwheels for Prevention" campaign. The pinwheel logo was chosen as a national symbol of prevention because it is whimsical and evokes childlike notions, exemplifying the "Great Childhoods" we desire for all children. ###

Free Line Dancing Apr. 5

American Legion Post 310, 100 Liberty Street, Little Ferry, hosts FREE line-dancing on Friday, April 5, 2024, at 8 p.m.

Come down and have a great time. For more information, call 201-807-0470. ###

April Birthstone
Diamond

They Are The Ones; We Remember

The Grand Marshall for this year is Charles Gunn, Commander of Murray-Hodge Post 453. Commander Gunn is a Vietnam Veteran, serving Rutherford for over 40 years.

On May 27, 2024, there will be a wreath tossing, gun salute, and "Taps" at the Union Avenue Bridge at 8 a.m. for our Veterans lost at sea.

At about 8:30 a.m., we will be at Sunset Park (Raymond and Union Avenue) for a brief program.

The Rutherford Veterans Alliance will host the memorial Day Parade that starts at 9 a.m. from Sunset Park, travel up Union Avenue, right onto Chestnut Street, left on Ames, right onto Park Avenue to Borough Hall.

If you do not get a notification and would like to march, or ride in the parade email gunngunn0345@aol.com or call 201-456-3561.

Hope to see you at Borough Hall for our program. This day is a national holiday to honor those Americans who made the ultimate Sacrifice when called to duty for their country. ###

Tricky Tray May 2

"Shore to Please" Tricky Tray, Thursday, May 2, 2024, at the Fiesta. Doors open at 6 p.m. Auction starts 7 p.m.

\$55 admission includes three course dinner, desert, plus one sheet of regular chances. Express packs of gift chances \$30, if purchased by April 27. \$35 at the door.

Advance ticket sales only. No tickets will be sold at the door. Admission tickets available until April 27. Tickets will be mailed upon receipt of payment. Express packs pickup at the door.

For more information, call Dawn Wassman at 201-463-1512. ###

An aluminum can that is thrown away will still be a can 500 years from now! ###

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Learn How to Support Your Veteran Apr. 11

The New Jersey Hospital Association, in partnership with the Mental Health Association of New Jersey, provides Mental Health First Aid (MHFA) courses that help Veteran advocates, faith-based groups, education professionals and other community partners support our Veterans, military personnel and their families.

These courses are designed to give laypeople the tools to identify, understand and respond to signs of mental health and substance use challenges among adults.

Reasons to Participate

- The suicide rate for veterans is 57% greater than for non-Veterans.
- Nearly 1 in 4 active-duty members show signs of mental health conditions.
- 88% of Veterans' caregivers experience increased levels of stress and anxiety.

What It Covers

- The importance of mental health to the community of military, Veterans and their families.
- Risk factors and protective factors specific to the community of military, Veterans and their families.

- Applying the MHFA Action Plan (ALGEE) in scenarios designed specifically for military, Veterans and their families.

- National, regional and community mental health resources for service members, Veterans and their families.

After the Course, You'll Be Able To

- Recognize common signs and symptoms of mental health and substance use challenges
- Understand how to interact with a person in crisis
- Know how to connect a person with help
- Use self-care tools and techniques.

Who Should Take It

- Community-based organizations and individuals, Veterans advocates and others who engage with the Veteran and military communities, including service members, Veterans and military families.

This program will be held at the American Legion Post 310, 100 Liberty Street, Little Ferry from 9 a.m. to 5 p.m. A free lunch will be served

For more information, please contact us at MHFA@NJHA.com ###

St. John the Divine & Christ Church Spring Craft & Vendor Fair

Saturday, May 4 • 11 am to 3 pm • Rain or Shine
251 State Street, Hackensack

Crafts • Unique Items • Home Sales
Food available for purchase

Free admission for the public

Proceeds benefit the Organ Restoration Fund

10' x 10' outdoor spaces are \$30. Vendors supply their own table, chairs, pop-ups. 6' x 6' indoor spaces available include table with 2 chairs.

For more information, contact Lynda at Lyndabd@verizon.net

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Open Cockpit Experience April 20

The Aviation Hall of Fame will host Open Cockpit Day on Saturday, April 20, 2024, from 10 a.m. to 4 p.m.

Visitors will have the opportunity to sit in the cockpit of a very rare Lockheed Bushmaster plane, a M*A*S*H Bell 47 helicopter made famous during the Korean War.

Explore the cabin of the world's only surviving restored cockpit of the Martin 202 airliner.

You can visit inside the HH52A, U.S. Coast Guard rescue helicopter. Also, on display are the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/attack aircraft, as well as other aviation cockpits including our newest exhibits: a General Aviation Trainer (G.A.T-1) and a Glider recently donated by Jersey Ridge Soaring.

Also popular with young people is our official Airport Rescue Firefighter Truck! For young astronauts, we have our working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, to name just a few.

Admission: \$20 for adults, \$15 for seniors and \$12 for children. No discounts, Library Passes or Membership Passes can be used on Open Cockpit Days.

The Museum is located at 400 Fred Wehran Drive, adjacent to the Teterboro Control Tower. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ." For more information call 201-288-6344 or go to: www.njahof.org ###

Earth Day April 22, 2024

Earth Day is Monday, April 22, 2024 and marks the 54th anniversary of this holiday. It's followed closely by Arbor Day, which falls on the last Friday in April.

Typically, Earth Day is assigned a different theme or area of focus each year; this year's theme is "plant vs plastics" with a commitment to end plastics for the sake of human and planetary health, demanding a 60% reduction in the production of all plastics by 2040 and an ultimate goal of building a plastic-free future for generations to come.

To achieve a 60% reduction by 2040, Earthday.org's goals are:

(1) promoting widespread public awareness of the damage done by plastic to human, animal, and all biodiversity's health and demanding more research be conducted on its health implications, including the release of any and all information regarding its effects to the public;

(2) rapidly phasing out all single use plastics by 2030 and achieving this phase out commitment in the United Nations Treaty on Plastic Pollution in

2024;

(3) demanding policies ending the scourge of fast fashion and the vast amount of plastic it produces and uses; and

(4) investing in innovative technologies and materials to build a plastic-free world. For Earth Day 2024, together, for everyone, everything, every day...

"The word environment means what surrounds you. In the case of plastics we have become the product itself – it flows through our blood stream, adheres to our internal organs, and carries with it heavy metals known to cause cancer and disease. Now this once-thought amazing and useful product has become something else, and our health and that of all other living creatures hangs in the balance," said Kathleen Rogers, President of EARTHDAY.ORG. "The Planet vs. Plastics campaign is a call to arms, a demand that we act now to end the scourge of plastics and safeguard the health of every living being upon our planet."

Plastics extend beyond an imminent environmental issue; they present a grave threat to human health as alarming as

climate change. As plastics break down into microplastics, they release toxic chemicals into our food and water sources and circulate through the air we breathe. Plastic production now has grown to more than 380 million tons per year. More plastic has been produced in the last ten years than in the entire 20th century, and the industry plans to grow explosively for the indefinite future.

- More than 500 billion plastic bags—one million bags per minute—were produced worldwide last year. Many plastic bags have a working life of a few minutes, followed by an afterlife of centuries. Even after plastics disintegrate, they remain as microplastics, minute particles permeating every niche of life on the planet.

- 100 billion plastic beverage containers were sold last year in the United States. That's more than 300 bottles per inhabitant. A few of them will be converted into park benches; none of them will be made into new plastic bottles and 95% of all plastics in the US won't be recycled at all. Even the 5% of plastics being recycled are "downcycling" to inferior products or shipped to poorer countries for "recycling," leaving the demand for virgin plastic undiminished.

People seldom think of water when they think of plastics. But making a plastic water bottle requires six times as much water as the bottle itself contains.

- The fast fashion industry annually produces over 100 billion garments. Overproduction and overconsumption have transformed the industry, leading to the disposability of fashion. People now buy 60% more clothing than 15 years ago, but each item is kept for only half as long.

Approximately 85% of garments end up in landfills or incinerators, with only 1% being recycled. Nearly 70% of clothing is made from crude oil, resulting in the release of dangerous microfibers when washed and continued contribution to long-term pollution in landfills.

For more information go to: <https://www.earthday.org/earth-day-2024/> ###



"We Serve"

The members of the Wood-Ridge Lions Club wish to thank the 415 attendees of our 39th Annual Beefsteak Dinner held at the The Fiesta on Friday, February 9, 2024.

Because of your generosity, we will be able to continue our support of St. Joseph's School for the Blind, Eversight (New Jersey Eye Bank), The Foundation for Fighting Blindness, Juvenile Diabetes Research (JDRF), Camp Marcella (Camp for Blind and Children with Disabilities) and Gus Hoene Center for the Mentally Challenged... to name a few.

We also want to thank the businesses that contributed to our door prizes for the Beefsteak Dinner, Pancake Breakfast on March 24 and Golf Outing on May 6.

Restaurant Gift Certificates donated by the following:

- | | |
|-----------------------------------|---|
| Al Toro Restaurant (W-R) | Matthew's Restaurant (Clifton) |
| Bazzarelli (Moonachie) | Me & Tommy's Restaurant (Belleville) |
| Bachi 197 (W-R) | Mills Bakery (W-R) |
| The Bagel Store (Carlstadt) | Modern Realty (W-R) |
| Bistro 107 (Moonachie) | Northern Eagle Distributors (Carlstadt) |
| Blue Café (W-R) | NuWay Concessionaires (Kearny) |
| Boulevard Dogs-'n-More (HH) | Oasys Day Spa (W-R) |
| CC Nails (W-R) | Papa John's Pizza (ER) |
| Gianna's (Carlstadt) | Rapid Pump & Meter Service (Paterson) |
| Emilia Romagna (W-R) | The Roosevelt (ER) |
| Goldberg's Bagels (W-R) | Segovia Restaurant (Moonachie) |
| Gus' Last Word (W-R) | Shop Rite (Lodi/Wallington) |
| Heights Bar and Grill (HH) | Solda Electric (W-R) |
| Il Villaggio (Carlstadt) | Sparta Taverna (W-R) |
| JAN PROMOTIONS (Moonachie) | TLC Landscaping (W-R) |
| Justin's Ristorante (W-R) | Top Seed Landscaping (W-R) |
| Kohler Funeral Home (W-R) | Two's Company (W-R musical duo) |
| Lassoni Ristorante (N. Arlington) | Wesmont Liquors (W-R) |
| The Local Pub (Carlstadt) | Wood-Ridge Liquors (W-R) |
| Luigi Meats (W-R) | |

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HH Garden Club April 17

The Garden Club will be meeting on Wednesday, April 17, 2024, at 5:30 p.m. for light refreshments at the HH Public Library located on the second floor of the Municipal Building, 320 Boulevard. There is ample parking on Central Avenue and the building is barrier free with an elevator.

There will be a short meeting to announce coming events! One, that will be the "Spring Garden of the Season" contest that invites all outdoor gardeners to participate.

Our speaker for the evening will be Lynne Proskow, a Master Gardener of Bergen County. Lynne is a lifelong organic gardener who is passionate about healthy food and teaching the benefits of regenerative gardening practice.

"CONTAINER GARDENING IN SMALL SPACES"

She will speak about poor soil, grow bags, potting mixes, herbs and self-watering containers. All you need to get started. Handouts are included. There will be a question and answer session after the presentation.

We always welcome guests to join us and welcome those who want to become members! All programs are free. ###

Garden of the Seasons

The Hasbrouck Height Garden Club "Garden of the Seasons" contest is open for the Spring 2024 Season. The contest is for front and side yards only and runs between March thru May 31 for Spring and between June 1 thru August for Summer.

If you wish to enter the Spring contest, call Audrey at 201-288-8943 for an application. In addition, Garden Club members will ride throughout town, searching for candidates. They will leave an application at your home if you have a qualifying garden. They will carry Garden Club ID.

The Garden Club meets the third Wednesday each month (except July, August and December). Refreshments at 5:30. Meeting at 6 p.m. Open membership. ###

• *Water scarcity affects one in 10 people worldwide. Spread awareness of this problem and become part of the solution by reducing water usage in your daily life. ###*

• *A single quart of motor oil, if disposed of improperly, can contaminate up to 2,000,000 gallons of fresh water. ###*

Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for almost 2 decades!

The Hasbrouck Heights Garden Club, in cooperation with the Chamber of Commerce, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting is done by members of the Garden Club,

Green Team Hosts Town-wide Cleanup April 27

The Hasbrouck Heights Green Team will host their annual townwide community cleanup on April 27, 2024.

Sign in will take place at the Library entrance, north side of Borough Hall at 9 a.m. Please go to hhgreenteam.org to sign up or email hhgreenteam@gmail.com for information. ###

HH Town-wide Garage Sale

A Hasbrouck Heights town-wide garage sale is scheduled for May 18 and 19, 2024, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. There is a \$10 fee.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

Flag Garden May 18

The First Reformed Church will hold a Memory Flag Garden Service 11 a.m. on May 18, 2024 (Armed Forces Day) on the Church lawn, 300 Washington Place, Hasbrouck Heights.

Each flag has a Veteran's name attached. Flag request should be submitted by May 15, 2024, to firstrefhh@optonline.net

The public is invited to visit this garden. The flags will remain until mid-July.

The ceremony is to remember those who served and have passed into the nearer presence of God. For more information, call the Church office at 201-288-1122. ###

at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season.

In the fall the DPW will collect the flower pots and store them at the DPW till the spring. At this time they will be planted once again and brought to our Boulevard and we will enjoy the "BOULEVARD IN BLOOM."

In the spirit of community, each year they reach out to a local student group willing to lend a hand overseeing and pruning the planters throughout the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

The HHGC sends a sincere thank you, to those businesses and residents who continue to support their efforts each year.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604. Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

**Read to
Your Child**

Project Keep Wood-Ridge Beautiful Needs Volunteers

The "Keep Wood-Ridge Beautiful" Committee will hold its 24th Annual Downtown Cleanup Day, Sunday, June 2, 2024, between the hours of 11:30 a.m. and 3 p.m.

Volunteers are once again needed to help clean our shopping districts and raise awareness of the effects of litter in our community.

During our last "Keep Wood-Ridge Beautiful Day" over 200 volunteers participated!! Both adults and children are welcome.

The Bergen County Board of Health will provide cleaning utensils, gloves, brooms and bags. Volunteers will be asked to meet at Veterans Park on Valley Boulevard. To sign up please call Borough Hall at 201-939-0202 (ext. 109) and

leave your name, telephone number and how many adult or children's "T" shirts should be ordered by size.

Shredding Event

Do you have stuff to shred? Bring it to Veterans Park at the corner of Highland Avenue and Valley Boulevard that day from 9 a.m. to 1 p.m. (no hardcover books, photographs or X-rays). For further information, please contact Councilman Ezio Altamura 201-531-0259. Thank you! ###

**Reduce
Reuse
Recycle**

45th Annual Plant Sale

Featuring nursery grown plants and flowers, hanging pots -- just in time for Mother's Day.

NOTE: Pre-orders Only!

Pre-ordered plants are sold by the flats only. Flats are \$15.50. Flats are one color/one kind. There will be other plants available along with pots of plants when pre-orders are picked up.

Call 201-288-9460 for order forms. Orders due Tuesday, April 30, 2024. Pre-paid advance orders are available for pick-up by appointment in the Parish Hall on Friday, May 3, 2024.

Church of St. John The Divine

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Tools Of Hope

The Women's Guild, through Church World Service (CWS), is again sponsoring Tools of Hope Sunday on Father's Day, a day on which we honor and/or remember all the significant men in our lives.

CWS offers a program, Tools of Hope, to help people throughout the world to become self-sufficient in maintaining the lives of their families and communities.

Hunger makes headlines when millions face starvation through famines caused by drought or brought about by war. However, lives of quiet desperation are routinely lived out by one in eight people who do not have an adequate share of the food resources of the earth. Tools of Hope offers the opportunity to place the right tool in the right hands—those who are eager and willing to work! Not only are actual tools—saws, hammers, hoes—provided, but also tree

seedlings, wells, small loans, beehives, sewing machines, and even renewed skills. Hope can be brought on our part to these willing hands with a suggested donation of \$10 for each mention!

Please see a Guild member to submit your donations and completed forms starting today through Sunday, June 9, 2024.

You may also mail your check to the Church office. First Reformed Church of Hasbrouck Heights, P.O. Box 66, Hasbrouck Heights, NJ 07604. Checks should be made payable to: Guild of Reformed Church Women. Mark in memo: Tools of Hope. ###

Mother's Day: Give A Blanket

Once again, the Guild of Reformed Church Women of First Reformed Church, Hasbrouck Heights, invite you to participate in their annual Blanket of Honor Sunday project. These \$10 donations per blanket, in honor of or in memory of any or all the significant women in your life, will be accepted through May 5, 2024, for inclusion in the Mother's Day bulletin.

The proceeds will be used by Church World Service to provide new blankets to be distributed to families wherever and whenever a disaster occurs, whether natural or man-made.

These blankets are used in a multitude of ways, not just for warmth. They provide a measure of dignity, a refuge, a source of protection, a means of carrying all one's belongings, a message that someone cares for them, wherever they may be in the world.

Please mail your check (\$10 per blanket) and send to First Reformed Church of Hasbrouck Heights, PO Box 66, Hasbrouck Heights, NJ 07604. Please include the name(s) of the women you wish to honor or remember.

The Guild women appreciate your assistance, as do the recipients, whether locally, nationally or world-wide. For further information, call 201-288-1122. ###

Use Turn Signals

NewARTS Kids Spring Sessions

Care on the Corner is offering two sessions (April 9, 23, 30 and May 7, 14, 21) of NewARTS Kids in the Spring of 2024. This program is for children ages 5 through 11 and begins on April 9, 2024.

Under the direction of Debra M. Cook, art students will develop their knowledge of artist skills using a variety of visual arts media while drawing and painting on shells, rocks, canvas, watercolor paper, working with tiles and colored pencils, oil pastels, and watercolors. NewARTS' adventures in art will be sure to inspire creativity with new mediums each week!

Session #1 Dates:

- Cherry Blossom Painting: April 9
- Drawing & Painting Animals: April 23
- Italian Glass Mosaic Tiling: April 30

Session #2 Dates:

- Monet in May: May 7
- The Art of Stone & Shell Painting: May 14
- At the Beach Painting: May 21

The classes meet on Tuesdays, 4 to 5 p.m. for 5 to 7-year-olds and Tuesdays, 5 to 6 p.m. for 8 to 11-year-olds.

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights.

Call 201-288-9460 to register. Space is limited to 12 children per class. Tuition is \$80 per session and includes all materials. Please feel free to inquire about the scholarships that are available. ###

Avoid Investment Scams April 15

The Hasbrouck Heights Public Library presents "Avoiding Investment Scams" with the NJ Bureau of Securities on Monday, April 15, 2024, from 2 to 3 p.m.

Following the recent "Don't Get Scammed" & "Don't Fall For It" classes, the HH Library now welcomes Arlene Ferris-Waks, Director, Complaints & Investor Outreach from the NJ Bureau of Securities. She will speak about common investment scams and fraudulent sales tactics and help you recognize the RED flags of fraud. For more information call 201-288-0488. ###

A typical family consumes 182 gallons of soda, 29 gallons of juice, 104 gallons of milk, and 26 gallons of bottled water a year. That's a lot of containers -- make sure they're recycled! ###

Blue Mass May 5

Church of the Assumption of Our Blessed Lady in Wood-Ridge will be holding its eighth annual Blue Mass for all the men and women in law enforcement, 11 a.m., on Sunday, May 5, 2024.

A Blue Mass is a Mass celebrated in the Catholic Church for those employed in the "public safety field" (i.e., police officers, firefighters, correctional officers, 911 operators and EMS personnel). The Mass will recognize the sacrifice and dedication of all those who serve in law enforcement, fire and first responders both in Wood-Ridge and throughout other departments.

This Mass will be held in person as well as "Live-streamed" which can be viewed at <https://www.facebook.com/ASSUMPTIONCHURCHWOODRIDGE>.

Coffee, Tea and assorted baked goods will be served after the Mass in the Father Patrick Morris Hall.

The Mass will be celebrated by Father Joseph A. D'Amico, Pastor, Saint Anastasia Church, Teaneck, NJ and Co-Celebrant Father Ronnie Nombre, Pastor, Assumption Church, together with Father George Gillen, Assumption Church. Father Joe D'Amico, who has accepted our invitation for a fourth year, comes from a family of police and firefighters. Father Joe, who grew up in Brooklyn, NY serves as the Director of Prison Ministry for the Archdiocese of Newark.

This annual event is coordinated by Council President & W-R Police Commissioner Ezio Altamura whose vision it is to honor our police, on this day and every day.

Council President Altamura

Hackensack Art Club Meets Apr. 1

The Hackensack Art Club will meet April 1, 2024, from 6 to 7:30 p.m., at The Hackensack Performing Arts Center, 102 State Street, Hackensack, NJ.

Local artists of every level are invited to join and become a member of this prestigious art club which meets the first Monday of every month except July and August. They mount a variety of art shows during the year and all members are invited to exhibit.

The Hackensack Art Club has existed since 1939. Visit <https://hackensackartclub.com/> ###

ra stated, "This Mass is an opportunity for our community to come together each year and show gratitude to our first responders and their families for all they do for us, this day and always."

Council President Altamura wishes to thank Father Joe D'Amico, Father Ronnie Nombre and Father George Gillen, Music Minister and technical coordinator Gabe Valle and Rose Lepore from Assumption Church for all their efforts to make this event a success.

A special thank you to Retired Fair Lawn Police Captain Robert Kneer who also serves as the New Jersey State Honor Guard Commander for leading the police procession. Captain Kneer is a long time personal friend of over 50 years to Council President Altamura.

Let us always keep in our prayers our local first responders, Police Chief Michael O'Donnell and Fire Chief Kevin Cribben, and all of their men and women who selflessly serve the people of Wood-Ridge and our great country. ###

Town-wide Yard Sale April 27

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will be hosting a TOWN WIDE YARD SALE on Saturday April 27, 2024 from 9 a.m. to 4 p.m. (Rain date will be Sunday, April 28).

A listing of locations will be available on the day of the sale at the First Presbyterian Church, 500 Third Street, Carlstadt at 8:30 a.m.

To participate and be included on our list, please send a \$10 registration fee, your name and location of sale, phone number and e-mail address to: First Presbyterian Church, 457 Division Avenue, Carlstadt, NJ 07072 ATTN: Carlstadt Yard Sale. A registration confirmation will be sent or e-mailed.

Registration must be received by April 20, 2024. Upon registration you will be sent or e-mailed a package instructing when and where to pick up a participation kit.

For further information please text or call Karen at 201-647-6466 or e-mail Karenend545@yahoo.com ###

Paint The Town June 11

The Leisure Club of Hasbrouck Heights will be hosting a painting event Tuesday, June 11, 2024, from 12 to 2 p.m., in the Community Room. All supplies provided. The cost will be \$40 pp and \$50 pp, if you would like a cold box lunch. This is open to all. So come on out for an afternoon of fun, laughs and a good time.

If interested, please contact Cindy Sonzogni at cynthiasonzogni@gmail.com or 201-288-1125. ###

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Support Local Journalism

Grief Support *Taizé Evening Prayer Service* April 9

GriefShare is a support group that meets weekly to offer help and encouragement after the death of a spouse, child, family member or friend.

They meet Monday evenings at 7 p.m. at Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights.

For more information call 201-288-4139, ext. 2, email BBCGriefShare@gmail.com or go to: www.griefshare.org ###

Rutherford Food Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors and social services. A completed and approved referral is required. Limitations apply. For more information go to: www.rutherford-nj.com/pantry ###

Having an Affair?

If your organization is having an event that is open to the public, we can help you tell "everybody" about it. Simply provide the following event details: name, date, times, cost, brief explanation of program features, etc., along with contact information. Send these details at least 45 days prior to the event to: fritz@hasbrouck-heights.com or drop them off at: **The Gazette Newspaper**, 345 Boulevard, Hasbrouck Heights, NJ 07604. ###

Go to Church

Taizé prayer service will take place Tuesday, April 9th at 7 p.m. at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. The service on April 9th will feature a reflection and prayers based on Psalm 118.

Our Taizé prayer service takes place on the first Tuesday of every month between October and June. The Taizé service includes 30 minutes of prayer, simple chant and silence; a peaceful respite to the busy demands of everyday life. Prayers for healing and renewal, with laying on of hands, conclude each service. For more information about this service and all of our services go to www.holytrinityhasbrouckheights.com. ###

PRAYER TO THE BLESSED VIRGIN

(Never known to fail) Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are some that can withstand your power. Oh, show me herein you are my mother.

Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal.

You who gave me the gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine.

The person must say this prayer three consecutive days. After three days, the request will be granted. This prayer must be published after the favor is granted. P.M. ###

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Deadline for April 2024 issue is March 5, 2024

In Memoriam

Name of Loved One
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Appropriate comments with family names listed here.
Limit 15 words.



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Passover 2024

Passover 2024 will begin in the evening of Monday, April 22 and ends in the evening of Tuesday, April 30

The eight-day festival of Passover is celebrated in the early spring, from the 22 to 30. month of Nissan 15-22, 5784.

Passover (Pesach) commemorates the emancipation of the Israelites from slavery in ancient Egypt.

It begins with a Jewish ritual service and ceremonial dinner for the first night or first two nights of Passover called Passover Seder

The Hebrew word "Seder" translates to "order," and the Passover seder is a home ritual blending religious rituals, food, song and storytelling.

Seder customs include telling the story, discussing the story, drinking four cups of wine, eating matzah, partaking of symbolic foods placed on the Passover Seder Plate, and reclining in celebration of freedom. The Seder is the most commonly celebrated Jewish ritual, performed by Jews all over the world.

Pesach is observed by avoiding leaven, and highlighted by the Seder meals that include four cups of wine, eating matzah and bitter herbs, and retelling the story of the Exodus.

In Hebrew it is known as Pesach (*which means "to pass over"*), because God passed over the Jewish homes when killing the Egyptian firstborn on the very first Passover eve.

The Passover Story in a Nutshell

After many decades of slavery to the Egyptian pharaohs, during which time the Israelites were subjected to backbreaking labor and unbearable horrors,

God saw the people's distress and sent Moses to Pharaoh with a message: "Send forth My people, so that they may serve Me."

But despite numerous warnings, Pharaoh refused to

heed God's command. God then sent upon Egypt ten devastating plagues, afflicting them and destroying everything from their livestock to their crops.

At the stroke of midnight of 15 Nissan in the year 2448 from creation (1313 BCE), God visited the last of the ten plagues on the Egyptians, killing all their firstborn.

While doing so, God spared the children of Israel, "passing over" their homes—hence the name of the holiday.

Pharaoh's resistance was broken, and he virtually chased his former slaves out of the land. The Israelites left in such a hurry, in fact, that the bread they baked as provisions for the way did not have time to rise.

Six hundred thousand adult males, plus many more women and children, left Egypt on that day and began the trek to Mount Sinai and their birth as God's chosen people.

For more information go to: <https://www.chabad.org/holidays/passover> ###

Ramadan 2024

Ramadan began at sundown on Monday, March 11 and ends at sundown on Wednesday, April 10.

Ramadan is a holy month dedicated to fasting, time with loved ones, reflection, charity and prayer. It is one of the five pillars of Islam.

This year, Ramadan began at the first sighting of the crescent Moon (*according to Saudi Arabia*), on the evening of Sunday, March 10, 2024.

Ramadan is an opportunity given by the Gracious Creator for His servants to come close to Him, seek forgiveness for their sins, and fulfill their religious duties.

It is considered a holy month that honors the time when Allah, via the angel Gabriel, revealed the first verses of the Qur'an, the holy book of Islam, to a caravan trader named Muhammad. and told him he was in charge of carrying God's message.

As per the scriptures, Muslims believe that all the devils are locked up with chains in hell during Ramadan and no one can disturb those who are busy praying to Allah as the gates of Jannah (Paradise) are opened and the gates of Jahannum (hell) are locked up along with the devils.

The holiest night of Ramadan is Laylat al-Qadr, known as the "Night of Power." It is

observed as a night for reflection, prayer and good deeds.

Beginning at puberty, all Muslims (*with certain exceptions*), take part in the month-long, dawn-to-sunset fast.

Fasting is one of the pillars of Islam. Muslims believe that fasting cleanses the body, and the practice reminds them of the suffering of the poor. Whoever denies this obligation of fasting during Ramadan does not remain a Muslim.

"Thawab" is what the spiritual rewards of fasting are known as and it is believed that these rewards multiply during Ramadan, where Muslims stay away from food and drink, smoking, sexual activities and any sinful behaviour, and instead focus more on prayer, self-reform, charity and taqwa, which is heightened awareness of God.

Muslims let go of worldly pleasures and extravagant behaviour and spending and observe the fast along with their friends and family.

Eating and drinking (*including water*) is prohibited from dawn to sunset, and the day's abstinence is offset by a pre-dawn meal called sehri and a nightly meal known as iftar.

They wake up in the early

hours of the morning to eat Suhoor or Sehri, a meal which comprises of foods such as dates, fruits, milk, sweet vermicelli etc.

In the evening, Muslims traditionally break their fast with dates or anything sweet or simply consume water. This is marked by the Maghrib prayer and it is believed that even Prophet Muhammad broke his fast with dates-according to some legends, he had three dates and some water.

During Ramadan, it is customary for Muslims to pray extra nightly prayers and participate in other religious practices throughout the day and night, when possible.

Charity becomes even more important. It is a way to purify your wealth. In Ramadan, all good deeds are rewarded more than in any other month of the year.

Foods traditionally served at iftar vary, but food is often shared with a poor family during Ramadan.

Ramadan ends (*about April 9*) with Eid al-Fitr, also known as the Festival of Sweets or Festival of Breaking the Fast.

It marks the end of the monthlong dawn-to-sunset fasting. Eid al-Fitr celebrations vary, but often include spending time with family and friends, gift-giving, charitable giving and festivals with food and activities. *Various sources.* ###



The Woman's Club of Carlstadt celebrated Easter at their March meeting on March 5, 2024. Here are our members in their Easter finery with our special guests, the chick Jean Kimak, Bunny #1 Pat DeLeasa and Bunny #2 Lynne Biamonte. A good time was had by all. *Provided by Janet Drogo. ###*



Photo left to right: Bob Cribben, Anthony & Lori-Ann Iacovino, Jennifer Hynes, Keri Focarino, Jane Carrie, Marc Sinclair holding the crystal flame awards presented by the Wood-Ridge Memorial Foundation.

Wood-Ridge Memorial Foundation Honors Seven at Annual Dinner

At the annual Wood-Ridge Memorial Foundation Dinner, held March 8, 2024 at the Fiesta, 230 guests honored four members of the Wood-Ridge Education Staff and three citizens for their service to the Borough.

- **Jane Carrie** has served the students in a variety of positions. Currently as an administrative assistant in the Guidance Department, she plays a key role in getting the students to apply on time for a wide range of scholarships.

- **Keri Focarino** began her career in the Wood-Ridge School system as a Kindergarten teacher and is currently teaching First Grade at the C.E. Doyle School. She has also coached cheerleading and the High School Softball team.

- **Jennifer Hynes** has been a member of the Wood-Ridge teachers' family for 13 years. Currently a Third-Grade teacher at C.E. Doyle, she has also been very involved with cheerleading at both the recreational and high school levels over the past 30 plus years.

- **Marc Sinclair** is a man who wears many hats. Currently, he serves as both Wood-Ridge High School Assistant Principal and Athletic Director. He is very involved with the

County Coaches Association and the NJIC Conference. He was the Bergen County teacher of the year in 2013 prior to his arrival the Wood-Ridge District in 2018.

- **Bob Cribben** has served in the Wood-Ridge Fire Department for over 40 years. Volunteering and service are his middle names. As a resident of Wood-Ridge for 44 years, Bob coached youth sports and is an active member of the Knights of Columbus Saint Anthony's Council. He was a Police Civilian Dispatcher for 17 years.

- **Anthony & Lori-Anne Iacovino** have been a part of the Wood-Ridge Athletic scene for the past 25 years. Anthony has coached football, basketball, baseball and softball. He serves as a trustee for the Wood-Ridge Junior Football and a liaison to the Meadowlands Football League. Anthony has also been a member of the Wood-Ridge Planning Board. Lori-Ann has been a Board member of the Wood-Ridge Junior Football and Cheer for over 15 years., serving as President of both programs for 10 years. She co-founded the Wood-Ridge travel basketball board with Mayor Paul Sarlo in 2013. Lori-Ann is currently a member of the Recreation Commission.

Wood-Ridge Memorial Foundation President Linda Finke spoke stressing the admiration the Foundation Trustees, the families, colleagues and the community has for the 2024 honorees.

School Superintendent Anthony Albro expressed his gratitude to the Foundation Trustees for the work that they do to raise the money to provide scholarships to graduating high school students.

Mayor/State Senator Paul Sarlo expressed his thanks to the Trustees and all in attendance that have supported this event since the inception in 2002. He also recognized that for a small town like Wood-Ridge, it is remarkable that the Memorial Foundation will be presenting awards this coming June in the amount of \$65,000. *Provided by Jack Nagel. ###*

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Seniors Learn About GW in NJ

The Leisure Club of Hasbrouck Heights held its March meeting on March 13, 2024 at the Senior Center. 76 members attended with 3 new members joining. Total membership for 2024 is 140. We are still accepting new members, so come on out and join us.

Pat Schuber, professor at Fairleigh Dickinson University, provided a historical powerpoint on the history of George Washington in New Jersey.

Members learned facts

about Bergen County, other historical individuals and sights to see in the County. The presenter was given a rousing applause.

Additionally, the Bergen County Board of Elections, provided an instructional program on the new voting system to assist voters for the upcoming elections.

Next month's meeting will be April 10 at 12 p.m. Entertainment will be provided by Van Martin, singer. *Provided by Cynthia Sonzogni. ###*

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Shamrock 'N' Run 5K

The 13th Annual 5K Michael Cassidy Shamrock 'N' Run/Walk was held, at 10 a.m., Saturday, March 16, 2024, at Monona Avenue, Memorial Park in Rutherford.

Event sanctioned and course certified by USATF-NJ (Certification #N24006JLW). Timing and scoring by Elite Racing Systems. Piper was Patrick Sweeney. "Danny Boy" and the "National Anthem" was sung by Lyndhurst HS Chorale. 442 finished the race.



Top male runners were: First, William Brancato, 29, Rutherford, at 15:48.0, Second, Logan Whittall, Hornell, 22 NY, at 16:41.6, and John Gaffney, 34, Rutherford, at 16:50.7.

Top female runners were: First, Stephanie Dibrita, 34, Jersey City, at 20:19.8, Second, Morgan Ulrich, 26, Pitman, NJ at 22:29.1 and Third, Amanda Sargenti, 36, Ramsey, at 22:55.7

Youngest male was C. Paterno, 8, Rutherford at 24:29.9. Youngest female: K. Elizondo, 9, Lake Hiawatha at 38:14.0.

Oldest male: Nathaniel Fineststone, 94, Mountainside at 56:53.8. Oldest female: Jeanette Shafer, 74, Rutherford at 55:21.1

For details go to www.shamrocknrun5K.org. For more information, call Marilyn

at 201-280-3748.

The Michael Cassidy Memorial Fund/SHAMROCK 'N' RUN 5k was organized in memory of Michael Cassidy. Michael was a father, teacher, and assistant principal at Rutherford High School. He was an avid outdoorsman who loved life. Michael was diagnosed with grade 3 glioblastoma in March 2008 at the age of 54. Three years, treatments, and three surgeries later Michael died on May 9, 2011.

Proceeds benefited The National Brain Tumor Society is the largest volunteer-based brain tumor organization in the country and is supported entirely by private and individual donations. ###

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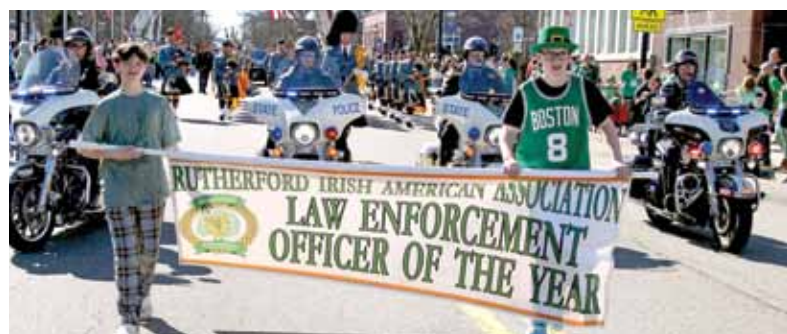
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Rutherford's St. Patrick



St. Patrick's Celebration Parade





On February 10, Cadettes from WRGS Troop 97130 joined other girls from Girl Scout Council of Northern New Jersey to celebrate Black History Month, attending the



Women in S.T.E.M. Expo at American Dream.

The girls participated in activities presented by many groups, including women from Rutgers University and New Jersey Institute of Technology. We visited the amazing Paradox Museum. After a presentation about how the Dream Wheel was built, we enjoyed the ride. We ended the day riding roller coasters at Nickelodeon Universe. All the activities helped us learn about science in action. *Provided by Jane Koegel. ###*



Wood-Ridge Girl Scout Cadette Troop 97130 has teamed up with Danielle Cares for Chairs, a non-profit organization that provides mobility devices for needy people. The tiny, rectangular bread tags found on bread, vegetables, and many other grocery items are not usually recyclable. However, this organization has found a recycler who pays for the tags. The money is used to build or refurbish motorized devices. Robotics students volunteer their time to do the work.

The girls have placed collection containers in the Wood-Ridge and Hasbrouck Heights Libraries, the Wood-Ridge Civic Center, and the Wood-Ridge Senior Center. Containers will be there through June. This collection also removes a recyclable item from our landfills. Please help us help others. *Provided by Jane Koegel. ###*



Carlstadt East Rutherford Brownie Troop



Carlstadt Daisy Troop



Carlstadt Junior Troop



The Carlstadt East Rutherford Girl Scouts from Daisies, Brownies and Juniors met on Friday, March 8, 2024 for International Women's Day. Troop leaders used this time to empower our girls to feel like they can make changes, be heard and help others. *Provided by Le-Ann Clark. ###*

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The Lincoln Leopards Enjoyed Over a Week of Reading Fun this Year

On March 1, 2024 they dressed like their favorite Book Characters. Then from March 4-8, they dressed in themes, completed the annual Reading Challenge to earn chances to win over 50 prize baskets, enjoyed morning excerpt readings by the Student Council, participated in Read-A-Latte, received copies of Freckle Juice from the Elks, enjoyed listening to our Community Leaders read them stories, and met with 4 authors!

Doug Snelson and James Buckley Jr. met with classes virtually and Dr. Paul Semendinger and Mr. Wil Mara met with our students in person. Mr. Mara even had lunch with a few of our Fourth Graders (and their teachers)! Author Nikki Menne will be visiting our school in the near future.

All of the authors encouraged the students to read and to write their own stories in their own voices, and to always edit and rewrite as many times as necessary. Students asked many questions, and wonderful conversations ensued.

The Read Across America Committee-Mrs. Capozzi, Mrs. Martello, Mrs. Felicetti, and Mrs. Costello would like to thank Mr. Colangelo and our amazing staff, our Community Leaders, the Lincoln School PTA, the NJEA-Read Across NJ Grant Committee, Machio's Food Service, The Student Council, and everyone else that pitched in and made all of the events successful. It took a village and we are so grateful to each member of our village. *Provided by Mrs. Cindy Capozzi. ###*

Pack 17 Held Pinewood Derby

On Saturday, March 9, 2024, 26 Cub Scouts from Pack 17 held a Pinewood Derby in the Hasbrouck Heights Borough Hall Community Room.

The top three winners were: Aiden Dolan (*Wolf*), James Mulvaney (*Bear*) and Mia Mulvaney (*Webelos*).

Good luck to the other racers who move on to to race on April 7 in Secaucus for the District Pinewood Derby

Each Scout made their own

car from an official kit, following precise criteria (*length 7," width 2 3/4," weight 5 oz.*)

Three lane tracks typically are 32 feet plus a landing zone. The starting gate is about four feet high. The slope starts at 30 degrees changing gradually to 0 degrees at about 12 feet. the rest of the track is flat. Electronic start and timing. The Pinewood Derby has fostered creativity, innovation, and amicable rivalry amongst

Scouts for 70 years.

- First introduced in 1953 by Don Murphy, a Cubmaster in California.

- The original rules for the Pinewood Derby required each car be made fom a single wood block.

- The Pinewood Derby has become a favorite activity for Cub Scouts across America, with millions of participants each year! ###



Bergen County Clerk, John S. Hogan, reading to First Grade students in Washington School in Lodi on March 1, 2024. Provided by John Hogan. ###

Michael A. Schwarz Memorial Scholarship

Engine Company Two of the Carlstadt Fire Department has established a Scholarship in memory of Michael A. Schwarz, a 20-year-old Marine killed in action November 2006 in Iraq. Michael was a member of the Carlstadt Fire Department and a 2004 graduate of Becton Regional High School.

The scholarship is open to all Carlstadt residents graduating from high school this spring and furthering their education. The scholarship will be awarded to students who show dedication and service to their school and community.

Applications will be available starting April 1, 2024, at the Carlstadt Borough Hall, 500 Madison Street, Carlstadt. The Borough Hall is open Monday through Friday from 8:30 a.m. to 4:30 p.m. Scholarship applications must be completed and returned no later than May 5, 2024.

The members of Engine Two wish to thank everyone who donated to this scholarship fund. For more information about the scholarship, or to make a contribution, contact the Carlstadt Fire Department at 201-460-3942. ###

W-R Lions Scholarship Awards

The Wood-Ridge Lions Club will be awarding a total of \$6,500 in scholarship awards this coming June.

Students graduating from Wood-Ridge High School, Parochial High School, the Bergen County Academies or any accredited High School and are residents of Wood-Ridge or Moonachie and will be attending college next September may apply.

Applications are available at the Wood-Ridge High School Guidance Office, the Assumption Church Rectory and JAN PROMOTIONS, 50 Moonachie Road in Moonachie. They are also available by email request at janpro911@aol.com

Applications must be received by April 19. ###

Recycling Works

W-R Memorial Foundation Scholarships

Applications are now available for the Wood-Ridge Memorial Foundation Scholarships. The Foundation is expected to award to 20 scholarships totaling in excess of \$65,000 this coming June.

Applicants must be residents of Wood-Ridge, graduating this year from Wood-Ridge High School, a Parochial or Private High School or the Bergen County Academies and attending college, a technical school, secretarial school, etc., (not limited to just colleges/universities) this coming fall. Deadline is Friday, April 12, 2024.

The Foundation, founded in 1962 has presented over one million dollars in awards since their inception. The awards are presented in the names of some of the most influential and outstanding citizens that ever resided in the Borough.

Applications are available at the Wood-Ridge High School Guidance Department. Also, by email request at janpro911@aol.com or mtomat24@gmail.com ###

Audrey Nagel Scholarship

Applications are available for the Audrey L. Nagel Scholarship. Parochial School Eighth Graders who are registered parishioners of Assumption Parish in Wood-Ridge or residents of Wood-Ridge registered in another parish and will be attending a Catholic High School this coming fall are eligible.

The \$1,000 award is given in the name of Audrey Nagel. The award will be presented to a student that has shown a commitment to their education, their school and parish. Applications are available at the Assumption Rectory, Corpus Christi Grammar School or by email request janpro911@aol.com. Deadline for applications will be May 3, 2024. ###

Advertising Supports Local Journalism

Schuyler Savings Bank Names Kearny, NJ-Based Pathways to Independence to Receive SBRG Small Business Grant

Bank extends a helping hand to local non-profits, reflecting a commitment to community well-being.

Kearny, NJ, December 20, 2023 – Schuyler Savings Bank announced that the first of its award recipients under a recent Small Business Recovery Grant Program (SBRG) offered through the Federal Home Loan Bank of New York (FHLB NY) is Kearny, NJ-based Pathways to Independence.

Pathways to Independence is a social services organization offering program support services, pre-vocational and vocational opportunities to adults with disabilities. These programs provide individuals with disabilities the skills necessary to reach their optimal level of functioning, enabling them to earn an income and to maximize their independent living skills.

Throughout its operations for the past 45 years, Pathways to Independence has taken pride in placing a value on personal integrity, dignity and respect, believing that all people are created equal and will treat each individual accordingly. Pathways to Independence provides services throughout the entire state of New Jersey, with emphasis on Hudson, Bergen and Essex Counties.

Commenting on receiving the grant, which was awarded in the amount of \$10,000, Pathways to Independence Executive Director, Alvin Cox, said, “We are extremely honored and humbled to receive this most-

welcome grant, which will be used to further Pathways to Independence’s mission of helping our local challenged citizens assume a dignified role in the community by learning valuable skills. Our organization is very grateful to Schuyler Savings Bank, a loyal supporter of Pathways to Independence, for recognizing the importance of our work and making this opportunity available to us.”

George Halski, President and CEO of Kearny, NJ-based Schuyler Savings Bank, added, “For many years we have admired the work being performed by Mr. Cox and his team at Pathways to Independence, and trust that Schuyler Savings Bank’s stewardship of their important programs demonstrates that our bank truly cares about the future of Kearny and its surrounding communities -- and particularly the area’s challenged citizens.”

FHLB NY is a Congressionally chartered, privately capitalized, cooperatively owned wholesale bank. It serves more than 330 members in New Jersey, New York, Puerto Rico, and the U.S. Virgin Islands. The mission of the FHLB NY

is to provide members with reliable liquidity in support of housing and local community development.

Schuyler Savings Bank, a long-time FHLB NY member, is approaching its milestone 100-year anniversary in 2024. The Bank was founded in 1924 to serve the Lithuanian community in Kearny, but over the years has evolved and expanded with the area. Appropriately, its highly professional staff today has the fluency to converse with customers in six languages: English, Spanish, Portuguese, Polish, Ukrainian and Italian. The bank addresses the financial needs of both individual and business customers with its priority being focused on delivering sincere and personal attention utilizing the most current available banking technology. Schuyler Savings Bank features in-branch and drive-thru locations at 24 Davis Avenue, Kearny and 201 Frank E. Rodgers Blvd. N, Harrison.

For more information about Pathways to Independence, visit www.pathwaysnj.org. For information about Schuyler Savings Bank, call 201-991-0001 or go to www.schuylersavings.com ###

Rutherford TreeFest '24

The Rutherford TreeFest' 24 celebrating the Borough of Trees, will be held at Lincoln Park, Saturday, April 20, 2024, from 12 to 5 p.m. (RD April 21). Hosted by Rutherford Shade Tree Commission, this event features food trucks, beer garden, live music, entertainment, educational booths, toy & craft vendors and more friendly-family fun! ###

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Full Pink Moon

The April full moon will appear on Tuesday, April 23, 2024, at 7:49 p.m. It is called the "Full Pink Moon."

For the best view of this lovely spring Moon, find an open area and watch as the Moon rises just above the horizon, at which point it will appear its biggest and take on a golden hue!

According to the "Farmer's Almanac," this name came from the herb, moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring.

Other names include the "Full Sprouting Grass Moon," the "Egg Moon," and, among Coastal tribes, the "Full Fish Moon," because this was the time that the shad swam upstream to spawn.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom. ###

Bergen County LGBTQ Seniors Meet April 9, 15, 19

Bergen County LGBTQ+ Alliance (BCLA), a non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday and the third Monday of each month in person and the third Friday virtually. All meetings begin at 11:30 a.m.

The next meetings are on Tuesday, April 9, Monday, April 15 and Friday, April 19.

The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford and the Monday meeting will be held at Co-Zie Café, 14-25 Plaza Road N (Radburn Plaza Building), Fair Lawn. Light lunch will be served at the in person meetings.

Contact us at Nick@bergencountyLGBTQ.org or 201-470-8946 for info and/or the link. ###

S. Hackensack Seniors

The South Hackensack Seniors Club meetings are held the 1st Thursday of each month at 1 p.m. at the senior center. Refreshments are served. Bingo is every Tuesday at 5:30 p.m. New members are welcome. For more information contact rodriguez2002@hotmail.com ###

Rutherford Golden Age Club April 23

The Rutherford Golden Age Club meets the 4th Tuesday of each month at 30 Woodland Avenue, Tamblin Field Civic Center. The next meeting is April 23, 2024. Come join us at noon for coffee and refreshments. The meeting begins at 1 p.m. This month's presentation will be by The Seeing Eye Dog Foundation. All welcome.

For more info call Gerry 201-935-2937 or Micki 201-997-5041. ###

AARP Chapter #2015 Lodi

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Citizens Building, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. 2024 dues are \$10 for the calendar year (Jan. 1 to Dec. 31). National AARP membership is required. For membership information contact Stan at 973-779-8544 or email aarp.2015.lodi.nj@gmail.com.

• April 16: Regular monthly meeting. Election and Installation of Officers.

• May 1: Bus trip to Wind Creek Casino, Bethlehem, PA. leaves from the Lodi Boys Club, 460 Passaic Avenue, at 9:30 a.m. Tickets are \$35 (comp return by casino of \$25). For info contact Ann at 973-249-2950 or Kathy at 973-779-8544.

• May 21: Entertainment provided by the music students of the Felician School for Exceptional Children directed by Barbara Giaquinto.

• June 18: Regular monthly meeting. Bergen County Sheriff's Dept. K-9 Unit demonstration. Provided by Kathleen Zalenski. ###

aarp.org
ssa.gov
medicare.gov

Little Ferry Seniors Club New Address

Meetings are held the second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m. All meetings and games are held at Little Ferry Senior Center at our new address at 250 Mehrhof Road. New members are always welcome. Dues are \$15 per year, per person. For more information, call Mary at 201-686-8424. ###

ER Seniors

Any East Rutherford senior resident, 50 years or older, is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Raynette for trips at 201-726-3604. Payment must be received 2 weeks prior to an event. All trips leave and return to CVS Parking Lot, Paterson Avenue, East Rutherford.

• Atlantic City Friday trips are scheduled for April 19, May 17, June 21 and July 19. Cost is \$45pp. Get \$30 back from casino.

• April 9. Villa Roma. Presents Caesar's Extravaganza Luncheon & Barry Manilow Tribute starring Anthony Duke Claus. Lunch meal choice. Bus departs 8:30 a.m. \$70pp

• May 2. Hunterdon Hills Playhouse. "Beehive." Lunch. Bus departs 9:30 a.m. \$85pp.

• June 17. LiGreci's Staten Island. "Let the Good Times Roll" Tribute to Billy Joel the Piano Man, Carol King and Roy Orbison. \$72 pp One hour open bar, lunch meal choice. Bus departs 10 a.m. Returns 3:30 p.m. ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games and Mexican Train/dominos.

Trips

All trips leave from the upper parking lot at Lester Stagg Way and Garden Street. Arrive 15 minutes before. Money for trips will be collected first meeting of the previous month. Call Helene at 201-463-3000 for details.

• April 24. FDR & Vanderbilt, New Hyde Park. Coppola's Restaurant. Veal Parm/Chicken Marsala/Cod. Bus leaves 9 a.m. \$74.

• May 29. Villa Roma.
• June 13. Papermill; Beautiful; Carol King.
###

Chore Program Helps Seniors and Disabled Persons

Do you need home repairs but can't afford them? Rebuilding Together North Jersey, has helped hundreds of qualified households.

If you are in Bergen or Passaic County, you can apply for help. Incredible, dedicated volunteers, including skilled tradesmen, do critical home repairs and disability modifications -- at no cost.

They have helped homeowners by providing important safety features, such as grab bars, handrails, bathroom modifications, fire/carbon monoxide alarms, or wheelchair ramps.

These volunteers have done electrical repairs, drywall repair, water damage repairs, window replacements, trip and fall hazard removals, deck/step replacements, debris removal, or yard work.

To apply for assistance or receive more information, call 201-447-8886 or email info@rtnorthjersey.org You can also learn more or apply to the program online by visiting rtnorthjersey.org ###

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Historically Speaking

By James J. Halloran



April

April is derived from the Latin Aprilis. It is named for the Greek goddess Aphrodite.

It is ironic that a month honoring the Greek goddess of love, would have three wars begin, that would define our country.

• Colonial militias, in Massachusetts, were collecting military supplies. This included two cannon that they had “liberated” from a British depot. Much of their equipment was stored at the town of Concord.

British troops planned a night raid on Concord to recapture the cannons, destroy the supplies, arrest John Hancock and Samuel Adams. The British considered Hancock and Adams troublemakers. However, their plans became known to the colonists and most of the stores in Concord were moved to other locations.

On the night of April 18, 1775, seven hundred British regulars left Boston, heading toward Concord.

Paul Revere and William Dawes rode out of Boston to warn the Patriots. Hancock and Adams, then in Lexington, escaped. Along the route,

Revere and Dawes alerted local militias. Riders were then sent out to alert towns nearby.

Then Revere and Dawes met Samuel Prescott, who joined them. Revere was stopped by a British patrol. His horse was confiscated. Dawes, in an effort to escape, was unhorsed by a tree limb. Prescott did reach Concord to warn the patriots.

On the morning of April 19, some 70-militia formed up on the green in Lexington. Although they were not in the line of march of the British, two companies of light infantry, under the command of Major Pitcairn, went to disperse the militia.

As the militia were in the act of dispersing, a shot rang out, No one knows who fired first. The British troops fired

two volleys and charged with bayonets, killing eight and wounding nine.

When the British troops arrived at Concord, they found little in the way of military stores. They burned what they found.

Colonial militiamen had come together at the North Bridge, just outside of the town. On seeing the smoke, they assumed that the British had torched the town. They advanced and opened fire on the British.

The British troops were hounded and chased all the way back to Boston by some 2,000 militiamen. British losses were about 200 killed, wounded or missing. The militiamen losses were less than 90. The war would last eight years. From this point forward, we would

become the United States of America.

• On the morning of April 12, 1861, Confederate gun batteries opened fire on Fort Sumter. This was the start of the American Civil War. After over 500,000 American deaths, the war ended on April 9, 1865. This war preserved the Union and ended slavery.

• On April 6, 1917, the United States entered World War I. The war would end on November 11, 1918. American losses were 320,518 killed, wounded or missing.

On a cheerful note, the USS NEW JERSEY SSN 796 (See *The Gazette Newspaper, September, 2022*), will be commissioned on April 6, 2024, at US Naval Weapons Station Earle in Leonardo, NJ. ###



Artful Thinking

By Artie Maglionico • Lodi Historian

April 2024

Car racing Icon Joe Fasano, of Hasbrouck Heights, is reported to have been revving up the engine of a Pearl Orange 1969 Camaro, recently, preparing to scorch the track at Island Drag way.

Wait a minute folks...this just in. According to my cousin Anthony that wasn't Joe rather his nephew, fellow speed merchant and owner of the Camaro, Ron. Fast cars must run in the family and also run at the track. Hey Joe you're a heck of a nice guy. Thanks for reading my column.

Just a quick hello to my readers from the friendly town of Wood-Ridge, NJ. I used to know a few kids from your town when I was a 4-H leader for the Bergen County Chapter back in the early 70s.

They kept their horses at a small barn located on Concord Street in Moonachie. There they were taught the Western style of horseback riding as well as the care and feeding of their animals by the owner and operator of a stable called the Circle “C” Ranch.

Whether or not the ranch really existed remains a mystery. I never visited the place nor did any of the kids. The name was written in bold red letters on the doors of his truck.

The Circle C wasn't somewhere rather everywhere like sunlight in a cloudless sky.

Water scarcity affects one in 10 people worldwide. Spread awareness of this problem and become part of the solution by reducing water usage in your daily life.

We'll never know. Anyway I recall going horseback riding with the young members down Moonachie Road on our way to another horse farm on Red Neck Avenue.

Yea folks that was a long time ago but Wood-Ridge remains a friendly town minus the equines. Thanks again for reading this column. I'll get around to thanking the rest of you over the coming months so don't feel left out.

Yes folks, we are entering the month of April and spring is definitely in the NJ air. I can tell since there's a lot of sneezing and throat clearing going around. Of course now a day one sneeze can cause a stampede of panic stricken by standers searching for their masks. A cough in the wrong place will turn heads and send the cougher out of the room and into Urgent Care in a New York minute. Am I right folks?

Gone are the days when you could sneeze or cough and blame it on pollen or cut grass. Today it could mean anything from a respiratory Antoinfection, pneumonia or the dreaded covid disease. Heaven forbid you feel a sneeze coming on. The sound will

quiet an entire room and send a spasm through the atmosphere in its passing. By the way... Gesundheit!

Anyway ...spring has sprung and we can all celebrate the return of daylight and the re-birth of the landscape. Beware my friends since April can be a harsh mistress.

I recall shoveling my way through three foot deep snow drifts in mid-April back in the late 70s. If I remember correctly the blizzard happened on Easter Sunday. Am I right?

The Easter bunny became buried under a snowdrift so high it took a Saint Bernard and a Denver Colorado ski patrol to dig him out.

My Mother used to remind me that early April was actually March in disguise. “It's spring up there.” She used to say. “But it's winter down here.”

In those days you didn't have wait all morning for a weather report. You turned on the black and white set and presto there came the up to date weather report all in one shot.

You didn't have to sit through 10 minutes of high school banter, look at photos of dogs, only to receive the weather report in bits and pieces.

I love hearing “More on that potential storm later in the 10 day forecast.” Please just give me the entire weather report like Tex Antoine and Uncle Weather bee.

Any way where was I? Oh yea don't trust the month of April. Keep those snow shovels within reach. Be patient folks.

Soon we'll be sweltering in the overwhelming heat and humidity being chased indoors by a squadron on lantern flies. That's when you'll hear those discouraging words during a lawn mowing episode.

“When is winter getting here? I'm guilty of that! During the dead of winter doldrums I'm counting the days till spring.

Now that it's the month of April I'm attempting to skip right into June. By mid-July I'm crawling into August like a person looking for water in a vast desert.

Forget August since I have all to do to make it into the friendly environs of September. From there I put the brakes on until December only to start from scratch. Can you relate to any of this folks? Truth is that I'm never satisfied. I know what

you're asking.” What about March” Well the best thing about March is that it's over. See you all in the merry month of May. More on that later.

God protect our men and women of the Military.

Bring healing and comfort to our disabled Veterans

God please bless this great country of ours

The United States of America.

Congrats are in order for Lodi Police Officer Dominic Michael Miller for his February 24th promotion to the rank of Lieutenant.

Lieutenant Miller joined the Police Department in September of 2002 as a Dispatcher. Officer Miller served on the Paterson Police force from May 2007 to October of 2008 after transferring to the Lodi Bureau. Officer Miller was promoted to Sergeant in March of 2016 until his recent promotion to Lieutenant. ###

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Let's Go Traveling!

By Rick Ardis

Icon of the Seas

American society has an unending appetite for all things, new, bigger, and better.

Royal Caribbean International has regularly fed that hunger by building ships that push the boundaries of naval engineering. When the line introduced the former Sovereign of the Seas at over 70,000 GRT (*Gross Registered Tonnage, a measure of enclosed space*) with a guest capacity of over 2000 in 1998, cynics proclaimed that the line would never fill the ship on a regular basis. Since then, ships of all lines have continued to grow.

Recently, Royal Caribbean introduced the newest World's Largest Ship, Icon of the Seas at 250,000 GRT. The ship measures 1,197.5 feet in length, 159 feet in width and is 20 decks high. There are 2,805 staterooms accommodating a maximum of 7,514 guests.

This vessel offers several new features and upgrades to familiar facilities of other ships in the fleet.

There are over 20 food venues throughout the Icon of the Seas. Some are included in the initial price, while others have a surcharge of varying costs.

The options run the gamut of traditional dining rooms, Windjammer Marketplace

One green act per day. You can keep reducing your carbon footprint once Earth Day is over. Earth Day can be every day!

While small changes at the individual level may not seem like a big deal, they add up over time and can have a major impact.

Moving forward, make it your goal to do one small thing every day to support the environment. For example: Limit shower time to avoid wasting water, Turn off lights when you don't need them, Turn off your AC when you're out, Switch to energy efficient LED bulbs.

buffet, Pearl Café, a sports bar, other fast food, and grab and go spots.

Specialty dining features include Empire Supper Club with entertainment while dining, Chops Grill, Giovanni's, Hooked Seafood, and Izumi Hibachi and Sushi. There are also 30 bars spread throughout the ship.

Icon of the Seas is divided into eight neighborhoods, there are a record seven pools spread throughout several of these.

First is Surfside, which is designed for families with young children featuring Splashaway Bay aquapark. The next neighborhood, Thrill Island, features a new record of six waterslides at sea. The Hideaway is an adults-only area with an Infinity pool cantilevered over Surfside with a beach club vibe. Chill Island, a multi-deck pool area featuring the largest pool at sea (*40,000 gallons*) and Swim and Tonic, the largest swim-up bar at sea.

The Royal Promenade is the heart of the ship, featuring food and beverage outlets, shopping, entertainment venues, and front desk functions.

Central Park is an outdoor extension of the Royal Promenade with an alfresco setting of green at sea. For guests in higher category accommodations is the Suite Neighborhood, located in a secluded area, with enhanced amenities like the Coastal Kitchen Restaurant and The Grove.

Lastly, is the new AquaDome at the front of Icon of the Seas. Here, the water show featured on other ships has moved indoors to a space featuring a five-story waterfall in the center of the dome. Within this neighborhood are also dining venues and a relaxation area with sweeping views of the sea.

Activities and entertainment are plentiful aboard Icon of the Seas. New is the Crown's Edge, a fear-inducing challenge that's part skywalk, part ropes course, and part thrill ride. This new option joins the afore-

mentioned waterslides, rock-climbing wall, and familiar Flowrider surfing simulator to challenge one's courage.

Shows in the Royal Theater include "The Wizard of OZ" and other productions for the large stage, along with a 16-piece orchestra. Other choices include ice shows, a comedy club, dedicated Karaoke venue, dueling piano bar, Jazz and Blues Club, and Music Hall for special appearances. Of course, there is a large casino for adult enjoyment.

The Icon of the Seas features a total of 28 categories of accommodations, half of which are new.

The choices range from an interior room (*no window*) through the Ultimate Family Townhouse with room for eight guests, an in-suite slide, and musical stairs. One of the new categories is the Family Infinite Ocean View Balcony. This room features an indoor/outdoor balcony and lodging for six. Accessible options are spread throughout the various choices.

The World's Largest Ship is now sailing every Saturday from Miami on alternating Eastern Caribbean and Western Caribbean itineraries. A sister ship, the Star of the Seas, is already under construction, and is set to debut during late summer of 2025. A third yet unnamed vessel is also on the horizon.

There are many ports that cannot accommodate a vessel of this size because of the number of passengers, harbor size or other barriers. The Verrazano Narrows Bridge will prevent the ship from embarking at Cape Liberty in Bayonne.

The new ship has already proven extremely popular with most of the departures for 2024 sold-out or nearing capacity. The notably premium rates being charged has not dampened the appetite for bookings by the American cruiser. If you are thinking about a cruise aboard the Icon, act now.

Rick Ardis is the owner of Ardis Travel -- established in 1981. 201-939-9135 • www.ardistravel.com • rick@ardistravel.com ###

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Real Estate Insight

By Mary Ellen Courtney

Airbnb: For You, Homeowner?

Some of the most popular lodging choices for visitors to Manhattan are not actually found in New York City. They're in New Jersey, just across the Hudson River where Airbnb and other home-sharing sites are booming, attracting travelers seeking less expensive places to stay.

Much of this phenomenon occurs in Hudson County, which is among the top 30 revenue-generating counties in the nation for Airbnb hosts.

But a lot of the listings posted by "the world's largest community-driven hospitality company" are in our County also, especially here in south central Bergen where the NYC commute is short and quick.

Airbnb's aim is to match two kinds of people together: those who have empty beds or houses that aren't being used, and those who need a place to stay while on business or vacation.

Airbnb isn't really designed for people who want a bed for a night – a hotel would probably suit them better. What it offers, rather, is place for travelers to lodge for several days/weeks in a row. For the property owner who has extra space that's not being used, it's a way to loan it out to people who need somewhere to stay for a few nights.

As a homeowner, think about how much of your home is basically going unused. Most people need just a few parts of their home – a spot to watch TV, a spot to sleep, a spot to cook and eat and maybe, if working from home, a spot to work.

Plotting the location of family members in a typical house, researchers have found that people hung out in the kitchen or family room most of the time. All other rooms were basically unused.

Think of energy costs. A lot of the time, you're not paying to heat or cool yourself. Instead, you're paying to heat and cool stuff that's sitting in

unused rooms. These empty rooms might be used to generate income if you were inclined to loan them out.

Your home is likely your biggest asset. And figuring out a way to monetize it, even just a little bit, is an easy way to put that asset to use and defray some of your living costs. It's also a good way to fix the problem of having a house that's too big for you by making sure that unused space gets used.

Airbnb has at least three different hosting options that you can research online. But before you do, it might be wise first to check with authorities to see if the Airbnb concept is legal in your town. Some communities are cracking down on Airbnb usage.

This is because the service it provides is technically short-term renting, and with it comes its own web of legal issues. Some unfortunate homeowners have met legal trouble after they unknowingly let out their properties without realizing it's unlawful in their towns to do so. It's happened in East Rutherford and Lyndhurst recently.

Here also is further advice that potential Airbnb hosts would be wise to heed...

- Check with your associa-

tion if you own a condominium. Many have deed restrictions or policies about renting out a property to short-term tenants.

- Check with your lender to make sure you don't have any restrictions on your mortgage note that might prevent you from participating as a temporary renter.

- Check with your insurance company. Some homeowner's insurance policies have short-term rental coverage built in. But if you're committed to Airbnb for the long haul, you may have to purchase long-term coverage used for hotels and bed & breakfasts.

- And lastly, check with your bank account. This may be most important. As a realtor, I urge our buyers not to purchase more of a home that they can handle in some expectation that some of it can be rented out in the future. This is a recipe for financial disaster...

Are you thinking of buying or selling? For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O'Connor Realtors' Gateway Group, 201-288-0004. She and her professional team work hard to insure maximum results with minimum stress! ###



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Autism Is Widespread, Awareness About This Condition Is Not

The first National Autism Awareness Month was declared by the Autism Society in April 1970.

The aim of this month is educate the public about autism. Autism is a complex mental condition and developmental disability, characterized by difficulties in the way a person communicates and interacts with other people.

Autism can be present from birth or form during early childhood (*typically within the first three years*). Autism is a lifelong developmental disability with no single known cause.

People with autism are classed as having Autism Spectrum Disorder (ASD) and the terms autism and ASD are often used interchangeably. A

wide spectrum disorder, people with autism have set of symptoms unique to themselves; no two people are the same.

In the United States, autism affects 1 in every 110 children. National Autism Awareness Month aims to make the public more aware about this widespread disability and the issues which arise in the autism community.

As about 1 in 150 people in America have autism, the chances are that you know someone with this disability. A better informed public will be more empathetic and supportive towards people with autism.

For more information on National Autism Awareness Month visit <https://autismsociety.org/> ###



Footnotes

By Dr. Kenya Lazovik, DPM

Five Signs Your Child May Have a Foot Problem

Foot and ankle problems in children often go unnoticed. Signs and symptoms can be subtle, and sometimes children can't explain what's wrong. But it's important to protect growing feet and have problems checked out early. Here are five warning signs parents should watch for.

1. Your Kids Can't Keep Up with Their Peers

If children lag behind in sports or backyard play, it may be because their feet or legs are tired. Fatigue is common when children have flat feet. The muscles in the feet and legs tire easily because the feet are not functioning as well as they should.

2. Children Voluntarily Withdraw from Activities They Usually Enjoy

If they are reluctant to participate, it may be due to heel pain — a problem often seen in children between the ages of 8 and 14. Repetitive stress from sports may cause muscle strain and inflammation of the growth plate, a weak area at the back of a child's heel.

3. They Don't Want to Show You Their Feet

Children may feel pain or notice a change in the appearance of their feet or nails but don't tell their parents because they fear a trip to the doctor's office. We encourage parents to make a habit of inspecting their child's feet starting at a young age. Look for any changes such as calluses, growths, skin

discoloration, or redness and swelling around the toenails.

4. Your Child Often Trips and Falls

Repeated clumsiness may be a sign of in-toeing, balance problems or neuromuscular conditions.

5. The Child Complains of Pain

It is never normal for a child to have foot pain. Injuries may seem minor, but if pain or swelling last more than a few days, have your child's foot examined.

If you've noticed any of these signs in your children, call your local podiatrist for an assessment.

For further information about ankle fractures and sprains or other foot and ankle problems, contact Dr. Lazovik, Dr. Dayana Sawh or Dr. Rana Moses at North Jersey Foot & Ankle Center at 862-233-8438. www.NJfootandankle.com ###



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Filling You In

By Jeffrey E. Mason, DMD, FAGD.

Can a dental bridge get you where you want to be?

An empty space, or gap, in your smile may affect your chewing and speaking abilities, as well as your self-confidence.

If you're missing one or more teeth, your dentist may recommend a fixed bridge as a treatment option.

What is a bridge?

A fixed bridge is a dental appliance that replaces one or more missing teeth, thus bridging the space between the two adjacent natural teeth or implants. Bridges are made from gold, alloys, porcelain or a combination of these materials.

A traditional fixed bridge consists of a false tooth or teeth fused between two crowns, or caps, that are cemented on the

surrounding teeth. An implant bridge is fastened to two or more implants that are submerged in the bone tissue.

Bridges are sometimes called "fixed partial dentures." However, unlike removable partial dentures, bridges cannot be removed by the patient.

Why should I get a bridge?

If you are missing any teeth, the resulting space could cause speech or chewing problems. Missing teeth also can cause your remaining teeth to move out of position.

This repositioning can make you more susceptible to tooth decay and gum disease, which can cause further tooth loss. A fixed bridge can replace those missing teeth, correcting your bite, and improving your chewing and speaking abilities. A bridge also can help to maintain the natural shape of your face.

Americans throw away 25,000,000,000 Styrofoam coffee cups every year. ###

What is the total treatment time?

There are several steps required and several dental visits needed in order for your dentist to create a bridge that meets both your functional and esthetic needs. The total treatment time for a bridge is usually two to four weeks, depending on the type of bridge you receive.

How do I care for a bridge?

The success of a bridge depends on its foundation — the abutment teeth or implants — so it's vital for patients with bridges to maintain their oral health. If you have a bridge, it's more important than ever to brush for two minutes, twice a day, and to see your dentist every six months. Your dentist also might recommend that you use floss threaders to reach the spaces between the bridge and the adjacent teeth and gums. With proper care, your fixed bridge should last as long as eight to 10 years or even longer.

Reference: Academy of General Dentistry 2017.

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

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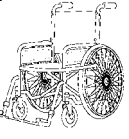
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Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. bccls.org or www.carlstadtlibrary.org Registration required unless noted.

• **National Library Week.** Join the Carlstadt Library in celebrating National Library Week, April 7 to 13. The Library will be featuring a week full of exciting events for all ages. For more information please visit carlstadtlibrary.org or call 201-438-8866.

• **Beginner Yoga with Onika.** Mondays, April 1, 8, 15, 22 and 29, 10:15 a.m. Bring a yoga mat. Register for each session.

• **Movie Madness.** Tuesday, April 2, 1 p.m. or Wednesday, April 3, 6 p.m., "The Color Purple" (2023). Seating is limited.

• **Ballroom Basics.** Classes on Tuesdays, April 2, 16, 23, 30 and May 7 at 7 p.m. A different style will be featured each week and no prior experience or dance partner is necessary.

• **Watercolor Painting for Beginners.** Fridays, April 5, 12, 19, 26 and May 3, 10, 17 and 24 at 11 a.m. Learn watercolor techniques and create unique art pieces. No experience nec-

essary. All materials provided.

• **Creative Aging Initiative - Floral Arts.** Adults ages 55 and older. An 8-week floral arts series on Tuesdays, April 9, 16, 30, May 7, 14, 21 and June 4 & 11 at 1 p.m. Led by a certified horticultural therapist and will include floral arranging and horticultural crafts. No experience necessary. All materials provided. Registration is required per class.

• **Jewelry Making Workshop.** Wednesday, April 10 at 7 p.m. Participants will create a unique bracelet using memory wire. All materials supplied.

• **Comedy Show - Bill Ervolino.** Comedian and Record columnist with his signature wit, Bill will have the audience rolling in the aisles. Friday, April 12 at 6:30 p.m. at the Carlstadt Civic Center.

• **Learn to Sew.** With Ellen from Sew It! Workshop. Learn sewing machine basics. Create a unique book bag. Saturday, April 13 from 10:30 a.m. to 1:30 p.m. Sewing machines and all materials will be provided.

• **Cook the Books! - Cookbook Club.** Meet on Wednesday, April 17, 7 p.m. Food magazines are available at the Circulation Desk to borrow.

• **As the Page Turns - Adult Book Club.** "The Thursday Murder Club" by Richard Osman, Wednesday, April 24 7 p.m.

brown color upon drying and stays well for 7-10 days! Registration is required.

• **Children's Pajama Storytime.** Thursday, April 18, at 5 p.m. Come in your pajamas, listen to a story, and then do a fun craft inspired by the story!

• **Reading to Rosie.** Friday, April 19 at 3:30 p.m. Rosie is a therapy dog who loves getting read to!

• **Bright and Early Storytime.** Friday, April 29 at 10:30 a.m. Start your day on the right foot by listening to a fun story and doing puzzles at the library! Open to ages 5 years and younger.

• **Children's Take Home Craft Kits.** will be available the 1st and 3rd Friday of the month! Grab one while supplies last!

• **Children's Craft: Glass Beaded Jewelry.** Saturday, April 13 at 11:30 a.m. Kids ages 8 and up are invited to design their own bracelets using colorful beads and threads. Guided by our guest instructor, they'll learn basic techniques and create dazzling treasures to take home! Registration is required.

• **Adult Craft: Glass**

• **Storytime at the Library.** Wednesdays, April 3, 10, 17 and 24 at 11 a.m. for ages 6 months to 5 years.

• **Music with Miss Nita.** Thursdays, April 4, 11, 18, and 25 at 10:15 & 11 a.m. Babies, toddlers and preschool children will enjoy songs, rhymes, movement and instrument play.

• **Sewing Workshop.** For tweens and teens ages 9 to 14. Monday, April 8 at 4 p.m. for a 2-hour sewing workshop. Ms. Ellen, of Sew It! Workshop. Learn how to sew a tote bag. No sewing experience is required. All materials will be supplied.

• **Jewelry Making Class.** Children, ages 9 and up, Wednesday, April 10 at 4 p.m. Create a multi-colored beaded necklace with jewelry designer, Margaret Caruvana. All materials will be supplied. Space is limited.

• **1,000 Books Before Kindergarten.** An initiative to encourage families to read 1,000 Books Before Kindergarten. Reading together creates lifelong memories and helps develop pre-literacy skills.

Children who are read to at an early age have larger vocabularies and are more successful in school. 1,000 Books Before Kindergarten is a fun, free way to start your child on the path to success! Children from birth to 5 years old can participate. ###

• **Beaded Jewelry.** Saturday, April 13, 2 at 1 p.m. This session is for Adults! You're invited to design your own necklaces using colorful beads and threads.

• **"Beyond the Bookshelf" Book Club.** Wednesday, April 24, at 6 p.m. Join us this month as we discuss our first King novel of book club, "Elevation" by Stephen King. Pick up a copy or check out Libby for a digital version. New members are welcome!

• **American Mah-Jongg Lessons for Beginners.** Thursdays, April 25, May 2, May 9, May 23, May 30 at 2:30 p.m.

Come learn to play American Mah-Jongg with expert instructor Stacy Budkofsky. These lessons will be a two hour class once a week for five weeks. YOU MUST BE ABLE TO ATTEND ALL 5 LESSONS. Registration is required.

• **Scrabble Club.** Thursday, April 25, at 6 p.m. Test your vocabulary by playing Scrabble. ###

You can make
a difference

Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Library's hours of operation are as follows: Mondays 10 a.m. to 6 p.m., Tuesdays through Thursdays 10 a.m. to 8 p.m., Fridays from 10 a.m. to 5 p.m., Saturdays from 10 a.m. to 2:30 p.m.

Return Library materials in the book box at the rear of the Municipal Building. Registration is required for all programs unless otherwise noted. Any child under the age of 9 must be accompanied by an adult at all times.

The Library Board and Administration are asking for your support to help maintain the role of the Library for its traditional purpose (*to do homework, research, use of the computers, or reading*) after school.

• **Happy National Library Week!** (April 8 to April 13). The theme: "Ready, Set, Library!" promotes the idea that in our always-online world, a place to connect with others, learn new skills, and focus on what matters most. Coffee and cookies every weekday of National Library Week until 2 p.m.

Celebrate by completing challenges for prizes. Get sweets, treats and more just by borrowing Library items! Visit our website for details.

• **FREE Solar Eclipse Glasses.** Beginning April 1. 2 per person while supplies last. Eclipse is Monday, April 8.

• **2024 Membership Drive.** The Friends of the Library Membership Drive: renewal information or new members signing up make a difference! For details, inquire at the front desk.

For CHILDREN

• **Outer Space Story & Craft.** Saturday, April 6, 11 a.m. The Hasbrouck Heights Junior Women's Club brings a story and craft. Families welcome. Registration is limited.

• **Eclipse Day Party.** Monday, April 8, 2 to 5 p.m. Pick up eclipse glasses, and head to our back parking lot for snacks, crafts, and special activities. In case of bad weather, crafts and snacks will move inside and we can watch NASA's feed on our big screen.

• **Earth Day Story and Craft.** Monday, April 22, 4 p.m. It's Earth Day! Come hear a story and make a simple craft in celebration of our big blue planet.

• **Storytimes.** Spring Session: April 8 through May 16 (6 weeks). General registration begins on Monday, April 1 at

10 a.m. Space is limited.

- **Tiny Tots (ages 6 months - 2½ years)** Choose ONE session: Session 1: Mondays, 11 to 11:30 a.m., April 8 through May 13. Session 2: Tuesdays, 11 to 11:30 a.m., April 9 through May 14. Session 3: Thursdays 11 to 11:30 a.m., April 11 through May 16.

Stories, songs, and playtime for our littlest patrons and their caregiver.

- **Book Buddies (ages 2½ - 3½ years)** Wednesdays, 11 to 11:30 a.m., April 10 through May 15.

Stories, fingerplay, activities, and a simple craft.

• **Read-to-a-Dog.** Thursday, April 4, 6 to 7 p.m. Oscar is ready to listen! Come get some reading practice in.

• **Saturday Storytime.** April 20, 11 to 11:30 a.m. Spend family time together. All ages are welcome.

• **Kids' Book Club (Grades 3-4-5).** Friday, April 26, 3:30 to 4:30 p.m. We'll discuss a book, do an activity, and share a snack. April's book is "Amulet Book 1: The Stonekeeper" by Kazu Kibuishi."

• **Evening Storytime.** Tuesday, April 30, 6 p.m. The whole family is welcome to wind down the day with an all-ages storytime.

For TEENS

• **Financial Literacy for Middle Schoolers (3 sessions).** Thursdays, April 4, 11, 18, 5 to 6 p.m. What's a budget? How do I open a bank account? Are credit cards bad? Is bitcoin really the future? Student volunteers from Bergen Tech High School at Teterboro offer a 3-part workshop.

• **Taylor Swift "Tortured Poets Department" Release Party.** Friday, April 19, 3 p.m. Taylor's new album drops today! Come listen, make a friendship bracelet or two, and create blackout poetry.

• **Teen Book Club.** Monday, April 29, 5 p.m. Join us once-a-month for book chat, activities, snacks, and more. This month we're reading "Imposters" by Scott Westerfeld.

For ADULTS

• **Friday Movie Matinee: "Marry Me."** Friday, April 19, 1 to 3 p.m. Refreshments.

• **Crafts-to-Share Club.** Tuesday, April 9, 6 to 8 p.m. Wednesday, April 24, 1 to 3 p.m. In-person and on Zoom.

• **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom at 7 p.m., April 23. "Secret Keeper of Jaipur" by Alka Joshi.

• **English Conversation Practice Group.** Intermediate Level or above. No Drop-Ins. Must apply before attending. Mondays and Saturdays available at 10 a.m. ###

Wallington Public Library

Wallington JFK Memorial Library, 92 Hathaway St. Wallington, NJ 07057. 973-471-1692. www.wallingtonpubliclibrary.org Registration required for all programs unless stated.

• **Playdough Playtime.** Friday, April 12, 10:30 a.m. Children, ages 2-5, come have fun playing with Playdough with your friends!

• **Children's Yoga Class.** Tuesday, April 9 at 4 p.m. Bring some water and a yoga mat or towel! Open to ages 6-12.

• **Children's Storytime.** Monday, April 8, at 11 a.m. Open to children of all ages.

• **Monday Afternoon Book Club.** April 8, at 2 p.m. We'll be reading "Someone Else's Shows" by Jojo Moyes. Join us for a great discussion! New members welcome!

• **Children's Children's Henna Program.** Thursday, April 11, at 4 p.m. Children ages 5-10 are invited to come and have beautiful henna patterns drawn on their hands! The finished pattern has a rich

Rutherford Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 a.m. to 6 p.m., Saturdays 10 a.m. to 4 p.m.

The following programs require registration. Visit rutherfordlibrary.org/events

• Friends of the Library Used Book Sale.

The Spring Used Book Sale will take place Friday, April 26; Saturday, April 27; and Monday, April 29. The Library will accept donations of gently used books, DVDs, and CDs from April 8 to 20. Proceeds benefit children's programs and more at the Library!

• **Career Planning for High Schoolers.** Thursday, April 4, 7 to 8 p.m. Webinar outlines career planning process for high school students (and parents) and how it affects college planning, including financial aid.

• **Yankee Stadium: From the (Organ) Bench.** Ed Alstrom just finished his 20th season as the Weekend Organist at Yankee Stadium. He will talk about that job, demonstrate how it gets done, and tell stories about his experiences at the Stadium. Monday, April 8, 6:30 p.m.

• **Adult Craft: Wood Slice Coasters.** You will be guided in painting wooden coasters! Adults only. Wednesday, April 10 at 6:30 p.m.

• **1964: Year in Review (Concert).** Celebrate 60 years of popular music as Jay Daniels offers a retrospective of one of the most momentous years in history - 1964. From the beginnings of the British Invasion with the Beatles and the Rolling Stones to the explosion of Motown, to Frank Sinatra pair-

ing up with Count Basie, and the arrival of bossa nova, Jay will cover this groundbreaking year. Saturday, April 13, 2 p.m.

Children's Department. Story Time with Miss Jane on Wednesdays at 10:30 a.m., music and entertainment on Fridays, and crafts each month.

• **Teen Department.** The Teen Department regularly offers service hours, crafts, and social time for teens. Fantasy Map Makers meets on Wednesday, April 10 at 3 p.m. The Teen Advisory Board meets once a month. This group of regular Library patrons contributes to programming, teen engagement, and plans for the Teen Lounge. Check the teen page of our website to apply.

• **Author Talks**
- "The Foods, People, and Innovations That Feed Us—A Sweeping History of Food and Culture" with Smithsonian Curator Paula J. Johnson, Tuesday, April 2 at 2 p.m.

- "From Murder to Atonement—Confronting My Son's Killer" with Diane Foley & Colum McCann. McCann is author of the award-winning and bestselling books "Apeirogon," "Let the Great World Spin," and "Transatlantic," Tuesday, April 9 at 2 p.m.

- "A Literary Examination of Power, Love, and Art" with Xochitl Gonzalez, New York Times bestselling author of "Olga Dies Dreaming and Anita de Monte Laughs Last," Wednesday, April 17 at 8 p.m.

Each talk features the opportunity to participate in author Q&A or pre-submit questions during registration! Past Author Talks can also be accessed.

Regular Features

• **Monday Night Book Group** will meet Monday, April 15 at 6:30 p.m. to discuss "Did You Ever Have a Family?" by Bill Clegg.

• **Cook-a-Book Club** will share recipes from "Disney: Cooking with Magic" on Tues-

day, April 9 at 6:30 p.m.

• **Spice Club** will meet on April 16 at 6:30 p.m. via Zoom to cook broccoli sausage soup together.

• **Read 'Em & Eat Book Club** meets April 24 at 5:30 p.m. to discuss "The Personal Librarian" by Marie Benedict.

• **Virtual Mindfulness & On-Demand Yoga** Miranda Lee of "Find That Pause" will lead virtual mindfulness sessions Fridays at 9:15 a.m. April's theme is Mindfulness for Stress Management. Enjoy yoga, meditation, even children's story time 24/7, anywhere with an internet connection, via Bold Yoga and the Bendy Bookworm. This video database has classes for all ages, time frames, and experience levels. If interested, send an email to reference@rutherford.bccls.org with your name and Library card number.

• **Creativebug Live Craft Classes and How-to Videos** Access live classes, how-to videos, and more for all crafts at creativebug.

• **Grab & Go Doorside Pickup.** For those who may not want to enter the building. Order books from the BCCLS catalog at www.bccls.org or submit a Grab & Go form (*from our website*) for either the adult or children's collection! If you don't have computer access, call the Library and our team will order items for you!

• **ESL In-Person and Virtual Classes.** In-person ESL meets on Tuesday and Thursday mornings. Advanced ESL classes meet on Saturdays. Virtual ESL classes are held Mondays through Thursdays. Registration for in-person classes is required and must be done in person at the circulation desk.

• **Movie Night.** The Friends of the Library will show a movie Tuesday, April 23 at 6 p.m. Event is free. Light refreshments will be served. ###

Lodi Memorial Library

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. <http://lodi.bccls.org/> Registration required for all programs unless stated.

• **Chair Yoga.** A six-week yoga class for people experiencing joint pain and stiffness. Students use chairs rather than yoga mats. Classes will be on Fridays 1:30 to 2:30 p.m. Class dates are April 5, 12. Registration required. You must reserve a spot for each session. Sponsored by The Friends of Lodi Memorial Library.

• **Meditation.** Priti Dhariwal, our yoga teacher, will teach the basics of Meditation. Meditation can wipe away the day's stress, bringing with it inner peace. Classes are on Fridays 1:30 to 2:30 p.m., April 19, 26. Registration is required. You must reserve a spot for each session you wish to attend. Sponsored by The Friends of Lodi Memorial Library.

• **Paint Night.** Thursday, April 4, 6 p.m. Instructor Libby Norris will teach you how to paint wood slice coasters with a mushroom motif in a fun, relaxed atmosphere. Registration required.

• **Tuesday Night Book Club.** Tuesday, April 11, 6:30 to 7:30 p.m. April's book is "100 Year Old Man Who Climbed Out of the Window and Disappeared" by Jonas Jonasson - 384 pages.

• **Semi-Monthly Movie.** Afternoon movies twice a month. April movies will be "The Color Purple" on April 10 at 1 p.m. and "Anyone But You" on April 24 at 1 p.m.

• **Adult Crafts.** April craft to be announced. Craft will be held in-person on Wednesday, April 17 at 1:30 p.m.

• **Creative Writing Club.** Thursday, April 25, 1 p.m. Bring your creative juices to our writing club. Each month will feature a new prompt for our writing session. Attendees are also welcome to share works in progress

• **Plant and Seed Swap.** Thursday, April 11, 5:30 to 7 p.m. Join us for a plant and seed swap! Meet new friends, take home new plants, seeds, and cuttings, and trade gardening tips and stories. Registration required.

• **Adult Coloring Pages, Mazes and Community Puzzle.** Always available for adults. Come to the Library to de-stress with our free coloring materials, fun mazes, and beautiful puzzles.

• **Anime Club.** Grades 6 to 12. In-person, Wednesday, April 10, 3:30 to 4:30 p.m. Watch a movie, get some snacks, and make a craft. Registration required.

• **Lodi Game Club.** All ages (12 and under must be accompanied by an adult). Join us for all kinds of games every Wednesday from 3 to 4:30 p.m. No registration necessary.

• **High School Hang-out.** Grades 9-12. Every Tuesday from 6 to 7:30 p.m. in the conference room for games, movies, and other fun activities.

• **Grab & Go Craft.** Grades Pre K - 2. A new Grab & Go project will be available each Monday! While supplies last. No registration.

• **Legos.** - All ages. Tuesdays from 4 to 5 p.m. in the Children's Room. Make your own creations with Legos. No registration necessary.

• **Storytime.** Every Tuesday and Friday at 11 a.m. No registration necessary. ###

Libraries Are Fun!

Little Ferry Free Public Library

Little Ferry Free Public Library, 239 Liberty Street, Little Ferry, NJ 07643. 201-641-3721. lifycirc@bccls.org Hours: Monday through Wednesday 10 a.m. to 8 p.m., Thursday, Friday 10 a.m. to 5:30 p.m. Saturday 10 a.m. to 3 p.m.

Adult Programs

• **Friday Afternoon at the Movies!** Noon. April 5, "Waitress" (2007), April 12, "Coming to America" (1988), April 19, "Cure for Wellness" (2015), April 26, "Small Time Crooks" (2000).

• **Adult Book Club.** Join the Little Ferry Free Public Library Book Club which takes place every month. Every Book Club meeting is bright and

lively. April 8 at 2 p.m. (*book title to be announced*).

Little Ferry Children's Programs

• **Storytime with Cynthia.** A lively 30-minute combination of books, movement activities and songs best enjoyed by families with their children. May also include activities, such as crafts, storytelling, poetry, riddles, and more. Registration required. April 4, 11, 18 and 25 at 10:30 a.m. for ages birth and up.

• **Art Club with Olivia.** Get creative with the talented Ms. Olivia and join her on an art-filled adventure. Express your inner Picasso. Registration required! April 4, 11, 18, 25 at 3:30 p.m. and is for Grades 8 and up.

• **Crafts with Sue.** Come check out our fun monthly craft on Saturday morning! April 13, 11 a.m. Crafts are for children ages K and up. Registration is required.

• **Read to Blossom.** For little ones just starting to read or for children that would like to practice reading, please read to Blossom! Blossom is a sweet, friendly Golden doodle doggy who would love to hear stories read to her. Registration is required. April 24 at 3:30 p.m. for Grades Pre-K and up.

** Now offering free passes to The Aviation Hall of Fame & Museum of New Jersey for Little Ferry residents.

*** Check out our "Used Book Sale." We have a unique assortment of used books on sale daily. ###



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On March 6, 2024 at 11 a.m., the Hasbrouck Heights Fire Department was summoned to Costco's Teterboro Landing parking lot for a serious car accident. On arrival they found one female bystander whose foot was run over by a motor vehicle. The same motor vehicle then crashed into a pole. Firefighters had to use extrication equipment (Jaws of Life) to cut the car and remove the patient. Both patients were transported to Hackensack Medical Center. Moonachie Police handled the investigation. *Provided by Tony Greco. ###*



The Hasbrouck Heights Fire Department was summoned to Church Street on a reported fire Tuesday morning, March 12, 2024. Fire Chief Michael Greco arrived to find an active electrical fire in an apartment and transmitted the all hands signal. The fire was contained to a wall with no extension to the apartment above. Chief Greco stated, "it was through the efforts of the men that the fire was contained, confined, and extinguished quickly and efficiently." Mutual aid from Wood-Ridge and Carlstadt responded. No injuries were reported. *Provided by Tony Greco. ###*



On March 5, 2024, the Wood-Ridge Fire Department was dispatched to the area of 271 North Ave for a reported smoke condition.

Chief Berta arrived on scene and confirmed the working house fire. Arriving companies were met with heavy fire on the first floor of a two

story home.

An aggressive interior attack by Engine 901's crew confined the fire to the room of origin. The home was unoccupied at the time of the fire and searches conducted by Truck 904's crew confirmed this.

The cause of the fire is under investigation by the Wood-Ridge Fire Prevention Bureau. There were no injuries.

The WRFD was assisted on scene by the Hasbrouck Heights, Moonachie, Wallington, Carlstadt, Lodi, Little Ferry, Rutherford, City of Hackensack Fire Departments. Support included: Moonachie First Aid & Rescue Squad, Wood-Ridge Police Department, Holy Name BLS and the Wood-Ridge Fire Department Ladies Auxiliary.

The following Fire Departments provided coverage of the Borough during the incident: East Rutherford, Garfield and Lyndhurst. *Photos provided by Tony Greco. ###*



Torn to Shreds

Hasbrouck Heights Recycling Program held a paper shredding event on Saturday, March 9, 2024, from 9 a.m. to 12:30 p.m., at the Central Avenue parking lot. The truck departed once it was filled. About 11,256 pounds were shredded. This event was co-sponsored by the Bergen County Utilities Authority. For more information, call 201-288-1072. ###



Local Persian Nowruz Party Attracts Guests Far & Wide

On March 16, 2024, nearly 250 people, from across the tri-state area, and even as far as California, Oregon, Florida, and Virginia, came together at Il Villaggio Banquet Hall to commemorate the festivities of Nowruz (pronounced No-Rooz – meaning “New Day” in Persian/Farsi) – the Persian New Year – at an event organized by Omid S. Irani, Esq.

Nowruz commemorates the arrival of Spring and welcomes new beginnings. It is traditionally celebrated in the presence of friends, family and loved ones, as a symbol of the most important aspects in one’s life.

With Nowruz officially having been celebrated this year on March 19, all attendees were eager to get into the holiday spirit early.

Smiles, laughter, hugs and dancing were the prominent sights of the night! The energy of the room was radiant as everyone was excitedly wait-

ing to take a picture with the Haft-Seen (pictured above), a decorative display of symbolic items meant to represent, among other things, renewal, life, hope and prosperity.

The evening kicked off in earnest when Senator Paul A. Sarlo gave introductory remarks to the packed room, where he spoke about Nowruz, commended the guests for their passionate display of culture and touted the accomplishments of the Persian community. His remarks were met with roaring applause as the attendees were enthusiastic about having a prominent member of the New Jersey political sphere take part in their annual event.

Entertainment included not only a DJ, but also live music accompanied by an ensemble playing traditional Persian instruments dating back millennia. Below are some pictures from an unforgettable night! Provided by Omid S. Irani, Esq. ###

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