

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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May 2024

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See more photos on pages 12-13.

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Pinwheels for Child Abuse Prevention

At 10 a.m., on Saturday, April 6, 2024, Hasbrouck Heights GFWC-Contemporary Club planted a pinwheel garden at The Circle Gazebo.

April is National Child Abuse Prevention Month. In

2008, pinwheels were adopted as the official symbol of child abuse prevention.

The pinwheel was chosen as a national symbol of prevention because it is whimsical and evokes childlike notions, and

stands for the chance at healthy, happy and full lives that all children deserve.

Children who are raised with safe, stable, and nurturing relationships and environments are more academically

and financially successful and grow up to be productive, contributing members of their communities. Pinwheels are a reminder that we all play a role in children's lives.

Pinwheel gardens represent our effort to focus on community activities that support families and public policies that prioritize prevention right from the start to make sure child abuse and neglect never occur.

Pinwheels are used to help educate communities about the importance of supporting children and families.

Shining in the sun, the pinwheel is reflective of the bright future all children deserve and our belief that getting it right early is less costly than trying to fix it later. This is the 13th year the HH Contemporary Club participated in the pinwheel garden program. ###



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Wind Creek Trip May 21

On Tuesday, May 21, 2024, the VFW will sponsor a trip to Wind Creek casino, Bethlehem, PA. The cost is \$40 (*payable in advance*.)

Join us for a continental breakfast starting at 9 a.m. Play Bingo, 50/50 and a movie. The bus leaves at 10 a.m. sharp from the VFW parking lot. For information and reservations, call Diane at 201-475-8898 or Gladys at 201-288-9074. ###

Casino Trip May 13

On Monday, May 13, 2024, the Kip Center, 55 Kip Avenue, Rutherford, is hosting a Casino Bus trip to Wind Creek Casino, Bethlehem, PA. Cost is \$40 pp and includes casino bonus. Bingo and snacks served on the bus. Bus leaves at 10 a.m. and returns by 7:30 p.m. For more information, call 201-460-1600. ###

5K Race to End Hunger May 18

The Rotary Club of Mywood is sponsoring a 5K "Race to End Hunger" on May 18, 2024. Proceeds will benefit The Food Brigade.

This Maywood tree-lined course has been sanctioned and certified by the USATF-NJ. It is also a USATF-NJ Grand Prix Race.

Registration at 6:30 a.m. Start time is 8 a.m. 5K run/walk: \$30. The Race start/finish: Memorial Park at Grant Avenue & Fairmount Avenue, Maywood. Free race shirt while supplies last. Medals for the top 3 finishers in each age group

For more information contact Lisamarie Schieli, Recreation Director, lschieli@maywoodboro.org or 201 845-2900 x 208 or visit maywood5k.org or maywoodrotary.org ###

Gift Auction June 9

On Sunday, June 9, 2024, Church Of The Transfiguration, located at 135 Hathaway Street, Wallington, will host a gift auction. Doors open at 1 p.m., auction starts at 2:30 p.m. Admission is \$10. Admission includes 1 sheet of tickets, coffee and cake. For information call Linda at 201-791-9272. Proceeds to benefit Church maintenance fund. ###

May Birthstone
Emerald

Carlstadt Mixed Chorus 91st Music Festival

The Carlstadt Mixed Chorus will host their 91st Music Festival at the Carlstadt Turn Hall, 500 Broad Street, Carlstadt, at 3 p.m., on Sunday, May 5, 2024.

The program will feature the Carlstadt Mixed Chorus and professional soloists. Johanna Teubner-Prussak, Music Director. Dance music by "Bud and Linda." The kitchen and bar will be open. Donation is \$25. For reservations, call 973-777-6677 or 973-204-9933. ###

W-R Lions Phil Rottini Memorial Golf Outing

The Wood-Ridge Lions Club will be hosting its 15th annual Phil Rottini Memorial Golf outing on Monday, May 6, 2024 at the Meadows Golf Club in Lincoln Park.

Golfers' fees are \$135 which includes green fees, golf cart, breakfast, lunch, beer, and giveaways - plus the chance to win a New Car!

Singles, doubles, or foursomes are all welcome. Sponsorships are still available for tee signs. Please contact Lion Jeff at jeffheldman@gmail.com or Lion Jack Nagel at janpro911@aol.com for more information.

Phil was a World War II Veteran, a member of the Wood-Ridge Lions Club for 43 years, and the Club's first Melvin Jones Fellowship recipient, which is a prestigious award given by the Lions Club International Foundation in recognition of service.

Phil generously served the Wood-Ridge community through the Lions Club and impressed his desire to serve others upon his children who, like Phil, continue to serve the community through the Lions Club. ###

Spring Vendor/Craft Fair May 4

On May 4, 2024, from 9 a.m. to 4 p.m., St. Francis deSales Church, 125 Union Street, Lodi, will hold a Spring Vendor/Craft Fair. Free admission.

Features crafts, jewelry, home decor, candy and more.

One 8' table \$30, two 8' tables \$50. Contact Church Rectory at 973-779-4330, francisdesales@hotmail.com or suev346@gmail.com ###

May 5 Car and Motorcycle Show

On Sunday, May 5, 2024, the Nam Knights of America will host their 30th Annual Car and Motorcycle Show behind their Clubhouse at 350 Michele Place, Carlstadt. Rain date is Sunday, May 19, 2024. Gates open 9 a.m. for entries. Entries must be parked by noon to be judged. Show starts at 11 a.m.

There will be music, food and vendors. No alcoholic beverages or pets. Admission for show participants is \$20. Spectators \$5. Children under 12 free. Free admission for disabled Veterans and disabled Police Officers.

Entries and spectators must enter Show via Paterson Plank Road to Michele Place; Nam Knights Way will be closed.

Event benefits Veterans and Law Enforcement Officers. For more information, call 201-538-4387 or go to www.namknights.org email carshow@namknights.org ###

Nam Knights 35th Anniversary

On Saturday, July 27, 2024, the Nam Knights of America will host their 35th Anniversary at their Clubhouse at 197 Washington Avenue, Carlstadt. Rain or shine. Gates open 2 p.m. This event is open to the public.

There will be live bands, DJ, food, beer, raffles and vendors.

Event benefits Veterans and Law Enforcement Officers. For more information, call 201-538-4387 or go to www.namknights.org email carshow@namknights.org ###

Paint The Town June 11

The Leisure Club of Hasbrouck Heights will be hosting a painting event Tuesday, June 11, 2024, from 12 to 2 p.m., in the Community Room. All supplies provided. The cost will be \$40 pp and \$50 pp, if you would like a cold box lunch. This is open to all. So come on out for an afternoon of fun, laughs and a good time.

If interested, please contact Cindy Sonzogni at cynthiasonzogni@gmail.com or 201-288-1125. ###

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KEYWORD



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Hackensack Art Club Meets May 6

The Hackensack Art Club will meet on the first Monday of the month, May 6, 2024 and June 3, 2024, from 6 p.m. to 7:30 p.m., at the Hackensack Performing Arts Center. Free event.

Artists at every level are welcome to join. Meetings start with a demonstration from one of our artists or visiting artists. You can ask questions about their methods and learn. If interested please contact us at HackensackArtClub.com. we are also on FaceBook: HackensackArtClub.

The Club was established in 1939. *Provided by Margaret Durbeck.* ###

Art Association of Rutherford

Join the Art Association of Rutherford for its annual open-door critique!

Artists and art enthusiasts alike are welcome to come and participate on Thursday, May 9, 2024 from 7:30 to 9 p.m. at the KIP Center in Rutherford (55 KIP Avenue).

Bring a piece of artwork you have completed recently and get a professional critique from guest speaker, Kayt Mercks.

If you are not an artist, you too are welcome to come view the local artwork and share a night of fun and friends. *Provided by John Zollo.* ###

AL Bike Night May 9

American Legion Riders Chapter 310 is hosting their Bike Night starting at 6 p.m. on Thursday, May 9, 2024. at 100 Liberty Street, Little Ferry, NJ, 07643. Free food while it lasts. All are welcome. ###

Rummage Sale July 18, 19, 20

The Annual Rummage Sale at the First Reformed Church, Hasbrouck Heights, will be held Thursday, July 18, Friday, July 19 and Saturday, July 20, 2024. The hours will be: Thursday and Friday evenings, 6:30 to 9 p.m., Saturday morning, 9:30 to noon.

Contributions will be accepted starting Monday, July 15, 16 and 17 from 9:30 a.m. to noon. Call the Church office for further information at 201-288-1122. ###

Tricky Tray May 2

"Shore to Please" Tricky Tray, Thursday, May 2, 2024, at the Fiesta. Doors open at 6 p.m. Auction starts 7 p.m.

\$55 admission includes three course dinner, dessert, plus one sheet of regular chances. Express packs of gift chances \$30, if purchased by April 27. \$35 at the door.

Advance ticket sales only. No tickets will be sold at the door. Admission tickets available until April 27. Tickets will be mailed upon receipt of payment. Express packs pickup at the door.

For more information, call Dawn Wassman at 201-463-1512. ###

No May FOCAS Flea Market

There will not be a FOCAS Flea Market in May 2024. The Legion was booked.

For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org ###

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Pancake Breakfast May 11

Rutherford Troop 166 is hosting their annual Mother's Day Weekend pancake breakfast on Saturday, May 11, 2024 from 8 a.m. to noon (*continuous seating*) at the Parish Hall, first Presbyterian Church, 32 Ridge Road, Rutherford.

\$15 adults. \$12 seniors (62+) and children. There will be a silent auction. ###

Beefsteak Sept. 20

American Legion Post 310, 100 Liberty Street, Little Ferry, is hosting an "all you can eat beefsteak" on Friday, September 20, 2024, at 7 p.m.

Cost is \$55 pp and includes draft beer and soda. Prepared by JC Catering. For tickets call 201-807-0470. ###

International Dinner May 19

St. Philip the Apostle Columbiettes are sponsoring their annual International Dinner, Sunday, May 19, 2024.

Appetizers, main course and dessert. Mini tricky tray. Price is \$30 per person. Doors open 12:30 p.m. No tickets will be sold at the door.

The dinner will be held at St. Philip the Apostle Auditorium, 797 Valley Road, Clifton, NJ from 1 to 4 p.m.

Columbiettes are under the direction of our President Debra Sirvidio. Our theme is Celebrating Pentacost with all the nationalities within our membership.

Call, email or text Barbara Ann at 973-916-1957(H), 201-906-1372 (C) or barblissi@comcast.net. Deadline for reservations is May 10. ###

Pig Roast July 20

Sons of the American Legion Squadron 310 will host the Art Jensen Jr. Annual Pig Roast on Saturday, July 20, 2024 from 3 to 7 p.m. at their Post, 100 Liberty Street, Little Ferry.

Cost is \$30 in advance. \$35 after July 15. Children under 12 eat free.

Menu includes hamburgers, hotdogs, BBQ chicken, two-100 lb. pigs, London Broil, fresh corn on the cob, mussels and salads, beer and soda.

Music by DJ Jack Jam. Permit #103362. For additional information, please call 201-807-0470. ###

Roast Beef Luncheon May 14

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will be hosting a Roast Beef Luncheon on Tuesday, May 14, 2024 in the Community Hall on Third Street in Carlstadt from 11 a.m. till 1 p.m.

Roast beef, mashed potatoes, a vegetable, coleslaw, rolls, beverages and desserts will be served. Cost is \$15 for adults and \$8 for children. Take out orders are available. 50/50 tickets and a "this & that" table will be available. Please call the Church office at 201-438-5526 for further info from 9:30 a.m. till 12:30 p.m. on weekdays. ###

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Fish & Chips Drive-by June 1

Murray-Hodge American Legion Post 453 is holding a Fish & Chips drive-by (*Chicken optional*) on Saturday, June 1, 2024, from 1 to 3 p.m., at Felician University parking lot, Montross Avenue, Rutherford.

The cost is \$20 for adults and \$10 for children under 10. The event is catered by Taste-fully British.

Proceeds benefit the Post to service the community and fellow Veterans.

To purchase tickets, contact: Martin Kless at 973-248-7731, William (Billy) Galloway at 201-693-5813, Bryan Carter at 204-321-5705, Charles Gunn at 201-456-3561. ###



Full Flower Moon

The full Moon May 2024 marks the peak of spring in many parts of North America that acts as a transition into summer's sunny days and warm nights. The May full Moon is often called the "Flower Moon" with reverence to abundant flowers in bloom, a prelude to Mother Nature's coming attractions.

The May full moon will appear on Thursday, May 23, 2024. It reaches its peak at 9:53 a.m.

According to The Farmer's Almanac, in most areas, flowers are abundant everywhere during this time. Thus, the name of this moon. Other names include the "Full Corn Planting Moon," "Milk Moon," "Leaf Budding Moon," "Egg Laying Moon," "Planting Moon," etc. ###

Lodi KC Pancake Breakfast May 12

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, May 12, 2024, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (*to order*), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$12; children over 6: \$6; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ###

Free Lunch Saturday

The First Presbyterian Church of Moonachie for the "Free Lunch Saturday" program, will be held May 4, 2024, 11:30 a.m. to 12:30 p.m. May menu is Grilled Cheese (*while supplies last*).

We average 100 meals each month both inside and To-Go bags are available. About 20 bags of groceries are distributed. Guests also leave their prayer requests which are included during Sunday prayers.

A pantry table is also set up for common staple items for those with a need (*pasta, sauce, cereal, rice, beans, soup, tuna, proteins sources, etc*). All donations are gladly accepted (*but please avoid glass jars*).

This program is an expansion of the Church's ministry of feeding hungry bodies and hungry hearts. If the economy's got you down, or you want to share a meal with others, come for the food and fellowship. There are no strings attached. A free-will offering is taken. ###



Beefsteak May 17

The Woman's Club of Rutherford is hosting a Beefsteak Dinner starting at 6:30 p.m. on Friday, May 17, 2024, at 201 Fairview Avenue, Rutherford.

Cost is \$45 pp and includes dinner, dessert, water, soda, coffee & tea. BYO beer and wine. Features Country Line Dancing.

Catered by Nightingale Catering. Proceeds benefit the restoration of their historic Carriage House. For tickets and info, call Jane at 201-394-4989. ###

AL Picnic Sept. 14

American Legion Post 310 will hold its 42nd Annual Picnic on Saturday, September 14, 2024, from 3 to 7 p.m., at American Legion Post 310, 100 Liberty Street, Little Ferry. Rain or Shine.

All you can eat, BBQ chicken, Baby Back spareribs, hamburgers, hot dogs, sausage and peppers, clams on a half shell, corn on the cob, Manhattan Clam Chowder, salads, draft beer and soda included. Our bar will be closed for non-ticket holders.

Entertainment by DJ Jack Jam. There will be a 50/50 drawing. Please bring your lawn chair. Large pavilion on site and tents in case of inclement weather.

Cost is \$35 per person at the door or after September 7th. Advance tickets \$30.

All proceeds go to support Veterans and children's programs. For additional information, call 201-807-0470. ###

HH Garden Club Project Keep Wood-Ridge Beautiful Needs Volunteers

The HH Garden Club will be meeting on May 15, 2024, at 5:30 p.m. in the Library Meeting Room, second floor of the Municipal Building, 320 Boulevard.

Refreshments will be served followed by the meeting to discuss the upcoming events. The agenda includes the Spring Garden of the Season Award and the discussion of the Boulevard in Bloom project.

Our speaker for the evening is Kathy Sauerborn, a Passaic County Master Gardener. She has more than 20 years of experience in gardening for hummingbirds in her own Certified Wildlife Habitat designated by the Wildlife Federation. Kathy will discuss the feeding and types of feeders and optimal placement of them.

All are welcome to come to our meetings! The building is barrier free and there is ample parking on Central Avenue. The meetings are concluded by 7:45 p.m. ###

Flag Garden May 18

The First Reformed Church will hold a Memory Flag Garden Service 11 a.m. on May 18, 2024, on the Church lawn, 300 Washington Place, Hasbrouck Heights. Each flag has a Veteran's name attached. Flag request should be submitted by May 15, 2024, to firstrefhh@optonline.net

The public is invited to visit this garden. The flags will remain until mid-July.

The ceremony is to remember those who served and have passed into the nearer presence of God. For more information, call the Church office at 201-288-1122. ###

Relay for Life May 4

The Relay for Life of Clifton and Rutherford will be held on Saturday, May 4, 2024, at Clifton Stadium, 350 Piaget Avenue (off of Route 46), Clifton, from 6 to 11:30 p.m.

The theme for the Relay is an 80's Pajama Party and they are looking for your support in making this event a success. You can be a part of the Relay by starting a team or joining a team.

Visit relayforlife.org Recruit family and friends. More people means more power fighting cancer. Provided by Ed Gajda, Rutherford Team Leader. edgajda@gmail.com ###

The "Keep Wood-Ridge Beautiful" Committee will hold its 24th annual downtown cleanup day on Sunday, June 2, 2024 between the hours of 11:30 a.m. and 3 p.m.

The Borough will even provide Wendy's lunch at noon. Volunteers are once again needed to help clean our shopping districts and raise awareness of the effects of litter in our community.

During our last "Keep Wood-Ridge Beautiful Day" over 200 volunteers participated!! Both adults and children are welcome.

The Bergen County Board of Health will provide cleaning utensils, gloves, brooms

and bags. Volunteers will be asked to meet at Veterans Park on Valley Boulevard. To sign up please call Borough Hall at 201-939-0202 (ext. 109) and leave your name, telephone number and how many adult or children's T-shirts should be ordered by size.

Shredding Event

Do you have stuff to shred? Bring it to Veterans Park at the corner of Highland Avenue and Valley Boulevard that day from 9 a.m. to 1 p.m. (no hardcover books, photographs or X-rays). For further information, please contact Councilman Ezio Altamura 201-531-0259. Thank you! ###

Boulevard in Bloom

Beautiful flowering planters have adorned The Boulevard for almost 2 decades!

The Hasbrouck Heights Garden Club, in cooperation with the Chamber of Commerce, invites businesses and residents to sponsor a flowering planter by making a \$50 donation.

The planting is done by members of the Garden Club, at the DPW after the May 15 frost date.

Once the plantings have been completed, the DPW will then move the flower pots to their Boulevard location, and has agreed to water the plants during the season.

In the fall the DPW will collect the flower pots and store them at the DPW till the spring. At this time they will be planted once again and brought to our Boulevard and we will enjoy the "BOULEVARD IN BLOOM."

In the spirit of community, each year they reach out to a local student group willing to lend a hand overseeing and pruning the planters through-

out the summer.

A donation of \$50 will replenish an existing planter with lovely flowers and greens. Your donation of any amount is welcome.

The HHGC sends a sincere thank you, to those businesses and residents who continue to support their efforts each year.

You can send donations to: Hasbrouck Heights Chamber of Commerce BIB, PO Box 1, Hasbrouck Heights, New Jersey 07604. Call Ray at 201-288-5464 or Ann at 201-288-3956 for more information. ###

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Kentucky Derby New York Style May 1

On May 1, 2024, from 11:30 a.m. to 3:30 p.m. at Li Greci's, Staten Island, come celebrate the Derby with your own hat creations. Enjoy simulated horse races that you can wager on for prizes and enjoy the band, food and comedian "Kentucky Style."

Cost is \$110 per person and includes bus transportation, show and lunch. ###

May Flower
Lily of the Valley

St. John's Annual Plant Sale

Mark your calendars! Spring is just around the corner and it is time to start planning your gardens.

For the 45th Annual Plant Sale, nursery grown plants and flowers and hanging pots will be available for pick-up just in time for Mother's Day, May 12, at St. John's Parish Hall, Hasbrouck Heights, on Friday, May 3, 2024 by appointment. There will not be any plants available on Saturday.

Pre-orders only for the 45th Annual St. John's Plant Sale are being accepted and due by Tuesday, April 30, 2024.

Flats, which contain one kind/one color, are \$15.50.

Pre-order forms are avail-

able by calling 201-288-9460 and leaving a message.

All plants are of the highest quality. As in previous years, all plants are hand picked at the nursery by experienced gardeners. There will be other plants available along with pots of plants when pre-orders are picked up. ###

HELP WANTED

The Borough of Hasbrouck Heights is accepting applications for a full time diesel mechanic. Applications can be picked up at the Public Works Dept., 1 Plant Road, Hasbrouck Heights, NJ.

Mother's Day May 12

Thanks, Mom!

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NewARTS Kids Spring Session

Care on the Corner offers a second spring session of NewARTS Kids for children ages 5 through 11, beginning May 7, 2024.

Under the direction of Debra M. Cook, art students will develop their knowledge of artist skills using a variety of visual arts media while drawing and painting on shells, rocks, canvas, watercolor paper, oil pastels, and watercolors. NewARTS's adventures in art will be sure to inspire creativity with new mediums each week!

Session Dates:

- Monet in May: May 7
- The Art of Stone & Shell Painting: May 14
- At the Beach Painting: May 21

The classes meet on Tuesdays, 4 to 5 p.m., for 5 to 7 year-olds and Tuesdays, 5 to 6 p.m., for 8 to 11 year-olds.

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights.

Call the Care Center at 201-288-9460 to register. Space is limited to 12 children per class.

Tuition is \$80 per session and includes all materials. Scholarships are available.

Debra M. Cook is returning to teach these classes. Debra has been teaching ART to children for over 25 years. Her classes are so much fun - making art, exploring new ideas, and being creative. She imparts this joy to her students as she introduces new concepts and project ideas. She works to help each student develop the artist within them.

Debra M. Cook is a Fine Arts Instructor, Sacred Artist, Botanical Illustrator, Iconographer and Photographer. She was educated at Parson's School of Design, School of Visual Arts, NY, Botanical Garden, and the Protopon School of Iconology. Debra has taught art lessons and workshops to children, teens, and adults for over twenty-five years at her private art studio, churches, and various locations. Debra's artworks have been exhibited and awarded in shows, and her icons, drawings, paintings, and photographs hang in churches and many private collections. ###

3rd Annual Great Duck Derby May 4

The Lions Club of Rutherford presents the 3rd Annual Great Duck Derby on Saturday, May 4, 2024 (*Rain date: May 5*), from noon to 4:30 p.m. and consists of three races at 2 p.m., 3 p.m. and 4 p.m.

Individually numbered plastic ducks will be released into a man-made waterway along W. Pierrepont Avenue, near Carmita Avenue, racing to the finish line.

Those interested will "adopt" a Duck for \$5 or a Quack Pack (6 ducks) for \$25. Over \$3,200 in prizes will be awarded to the "adoptive parents" of 30 lucky duckies, with 10 winners per race. Winners do not need to be present to win. No cash equivalent prizes will be provided in lieu of the designated prizes.

The day will include fun activities, crafts and games, refreshments and the duck races. Free to attend the event. Fun for the entire family!

Questions: Contact Laura 201-893-1172. Check out the Facebook page @Rutherford-LionsClub for Duck Adoption locations. ###

HHHS 50th Class Reunion October 12

Hasbrouck Heights Class of 1974 50th Reunion will be held on Saturday, October 12, 2024, from 6 to 10 p.m., at the Elks Club.

Please sign in using this link (*whether you are coming or not*). <https://bit.ly/HHClassof1974>

You can also get more information on Facebook. Search for Hasbrouck Heights Class of 1974.

For those of you who do not have a Facebook account, email Gary Shenloogian at: GMSHEN@VERIZON.NET if you need more information.

There is a HS football game on Friday if anyone wants to get together the night before.

Please reach out to all class members and let's make this the best reunion yet! ###

HH Town-wide Garage Sale May 18, 19

A Hasbrouck Heights town-wide garage sale is scheduled for May 18 and 19, 2024, from 9 a.m. to 4 p.m.

Participation in this sale does not count towards the "two garage sales" per year ordinance. There is a \$10 fee.

Space will be made available for apartment dwellers and fund raising organizations. Participants must bring their own table.

A free map indicating all registered participants' addresses will be distributed to the shoppers. This event is sponsored by the Hasbrouck Heights Mayor's Celebration Committee. For more information, call the Borough Clerk at 201-288-0195. ###

Elvis & Patsy Cline August 7

The heavenly concert of Elvis and Patsy Cline at Doolan's, Spring Lake, on August 7, 2024 from 11:30 a.m. to 3:30 p.m.

Tony Liguori as Elvis and Patti Graham as the inimitable Patsy Cline, plus the Blue Smoke Show Band and famous comedian. Feasting, dancing, drinking, singing and more.

Cost is \$110 pp. Includes bus transportation, show and lunch. Deposit \$60 due June 1 with balance due July 1.

Menu: Open bar, garden salad, soup, choice of Sirloin of Beef, Turkey w/stuffing, Herbal Salmon, dessert, coffee or tea. Wine and soda during lunch.

Bus leaves Center at 10 a.m. and returns 5 p.m.

For more information call Cathy at 201-460-1600, Kip Center or Geri at 201-247-0122, Rutherford Golden Agers. ###

Touch-A-Truck May 18

The Hasbrouck Heights Department of Public Works is hosting a Touch-A-Truck event on Saturday, May 18, 2024, from 11 a.m. to 3 p.m., at the Central Avenue Parking lot.

See, touch, honk. Hop behind the wheel and learn about tree trucks, dump trucks, garbage trucks, skid steers, loaders and more.

There will be food, music and give-a-ways. For more information call 201-288-1072. ###

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Open Cockpit Experience May 18

The Aviation Hall of Fame will host Open Cockpit Day on Saturday, May 18, 2024, from 10 a.m. to 4 p.m.

Visitors will have the opportunity to sit in the cockpit of a very rare Lockheed Bushmaster plane, a M*A*S*H Bell 47 helicopter made famous during the Korean War.

Explore the cabin of the world's only surviving restored cockpit of the Martin 202 airliner.

You can visit inside the HH52A, U.S. Coast Guard rescue helicopter. Also, on display are the Bell AH-1 Cobra helicopter and the OV-1A Mohawk observation/attack aircraft, as well as other aviation cockpits including our newest exhibits: a General Aviation Trainer (G.A.T-1) and a Glider recently donated by Jersey Ridge Soaring.

Also popular with young people is our official Airport Rescue Firefighter Truck! For young astronauts, we have our working display of the International Space Station (ISS) along with uniforms and items used by the many Astronauts like Buzz Aldrin, Scott and Mark Kelly, to name just a few.

Admission: \$20 for adults, \$15 for seniors and \$12 for children. No discounts, Library Passes or Membership Passes can be used on Open Cockpit Days.

The Museum is located at 400 Fred Wehran Drive, adjacent to the Teterboro Control Tower. Come see why our Museum has been named as "One of the 10 Best Museums in the State of NJ." For more information call 201-288-6344 or go to: www.njahof.org ###

Rutherford Repair Café May 18

Do you have well-loved things around your house that just don't work but don't have the heart to throw them away?

Before you toss that bike with no brakes or lob that wobbly wooden chair or trash that flickering lamp, bring it to Rutherford's next Repair Café!

The Rutherford Green Team will hold its eighth Repair

Cafe on Saturday, May 18, 2024, from 11:30 a.m. to 3:30 p.m. in the basement of the Rutherford Public Library at 150 Park Avenue, Rutherford. Please enter through the rear courtyard.

At a repair café, area residents bring in non-functioning or damaged items to expert volunteers who try to fix them for free. While waiting, participants can enjoy coffee, tea, and a home-baked snack or try their hand at making crafts out of trash and recyclables.

This is a drop-in event where people are helped on a first-come, first-served basis and are encouraged to learn how to fix things themselves while reducing waste. Participants are limited to one item or two knives at a time.

Volunteers will have the necessary tools and may have some spare parts available for a nominal fee, but participants

are encouraged to obtain the necessary parts beforehand: for example, new batteries, bicycle tubes, or lamp switches.

May's repair café will have the following stations: bicycles, clothing and cloth items, small appliances, computers and electronics, cell phones, leather items, lamps, jewelry, wooden items (*furniture, picture frames, etc.*), sewing machines, small engines (*lawnmowers*), knife sharpening.

Participants with multiple items go back to the end of the line after having their first item fixed. Important: check the Rutherford Repair Café Facebook page or the Rutherford Borough website closer to the event to find out about any last-minute changes in what services will be offered.

To volunteer or for more information, contact Brian Hanson-Harding at brianhansonharding@gmail.com ###

Street Fair HH June 2

On Sunday, June 2, 2024, the Hasbrouck Heights Chamber of Commerce will once again host the Hasbrouck Heights Street Fair. The event will be held along the Boulevard, from 10 a.m. to 5 p.m., rain or shine.

The Boulevard will be transformed into a giant block party. They are expecting to attract thousands of people from the community and other neighboring towns joining them for a fun-filled day.

A Special Kids Traveling Shindig section will be brimming with all kinds of fun stuff to do. There will be kiddie rides, face painting, sand art, temporary tattoos, and much more.

Come Hungry. Some of the local eateries will be participating, with outdoor dining, along with a variety of gourmet food trucks and food vendors serving gyro, shishkabobs, zeppoles, funnel cakes, fried Oreos, sausage/peppers, cheese steaks, empanadas, kettle corn, ice cream, lemon ice, candy and nuts, sweet breads, jams, sticky buns, pizza, burgers, fried hot dogs, pulled pork, steak sandwiches, tacos, and more.

Shopping. This fair will feature over 100 exhibitors and local merchants selling products, new items, crafts and collectibles. If you like shopping outdoors, then this is the place to be.

Live Entertainment. Don't miss entertainment that is planned with music, dance and demonstrations from the local dancing schools, karate clubs and more. There will be chairs set up so you can relax, eat and enjoy the shows all day long.

Local shops and organizations please contact the Chamber by email below or contact JC Promotions for more info on how you can participate. To book a booth space go to JCPromotions.Info or email JC at events@jcpromotions.info.

For sponsorship information contact: info@Hasbrouck-HeightsChamberOfCommerce.com ###

Bicycle Safety and Car Seat Install/Inspection Day May 11

The Lodi Police Department will host a "Rolling and Patrolling" bicycle registration and car seat installation inspection day on Saturday, May 11, 2024, from 9 a.m. to 1 p.m., at Lodi Police headquarters.

Adults and teens are especially encouraged to attend.

In an effort to protect Lodi residents, the Lodi Police Department will be registering these items with a documented identifying etching. They will be giving away a free bicycle lock or a free helmet on a first come, first served basis. Proof of Lodi residency is required.

The Traffic Division will also be available to install new child car seats or perform safety checks on those installed. Proof of parental residency will be required.

For more information, call Sgt. Hernandez at 973-473-7600, Ext. 8126 or go to www.lodipd.org ###

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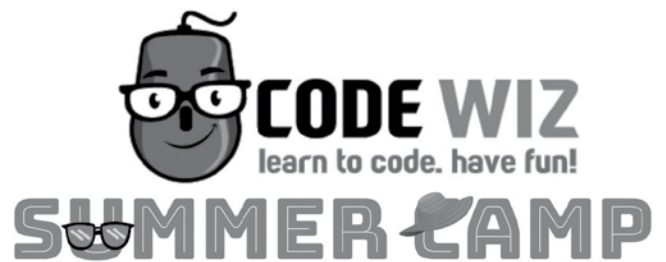
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Memorial Day 2024 Services

Carlstadt

On May 27, 2024, starting at 9 a.m., at the American Legion, Veterans will march along 3rd Street and end at Berrylawn Cemetery. Wreaths will be placed at Borough Hall and at Memorial Park on Hackensack Street.

Hasbrouck Heights

Veterans Service at 11 a.m. on May 27 at Veterans Park on Terrace Avenue. The annual service at the Firemen's Memorial at the Circle follows. Refreshments at VFW.

Lodi

May 27 service schedule: 8:30 a.m. Ambulance Corps, 9:15 a.m. Fire Department (*Kennedy Drive*), 10:15 a.m. VFW, 11 a.m. American Legion, 11:45 Police. Walkway for Peace Ceremony follows.

Little Ferry

On Saturday, May 25, 2024, at 9 a.m., there will be



Enjoy Meeting People? Become a Volunteer!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking Volunteers who enjoy meeting people.

There are 3 different Volunteer activities to choose from, tour guides, maintenance people to work on projects and new displays and computer associates to work in our rich library. We offer flexible hours and free training and support.

Visit www.njahof.org and check out the self guided tour of our Museum. For additional information, call Ralph at 201-288-6344 or email: ralph.villecca@njahof.org ###

a placing of the wreath in the Hackensack River at the end of Washington Avenue.

At 10 a.m., both the VFW and American Legion will have ceremonies at their respective posts.

On Saturday, May 25, 2024, at 11 a.m., a combined community ceremony will be held at Memorial School hosted by American Legion. Refreshments follow.

Moonachie

On Saturday, May 25, 2024, Municipal Memorial Day services will be held at the Municipal Building at 10:30 a.m. Rain or shine.

Rutherford

On Monday, May 27, 2024, there will be a small Memorial Service at 8:30 a.m. at the Union Memorial Bridge followed by "Taps" Salute at Sunset Park.

A parade will begin at 9 a.m. up Union Avenue to the front of Borough Hall.

South Hackensack

May 27, 2024, 11 a.m. at the Veterans Monument.

Wallington

On May 27, 2024 the parade assembles on Hathaway Street in front of the Church of the Transfiguration at 9 a.m. and proceeds down Union Boulevard at 9:30 a.m. to the Monument. Brief service to begin at 10 a.m.

Wood-Ridge

The Fire Department will hold their Memorial Services on Wednesday, May 22, 2024, at 7 p.m., at Fire Headquarters.

A Veterans' Service will be held 6 p.m., Wednesday, May 22, 2024 at the Memorial Walkway in front of the Senior Center at the corner of Hackensack Street and Highland Avenue. ###

They Are The Ones; We Remember

The Grand Marshal for this year is Charles Gunn, Commander of Murray-Hodge Post 453. Commander Gunn is a Vietnam Veteran, serving Rutherford for over 40 years.

On May 27, 2024, there will be a wreath tossing, gun salute, and "Taps" at the Union Avenue Bridge at 8 a.m. for our Veterans lost at sea.

At about 8:30 a.m., we will be at Sunset Park (*Raymond and Union Avenue*) for a brief program.

The Rutherford Veterans Alliance will host the Memorial Day Parade that starts at 9 a.m. from Sunset Park, travel up Union Avenue, right onto Chestnut Street, left on Ames, right onto Park Avenue to Borough Hall.

If you do not get a notification and would like to march, or ride in the parade email gungunn0345@aol.com or call 201-456-3561.

Hope to see you at Borough Hall for our program. This day is a national holiday to honor those Americans who made the ultimate Sacrifice when called to duty for their country. ###

Veterans' Service May 19

On Sunday, May 19, 2024, at 7 p.m., a Community Memorial Veterans' Service will be held at The First Presbyterian Church of Moonachie. All Veterans and emergency services personnel are most welcomed. There will be a free-will offering for the Wounded Warriors. The entire proceeds will be given in honor of the Veterans of our nation's wars. ###

Hire A Vet

Historically Speaking

By James J. Halloran



May 2024

Do You Deserve a Medal?

When I was discharged from the Army, I just wanted to get back home. I did not care about any medals that were awarded to me. Last year, in October, I reviewed my DD-214. It stated that I earned the Good Conduct and the National Defense Service medals. I never received them.

Thinking that I would like to pass them down to my grand-

children, I toyed with the idea of going to an Army/Navy store or purchasing them from an online supplier.

While I was looking online, I came across information that stated the National Archives can begin the process to receive missing medals and DD-214s.

I went to www.archives.gov/veterans/replace-medals.html. I followed the instructions and submitted the required information. I was given a case number. Using this number, I could follow the status of my request.

This past February, I received an email stating that the National Archives has authorized the US Army to issue these medals. A follow up, with a claim number, revealed that the medals are expected to be shipped in the month of June.

If you, a family member or friend deserves a medal? The service is free to Veterans. Next of kin requests depend on the service. Army, Navy and Marine Corps medals are free. Air Force and Coast Guard state that you purchase them.

If you feel that you should receive a specific medal and it is not on your DD-214, you can contact your US Congressman's office. They have staff members to assist you.

A case in point is the Korean Defense Medal. President Bush, in 2002, authorized this medal. Anyone who served in Korea for 30 continuous days or 60 intermittent days is eligible. It is awarded for the time period from July 28, 1954 to the present. Anyone who left the service before 2002, would not have this medal on their DD-214.

Speaking of the DD-214, if you lost or misplaced it, you can request an official copy.

In addition, you may request your Official Military Personnel File (AKA 201 File).

You must fill out and submit NARA Standard Form 180. This can be downloaded from their website. The instructions with the form explain where it should be sent.

However, due to a fire at the St. Louis NARA Records Center, in 1973, most of the files for Army and Air Force personnel from 1912 to 1964, were destroyed. Since 1974 there has been an attempt to reconstruct many of the damaged and burnt files. Pay records and unit morning reports still exist. ###

Gooney Bird Detachment Marine Corps League

The Gooney Bird Detachment #434 of the Marine Corps League is a non-profit Veterans organization composed of active, retired, former Marines and Navy FMF.

We raise funds to help support Veterans' causes and local community organizations such as:

- National: Marine Corps Rose Program, Toys for Tots, Marines Helping Marines

- Local: Paramus Veterans Home, Area Boy Scouts of America Eagle Program, Attend School-related Events, Parades and Ceremonies by Invitation

- Social: Chaplains Corps, Annual Marine Corps Birthday Ball

Visit our website: <https://gooneybirddetachment434.org/about> ###

Place Flags at Veterans' Graves

Joseph M. Lane Post 136 of Lodi, NJ, welcomes volunteers to remove and replace the US Stars and Stripes from the graves of Veterans buried in Lodi cemeteries.

They will meet 9 a.m. May 18, 2024 at the American Legion Hall, 41 Union Street Lodi, NJ 07644. All are welcome. This is a good opportunity to earn community service hours. ###

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Kitchen workers Lions Jimmy Love (left) and Mark Musella (right) pose with some of their pancake art.



Jennifer Ajosa with sons, Frankie (right) and Joey (lap), with Seeing Eye Puppy.



On March 12, 1912, Juliette Gordon Low formed the first Girl Scout Troop. She financed the Troop by selling her pearl necklace for \$8,000.

On March 16, 2024, WRGS Cadette Troop 97130 celebrated the 112th Birthday of GSUSA by hosting a party for all Wood-Ridge Troops.

The girls made pearl bracelets for themselves and their stuffed animal friends. They used beads in Daisy petal colors to make a birthday candle S.W.A.P. to pin on their uniforms. They also made trefoil shaped sun catchers.

After snacks and crafts, the girls enjoyed a lively dance party. *Provided by Jane Koe-gel. ###*



Members of the Wood-Ridge Lions Leo Club, and advisor Lucia DiNapoli (far right) with guide dogs in training from the Seeing Eye and their handlers.

W-R Lions Annual Pancake Breakfast A Huge Hit!

The longest continuous running event in Wood-Ridge once again proved to be one of the most popular. On a sunny, but chilly, first Sunday of Spring, almost 300 attendees enjoyed their pancakes and sausage along with a piece of Mills crumb cake.

The patrons were served by Club members who were assisted by High School Students that are part of the Lions Leo Club. The Leos also participated with children at the Easter Egg coloring table.

Also attending were guide dog puppies and their handlers from the Seeing Eye. These dogs are in the first phase of their training to become Seeing Eye Dogs. After they complete the initial training of being comfortable with crowds of people, they are placed with a family for a period of time and then final training with a blind person. If that is successful,

the dog will remain with that person.

The proceeds from the breakfast will be used by the club to help: Camp Marcella, Eversight NJ Eye Bank, St. Joseph's School for the Blind, Juvenile Diabetes Research, The Foundation for Fighting Blindness, Gus Hoene Center for the Mentally Challenged Scholarship Fund and other sight and community projects.

The Club Members are sincerely grateful for the support received from the community. If you would like to make a donation to help the club support the above projects, you may mail your donation to the Wood-Ridge Lions Club, P.O. Box 166, Wood-Ridge, NJ 07075 *Provided by Jack Nagel. ###*

Yield to Pedestrians



Cancelled Stamps

The Leisure Club of Hasbrouck Heights is collecting cancelled stamps. Please trim the stamps to 1/4 inch around the stamps. Old envelopes and postcards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/postcard. The stamps can be dropped off or sent to: **The Gazette Newspaper**, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604. *###*

Linda Sproviero's 90th Birthday Bash

On April 6, 2023, family and friends gathered at the VFW Post 4591 to celebrate Linda's 90th birthday bash. Her family planned this celebration in honor of their mother. It was lovely to meet her family and even her lifelong school friends. Linda has been a resident of Hasbrouck Heights since she was two and a half years old, attended Euclid, Franklin and graduated from HH High School. Married in Corpus Christi, a real "Townie." Is an active member of the Hasbrouck Heights Leisure Club, and avid member of the Tuesday Night Card Club. *Photo and story provided by Gladys Gamble. ###*

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"Batter's Up"

After the pandemic delay of several years, the HH Little League held its 28th Annual Pancake Breakfast on Sunday, April 7, 2024, from 8 a.m. to 12 p.m., at the VFW Post 4591 Hall on Veterans Place. The menu included pancakes, sausage, crumb cake, donuts, bagels, juice, milk and coffee. This event usually serves about 1,500 breakfasts. The Tricky Tray style auction followed from noon to 1 p.m. Photo above is the "Breakfast Crew" who made the event successful. ###

Historical Society Seeks Members

The Wood-Ridge Historical Society is actively seeking to expand Society membership. Anyone interested in the history of the Borough and surrounding communities is invited to join the Society and offer new insight and assistance in activities and programs that will broaden that interest.

It is not necessary to be a Wood-Ridge resident and there are no dues. High school students seeking community service would be sincerely welcomed.

To become a member, simply submit your name, address, telephone number and email address to cassidy@njwoodridge.org, and you will receive notification of meetings and events. ###



Linda and John Kosakowski, proprietors of **Bill O'Shea's Florist & Gifts**, welcome customers to their Spring Open House on March 23 and 24, 2024. ###

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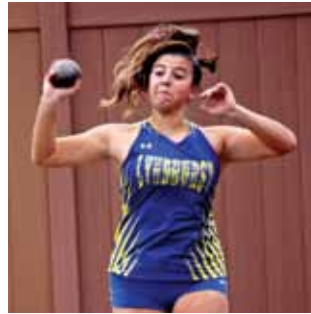
Theresa Rista, Ed Raymond, Van Martin, Tara Sassaman, VP Programs and June Raymond, President.

Songs from the 50's and 60's

On April 10, 2024, The Leisure Club of Hasbrouck Heights held its monthly meeting. 62 Members were in attendance with 1 new member joining. Van Martin was the entertainment for the afternoon with his renditions of songs from the 50's and 60's. Next month's meeting is on May 8th at 12 p.m. The entertainment will be Anthony Duke, who always brings a large membership attendance.

Remember the "Paint the Town" event on Tuesday, June 11 from 11:30 a.m. to 2 p.m. The cost is \$40 pp and \$50 with a box lunch. All supplies are included. If interested please contact Cynthiasonzogni@gmail.com. Provided by Cynthia Sonzogni ###

Heights Hosts 16th Avia



Aviator Invitational Relays



On Friday, April 12, 2024, at Gary Depken Athletic Field, the Hasbrouck Heights Jr./Sr. High School hosted the Aviator Invitational Relays. About 22 high schools and 1,200 athletes participated.

This is the 16th major invitational championship meet to be held at Depken Field since the new facilities were installed. *(The event used to be called the Twin-Borough Relays.)*

• Track events started at 4 p.m. and finished at 8:30 p.m. They included: 6,400 meter relay, 400 meter relay, intermediate hurdle relay, 800 meter relay,

3,200 meter relay, sprint medley, shuttle hurdle relay, distance medley relay and 1,600 meter relay.

• Field events started at 4 p.m. and concluded at 9 p.m. They included: pole vault, high jump, shot-put, discus, javelin, triple jump and long jump.

Participating in the All North Jersey NJSIAA Group 1 & 2 meet were 22 teams from: Becton, Cresskill, Dwight-Englewood, Glen Rock, Hasbrouck Heights, Indian Hills, Lodi, Lyndhurst, Mahwah, Midland Park, New Milford, Newton, North Arlington, Park

Ridge, Pascack Hills, Ramsey, River Dell, Rutherford, Saddle Brook, Westwood, and Wood-Ridge.

The event was headed by Rob Brady who has been the HHHS Head Track Coordinator for 29 years *(and associated with the track program for 33 years)*.

HHHS Director of Athletics, Mike Sculla, helped organize this meet with officials, team entries, etc.

All proceeds from the meet went to the Hasbrouck Heights Track Program. ###



South Bergen Fire Chief's Association Awards Group Merit Award to Secaucus FD

On Friday, April 8, 2022, at 2:34 p.m., the Secaucus Volunteer Fire Department was dispatched to 777 South Street, Secaucus, NJ 07094 (*The Elms, the senior citizens, complex*) for multiple reported smoke alarms on the 4th Floor, South Side.

Battalion 1, Lawrence Marciano arrived on the scene giving the initial size-up and establishing command. Within seconds, Car 1 (Chief of the Department), Joseph W. Schoendorf arrived on the scene and assumed command. Battalion 1

made his way to the 4th Floor to investigate the smoke alarm activations.

Upon entrance to the floor, Battalion 1 noted heavy smoke in the hallway originating from apartment 406. Ladder 1 arrived on the scene and brought forcible entry tools and a High-Rise Pack to the fire floor. After deploying the hose line, Firefighter Donald Ciecuch and Battalion 1 forced entry to the apartment, saw heavy smoke and controlled the door.

At this time, Tower 2 members, Lieutenant Victor Paone

III, and Firefighter Eric Kosky arrived on the 4th Floor. Firefighter Kosky and Firefighter Ciecuch made entry into the fire apartment and performed a primary search.

During the search, the two came across a victim within feet of the apartment door. Firefighter Kosky, Firefighter Ciecuch, and Lieutenant Paone III removed the occupant from the smoke-filled apartment, into the hallway.

Once the victim was brought to the hallway, Lieutenant Victor Paone III made the haste and appropriate decision to apply his SCBA Face Mask to the victim, supplying him with fresh breathing air.

During this action, Battalion 1 confirmed the Working Fire, assisted with victim removal, and organized fire floor operations. After bringing the victim to the nearby, south stairwell, the team was met by Firefighter Victor Paone IV, Firefighter Sean Logan, Ex-Chief Carl Leppin III, and Captain Troy Conville.

The members then brought the victim down four flights of stairs and turned the victim over to the Hudson Regional Hospital Emergency Services.

During this process, Battalion 1 was joined by Deputy 1, Fred Schneider, and several members from Engine 2, Tower 2, and Rescue 1 and extinguished the fire.

Additionally, Mutual Aid from the Lyndhurst, Rutherford, and Jersey City Fire Departments assisted with operations. Interior crews performed extensive overhaul. All units gathered their resources and manpower and were put into service.

The scene was turned over to the Secaucus Fire Prevention Bureau, the Hudson County Prosecutor's Office, and the Secaucus Police Department for further investigation. Command was terminated by Car 1, Joseph W. Schoendorf with Fire Department operations concluding at 4:29 p.m. ###



Make Connections
For information about advertising in The Gazette Newspaper call 201-288-8656

Bayonne Man Charged with Robbery, Aggravated Assault and Theft

Bergen County Prosecutor Mark Musella announced the arrest of YASSINE G. RAHI, 18, of Bayonne, NJ for robbery, aggravated assault, leaving the scene of an accident resulting in serious bodily injury, endangering an injured victim, and theft by unlawful taking.

The arrest is the result of an investigation conducted by the Bergen County Prosecutor's Office Major Crimes Unit and the Moonachie Police Department.

On Wednesday, March 20, 2024, at approximately 4:58 p.m., the Moonachie Police Department responded to Avenue C in Moonachie, NJ for a reported hit-and-run.

Responding officers located a 22-year-old victim with serious bodily injury who was struck by an unknown suspect operating a vehicle that sped from the scene after robbing the victim during a pre-arranged Facebook Marketplace transaction.

Officers learned that the victim met with the suspect intending to purchase a PlayStation 5 video game console.

The Moonachie Police Department notified the Bergen County Prosecutor's Office Major Crimes Unit, and a joint investigation was initiated.

They identified a pattern of unsolved Facebook Marketplace robberies in northern New Jersey that involved fictitious Facebook accounts sell-

ing PlayStation 5 video game consoles. The user of these Facebook accounts would advertise a sale of the video game system and arrange a meeting.

When it came time for the in-person transaction, the suspect would rob the victims.

A coordinated effort involving multiple law enforcement agencies in northern New Jersey identified YASSINE G. RAHI as the individual who robbed the victim of \$275 and struck the victim with his getaway vehicle while fleeing.

RAHI was arrested in Bayonne, NJ on April 4, 2024 by detectives from the Bergen County Prosecutor's Office, the Moonachie Police Department, the Ridgefield Park Police Department, and the Guttenberg Police Department.

Prosecutor Mark Musella further noted about such online transactions: "Whether or not you conduct an online transaction at a 'Safe Exchange Zone,' always meet in public, well-lit areas, and never meet a stranger alone. Trust your instincts - if something feels off or too good to be true, it likely is.

Additionally, report any suspicious activity or encounters to your local police without delay. By remaining vigilant and taking necessary precautions, we can help safeguard ourselves and our communities. *Provided by Bergen County Prosecutor's Office.* ###

South Bergen Municipal Joint Insurance Fund Local Towns Awarded \$20,000 for Safety Efforts

Member Municipalities of the South Bergen Municipal Joint Insurance Fund (*South Bergen JIF*) will receive Safety Awards totaling \$20,000 for their efforts and participation in the South Bergen JIF's annual Safety Incentive Program.

All 23 member municipalities participated in the 2023 Safety Incentive Program, with 20 members receiving an award for their safety efforts.

Since 1991, the JIF has reduced its accident rate from 6.35 lost time accidents per 100 employees to last year's 2.22. The safety program focuses on lowering the risks associated with municipal operations such as police, fire, public works, and recreational facilities.

Formed in 1986, the South Bergen JIF has allowed municipalities from southern Bergen County to collectively pool their resources saving taxpayers millions of dollars.

By maintaining a very low overhead and using extensive loss control, risk management and claims management techniques the South Bergen JIF has proven to be a valuable resource for towns and is one of the most successful examples of inter-local cooperation in the history of the State.

South Bergen JIF Safety Committee Chairman, Robert Kakoleski (*Rutherford Borough*), emphasizes the importance of the Safety Program and that it was a privilege for municipalities in southern Bergen County to be associated with the JIF while realizing millions of dollars in savings over the past 38 years.

South Bergen JIF Executive Committee Chairman, Gregory Franz (*Edgewater Borough*), points out that having a strong Safety Program not

only benefits the municipalities by keeping employees safe, it continues to provide safety generated savings for the taxpayers.

Municipalities who are members of the South Bergen JIF achieved various Safety Awards by conducting safety meetings, safety training and by completing investigations after an accident has occurred in order to identify corrective action to prevent future occurrences.

Previously, the Executive Safety Committee honored the memory of one of the JIF's founding fathers by naming the 1st Place award the Victor M. Gardella Memorial Award. This year's safety award winners include:

Victor M. Gardella Memorial Safety Award

Edgewater	\$1,300
Fairview	\$1,300
Fort Lee	\$1,300
Hackensack	\$1,300
Little Ferry	\$1,300
Lyndhurst	\$1,300
North Arlington	\$1,300
Ridgefield Park	\$1,300
Rochelle Park	\$1,300
Saddle Brook	\$1,300
S. Hackensack	\$1,300
Wood-Ridge	\$1,300

Gold Award Winners

Carlstadt	\$750
Elmwood Park	\$750
Lodi	\$750

Silver Award Winners

Bogota	\$475
Maywood	\$475
Palisades Park	\$475
Rutherford	\$475

Bronze Award Winner

Englewood Cliffs	\$250
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Medicare/Medicaid Fraud, Waste, Abuse May 2

Don't be a victim. Become educated on how to protect yourself against Medicare/Medicaid fraud, waste and abuse, 11 a.m., Thursday, May 2, 2024, at the Kip Center, Rutherford.

Guest speaker is Joel Schneider, SMP Outreach Specialist. For more information call 201-460-1600. ###

Meet The Nurse

Enjoy a solo piano concert and meet Jane Galligan, R.N. and her daughter to learn more about Senior Helper's Services at 10:30 a.m., June 4, 2024, at the Kip Center, Rutherford. Door prize. 201-460-1600. ###

Come Sing With Us, Leave Your Stress Behind

To all would-be singers, there is a choir waiting for you in nearby Carlstadt. The year is still young to do what you have always wanted to do. Join us.

The Carlstadt Mixed Chorus is celebrating their 91st Anniversary this year and are seeking new members to continue the tradition.

Our repertoire includes songs with German and English lyrics and ranges from the classics like Beethoven, Mozart, Strauss to evergreens, Broadway and popular tunes.

We meet once a week on Tuesdays, from 7 to 9 p.m., for rehearsal and socializing afterwards.

For more information please contact Ingrid at Ingridwehrhahn11@gmail.com or call 201-391-8765. ###

Bergen County LGBTQ Seniors Meet May 14, 20, 17

Bergen County LGBTQ+ Alliance (BCLA), a non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday and the third Monday of each month in person and the third Friday virtually. All meetings begin at 11:30 a.m.

The next meetings are on Tuesday, May 14, Monday, May 20 and Friday, May 17. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford and the Monday meeting will be held at CoZie Café, 14-25 Plaza Road N (Radburn Plaza Building), Fair Lawn. Light lunch will be served at the in person meetings.

Contact us at Nick@bergencountyLGBTQ.org or 201-470-8946 for info and/or the link. ###

S. Hackensack Seniors

The South Hackensack Seniors Club meetings are held the 1st Thursday of each month at 1 p.m. at the senior center. Refreshments are served. Bingo is every Tuesday at 5:30 p.m. New members are welcome. For more information contact rodriguez2002@hotmail.com ###

Grief Support

GriefShare is a support group that meets weekly to offer help and encouragement after the death of a spouse, child, family member or friend.

They meet Monday evenings at 7 p.m. at Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights.

For more information call 201-288-4139, ext. 2, email BBCGriefShare@gmail.com or go to: www.griefshare.org ###

Rutherford Golden Age Club May 28

The Golden Age Club of Rutherford meets the 4th Tuesday of each month at Tamblin Field Civic Center, 30 Woodland Avenue.

Join us at noon for coffee and refreshments on May 28, 2024. The meeting begins at 1 p.m. Our speaker will be from the Alzheimer's Association.

For more info call Gerry, 201-935-2937 or Micki, 201-997-5041. ###

AARP Chapter #2015 Lodi

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Citizens Building, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. 2024 dues are \$10 for the calendar year (January 1 to December 31). National AARP membership is required. For membership information contact Stan at 973-779-8544 or email aarp.2015.lodi.nj@gmail.com.

• May 1: Bus trip to Wind Creek Casino, Bethlehem, PA, leaves from the Lodi Boys Club, 460 Passaic Avenue, at 9:30 a.m. Tickets are \$35 (comp return by casino of \$25). For info contact Ann at 973-249-2950 or Kathy at 973-779-8544.

• May 21: Entertainment provided by the music students of the Felician School for Exceptional Children directed by Barbara Giaquinto.

• June 18: Regular monthly meeting. Bergen County Sheriff's Department K-9 Unit demonstration.

• July 16: Regular monthly meeting. Bill Wright, Community Outreach, New Bridge Medical Center. "Emergency Preparedness and File of Life."

Provided by Kathleen Zalenski. ###

Little Ferry Seniors Club New Address

Meetings are held the second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m. All meetings and games are held at Little Ferry Senior Center at our new address at 250 Mehrhof Road. New members are always welcome. Dues are \$15 per year, per person. For more information, call Mary at 201-686-8424. ###

ER Seniors

Any East Rutherford senior resident, 50 years or older, is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Raynette for trips at 201-726-3604. Payment must be received 2 weeks prior to an event. All trips leave and return to CVS Parking Lot, Paterson Avenue, East Rutherford.

• May 2. Hunterdon Hills Playhouse. "Beehive." Lunch. Bus departs 9:30 a.m. \$85 pp.

• June 17. LiGreci's Staten Island. "Let the Good Times Roll" Tribute to Billy Joel the Piano Man, Carol King and Roy Orbison. \$72 pp. One hour open bar, lunch meal choice. Bus departs 10 a.m. Returns 3:30 p.m.

• August 7. Resorts World Catskills. King in Concert Elvis Tribute. Buffet lunch. \$65 pp. Bus departs 9 a.m. Returns 4 p.m. Must sign up by July 18. ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games and Mexican Train/dominos.

Trips

All trips leave from the upper parking lot at Lester Stagg Way and Garden Street. Arrive 15 minutes before. Money for trips will be collected first meeting of the previous month. Call Helene at 201-463-3000 for details.

• May 29. Villa Roma. Activities + Show. John Denver/Olivia Newton John. \$70 pp.

• June 13. Papermill; Beautiful; Carol King. Sofia's Fine Italian. \$97 pp.

• July 2. SurfFlight Black Whale Restaurant. South Pacific. \$74 pp. ###

Chore Program Helps Seniors and Disabled Persons

Do you need home repairs but can't afford them? Rebuilding Together North Jersey, has helped hundreds of qualified households.

If you are in Bergen or Passaic County, you can apply for help. Incredible, dedicated volunteers, including skilled tradesmen, do critical home repairs and disability modifications -- at no cost.

They have helped homeowners by providing important safety features, such as grab bars, handrails, bathroom modifications, fire/carbon monoxide alarms, or wheelchair ramps.

These volunteers have done electrical repairs, drywall repair, water damage repairs, window replacements, trip and fall hazard removals, deck/step replacements, debris removal, or yard work.

To apply for assistance or receive more information, call 201-447-8886 or email info@rtnorthjersey.org You can also learn more or apply to the program online by visiting rtnorthjersey.org ###

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Artful Thinking

By Artie Maglionico • Lodi Historian

May 2024

Whenever the month of May arrives I find myself day-dreaming about the year 1961 and the girl with red hair. I can still recall, though it was many yesterdays ago, seeing her for the first time at the Columbus School playground. The image of her carrot red hair capturing rays of sunlight in those soft angelic curls lies buried in my mind and re-surfaces every May.

Yes folks, I've written about her on numerous occasions yet each time that I reach out to her seem like the first time. I was a shy 12 year old boy on the verge of replacing childhood ideals for an ever demanding reality.

With that in mind I'm going to take us back to those days of innocence one more time and sort of spread the memories out across the summer months like orange marmalade over a buttered bagel.

I'm going to include poems from my book called "The Poetry of Westervelt Place" and attach a story to each one of them. From Lou Albano's corner store to Benny the shoemaker and everything in between.

We are going to return to those legendary kids from Westervelt Place and the days before Childhood innocence gave way to experience. Hopefully, this will make for some interesting summer reading.

I know that many of you enjoy these trips into the past especially if you're of the baby boom generation. I guess we all had our own "Westervelt Place" and have taken more than a few return trips whenever the opportunity presented itself. In order to explain it, you had to live it. In order to write about it, you have to know it and let it go. To write about what once existed and now has ceased to exist becomes a heart wrenching, emotionally draining experience.

To see those faces, to hear those voices, to walk those fields and pathways only to re-

alize that it's all gone makes for a sentimental journey through time. Well folks, I'm about to make that journey and you are more than welcome to tag along.

Bring a box of tissues with you just in case. I'm going to begin with the opening poem of my book simply called...

The Kids from Westervelt Place

We were the reason for universal expansion.
We were the joy we sought.
One with each other
Going separate ways
Living out our days
Till night fell.

Sooner or later night falls for all of us. As a youngster you seldom, if ever, think about your own mortality. The daylight hours are long and busy with the celebration of life.

Long though those days are you want them longer still, because there is a faint voice in the recesses of your mind telling you that life as you know it, is going to change. You are reminded of this when you listen to your parents reminisce about their own childhood memories.

The inevitability of change becomes more apparent as the years take you away. It happens when, from out of nowhere, the word "remember" shows up in your vocabulary.

By the year 1964 the kids from Westervelt Place were already remembering. We'd sit on the step in front of the corner store and remember when Farnham Avenue was a dirt road and we used to roll down those lofty hills in refrigerator boxes.

That was before the road was paved and lined with homes and the grassy hills were flattened by the heft of progress. But that came later.

For the time being we were protected by an imaginary wall that was kept intact by our parents who once built a wall of their own. Their protective wall was shattered by the ravages of a great depression and the dark clouds of WWII.

They had to grow up in a

hurry which is probably why they let us hide behind that wall for as long as possible which in the end wasn't that long.

We were so busy creating our own enjoyment that it came as a surprise when first we noticed that the future was fast approaching and we, unknowingly, were making room for it.

The years leading up to those changes were rich with dream stuff and fairy tales that were squeezed into every hour of our lives and, like the coffee commercial used to advertise, was "good to the last drop."

So folks those are the years I'm going to focus on at least for the time being. I'll deal with those changes as we get closer to the end of summer. For me and the kids from Westervelt Place the summer of '61 had universal significance. It marked beginning stages of the end of innocence. We'll get there eventually.

We, all of us, have been down many roads in our lifetime haven't we folks? We're reaching the point where we can go no further. The time will come when there is nothing ahead of us except eternity.

Down Many Roads

By Artie Maglionico
My spirit traveled many roads and met me on but one.
I ventured there unknowingly beneath a tired sun.
I didn't realize I was lost
Till I saw my spirit there
Waiting with a patient God for my body to appear.
I looked deep toward my surroundings then looking back at me were the faces of my loved ones from eternity.

I didn't come here to depress you rather to remind you that we are all on the same journey. Sure some of get lost along the way and some reach the end of the trail ahead of us. If we look hard enough and deep enough we'll see them again waving at us with open arms.

We found our way. Eventually we all do. Even the kids from Westervelt Place. ###

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Filling You In

By Jeffrey E. Mason, DMD, FAGD.

Do you have Dental Anxiety?

Going to the dentist can cause anxiety, and that's a normal reaction.

It's estimated that between 15 and 40 percent of people are affected by dental anxiety. If not addressed, dental anxiety can lead to unnecessary oral health problems as a result of avoidance behavior, which can ultimately lead to more

time spent in the dental chair to receive more extensive and potentially costly treatment.

Why do people experience dental related anxiety?

There are many causes of dental anxiety:

- The fear of pain
- Feeling as if you are not in control or are helpless
- Feeling embarrassed about the condition of your teeth

- Recalling your own past experiences or the experiences of your family and friends
- The fear of needles, drills and gagging
- Anticipating costly and/or extensive treatment

What can I do to alleviate dental anxiety?

• Talk with your dentist. He or she can help dispel any negative or frightening perceptions you may have. Having an understanding of your dental health and the dental services or treatment that you and your dentist have discussed and decided upon will help to relieve dental anxiety. Ask questions,

and request informational materials.

- Avoid caffeine and sugar before a dental appointment; they may make you anxious.
- Schedule dental appointments early in the day, before you have the chance to become stressed or rushed.
- Focus on relaxing. Breathe regularly and slowly during the procedure. When you are nervous you tend to hold your breath, which decreases oxygen levels and further increases feelings of panic.
- Use hand signals to inform the dentist when you are uncomfortable.

Alternatively, there are

medications or sedation which can help only if the previous strategies are unsuccessful.

Regular six-month preventive checkups help detect oral health problems early and acquaint you with the dental office and procedures you may feel anxious about.

Remember: When it comes to dental anxiety, knowledge is the greatest defense.

Ref: *Academy of General Dentistry 2017.*

Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com



Footnotes

By Dr. Kenya Lazovik, DPM

Prevent Your Child From Getting Painful Ingrown Toenails

Parents can prevent this common childhood foot problem by following some simple recommendations.

Ingrown toenails are one of the most frequent conditions we treat in children. Many kids hide their ingrown toenails from their parents, even though the condition can cause significant pain. An ingrown nail can break the skin and lead to dangerous infections.

Most podiatrists agree that tight shoes, tight socks and incorrect nail trimming for most cases. In others, the children may inherit the tendency for nails to curve or had previous trauma to the nail.

Teach children how to trim their toenails properly. Trim toenails in a fairly straight line, and don't cut them too short.

Make sure children's shoes fit. Shoe width is more important than length. Make sure that the widest part of the shoe

matches the widest part of your child's foot.

If a child develops a painful ingrown toenail, reduce the inflammation by soaking the child's foot in room-temperature water and gently massaging the side of the nail fold.

The only proper way to treat a child's ingrown toenail is with a minor surgical procedure at a doctor's office. Parents should never try to dig the nail out or cut it off. These dangerous "bathroom surgeries" carry a high risk for infection. Your doctor may prescribe antibiotics to children with infected ingrown toenails.

If your child develops an ingrown, don't hesitate to contact your local podiatrist for help.

For further information about ankle fractures and sprains or other foot and ankle problems, contact Dr. Lazovik, Dr. Dayana Sawh or Dr. Rana Moses at North Jersey Foot & Ankle Center at 862-233-8438. www.NJfootandankle.com ###

Mental Health Awareness Month

May is Mental Health Awareness Month. While it was first recognized in 1949, it has never been more pertinent than now to recognize the role mental health plays in our overall well-being and the value in raising awareness and helping those in need receive treatment.

What is Mental Health Awareness?

Mental Health Awareness Month was originally established by the Mental Health America organization and is recognized during the month of May.

It was created as a way to educate the public about mental illness, raise awareness surrounding research and treatments, reduce the stigma associated with mental illness, and celebrate recovery from mental illness.

Because of misconceptions and stigma surrounding mental health issues, people often suffer in silence and don't seek treatment for their conditions.

Mental health awareness is an important initiative to improve understanding of mental health conditions and increase access to healthcare for those

who need it.

What is the importance of Mental Health Awareness?

Whether or not someone personally suffers with a mental health issue, Mental Health Awareness helps people recognize the ways mental illness impacts their lives, educates people about available services, and highlights ways to advocate.

Recognition and education are important ways to remove the stigma associated with mental illness. Awareness creates a time and space to start a conversation. Talking openly about mental health can reduce the misconceptions and stigma, and can encourage those who are suffering to seek help and find a support network.

It's important for caregivers, friends, and loved ones to understand the impact that mental health has on daily life. Mental Health Awareness Month provides education about the reality of living with a mental health condition - while it can make life more difficult, it doesn't have to stop someone from having a fulfilling life. When people are better edu-

cated on these conditions, they can better support and help someone dealing with a mental health issue.

Who can benefit from Mental Health Awareness?

Everyone! Nearly one in five adults in the US has a mental health condition. But that one person has family, friends, and others whose lives are touched by their condition, even if they don't themselves suffer from one.

You might be surprised by the prevalence of mental health conditions in adults in the US:

- 48 million have an anxiety disorder
- 21 million have major depression
- 9 million have post-traumatic stress disorder
- 7 million have bipolar disorder
- 3.5 million have borderline personality disorder
- 3 million have obsessive compulsive disorder
- 1.5 million have schizophrenia

Mental Health Awareness helps those with a condition overcome the stigma and get access to treatment. It helps their friends, family, and loved ones better understand their condition and connect with support networks.

If there is someone in your life struggling with their mental health, the best thing you can do is reach out and start a conversation.

Educate yourself on the realities of living with mental health issues and confront any feeling of stigma or judgment you may have. Just supporting those in your life can spread the message of awareness and acceptance. ###

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Real Estate Insight

By Mary Ellen Courtney

What a Realtor Does; the Nuts & Bolts...

What, you ask, is a typical day like for a real estate agent? Good question! Ask anybody who's not really in the industry and they'll probably respond with something along the lines of "well, they list and sell houses."

And, of course, that would be the agent's ultimate objective towards making a living in this business. But, for us realtors, a typical day requires tackling a multitude of small objectives in order to reach those bigger goals.

There are dozens of things that an agent does in an average day but, frankly, all of it – every task – is always focused on one primary goal: building the agent's brand and business.

Sure, agents handle things like assisting their clients in buying and selling properties but they're also laying the groundwork for their own future in the industry. This is

necessary because every agent is a separate and independent business entity whose daily work endeavors are devoted to growing personal reputation and brand.

With that in mind, let's take a look at the main activities in an agent's typical day.

• **Market Research.** Knowing one's local market well is critical for a real estate agent and a typical day will involve regularly reviewing properties for sale.

In today's frantic market where a 'pool' of properties available to show potential home buyers is virtually non-existent, the ability to quickly recognizing price and value is key towards providing timely, pertinent advice. The best agent is always well informed and ready to deliver meaningful guidance when needed.

• **Online and Media Presence.** A good website and strong media accounts will act to display what makes the agent's qualifications special, providing a showcase for list-

ings, testimonials, statistics, and even blog knowledge to potential clients. Savvy agents know what the digital world can offer them and how it can make one thrive in a very competitive field where every client matters.

• **Administrative Duties.** There is plenty of it for the real estate agent. Managing paperwork, responding to emails, texts and calls, completing real estate documents, creating promotional materials and listings, developing marketing plans, data entry, etc., etc. This isn't the most interesting part of the vocation but – like in any business – it's necessary to the core of things.

• **Lead Generation.** Marketing efforts will help with this but most successful agents will spend a part of their day generating leads through their sphere of influence, networking, contacting possible sellers and potential buyers, sending out emails and text messages – all to create business for tomorrow, for next week, for next month...

• **Working with Clients.** This might entail preparing a seller's property listing, taking photos & video, writing ads, and perhaps even staging the

home to ensure that it looks its best. Buyers' agents will determine their clients' needs, educate them on market conditions, the logistics of the buying process and, of course, show them properties.

• **Continuing Education.** Just like other professionals – doctors, attorneys, engineers – real estate agents have to continue their education on a regular basis. Licenses have to be renewed regularly and continuing education credits have to be earned periodically to ensure that the agent is always up to speed on technology, ethics, trends, regulations and the like - all necessary to the trade.

So, as you can see by this brief overview, a typical day for a real estate agent may be anything but typical. The truth is that every day has its own

unique challenges and tasks. There are a lot of responsibilities to juggle – which is, frankly, what makes a career in real estate so interesting and fresh for so many people. Simply put, if you're thinking of a career change, real estate could well worth considering. A typical day in this business could end up being more rewarding than even your best day in your current field.

If you'd like to know more, give me a call...

Are you thinking of buying or selling? For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O'Connor Realtors' Gateway Group, 201-288-0004. She and her professional team work hard to insure maximum results with minimum stress!

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Pray for Peace

PRAYER TO THE BLESSED VIRGIN

(Never known to fail) Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are some that can withstand your power. Oh, show me herein you are my mother.

Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal.

You who gave me the gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine.

The person must say this prayer three consecutive days. After three days, the request will be granted. This prayer must be published after the favor is granted. **N.M. ###**

Pray for Peace

Blue Mass May 5

Church of the Assumption of Our Blessed Lady in Wood-Ridge will be holding its eighth annual Blue Mass for all the men and women in law enforcement, 11 a.m., on Sunday, May 5, 2024.

A Blue Mass is a Mass celebrated in the Catholic Church for those employed in the "public safety field" (i.e., police officers, firefighters, correctional officers, 911 operators and EMS personnel). The Mass will recognize the sacrifice and dedication of all those who serve in law enforcement, fire and first responders both in Wood-Ridge and throughout other departments.

This Mass will be held in person as well as "Live-streamed" which can be viewed at <https://www.facebook.com/ASSUMPTIONCHURCHWOODRIDGE>.

Coffee, tea and assorted baked goods will be served after the Mass in the Father Patrick Morris Hall.

The Mass will be celebrated by Father Joseph A. D'Amico, Pastor, Saint Anas-

tasia Church, Teaneck, NJ and Co-Celebrant Father Ronnie Nombro, Pastor, Assumption Church, together with Father George Gillen, Assumption Church. Father Joe D'Amico, who has accepted our invitation for a fourth year, comes from a family of police and firefighters. Father Joe, who grew up in Brooklyn, NY serves as the Director of Prison Ministry for the Archdiocese of Newark.

This annual event is coordinated by Council President & W-R Police Commissioner Ezio Altamura whose vision it is to honor our police, on this day and every day.

Council President Altamura stated, "This Mass is an opportunity for our community to come together each year and show gratitude to our first responders and their families for all they do for us, this day and always."

Council President Altamura wishes to thank Father Joe D'Amico, Father Ronnie Nombro and Father George Gillen, Music Minister and technical coordinator Gabe Valle and Rose Lepore from Assumption Church for all their efforts to make this event a success.

A special thank you to Retired Fair Lawn Police Captain Robert Kneer who also serves as the New Jersey State Honor Guard Commander for leading the police procession. Captain Kneer is a longtime personal friend of over 50 years to Council President Altamura.

Let us always keep in our prayers our local first responders, Police Chief Michael O'Donnell and Fire Chief Kevin Cribben, and all of their men and women who selflessly serve the people of Wood-Ridge and our great country. **###**

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower



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Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. bccls.org or www.carlstadtlibrary.org Registration required unless noted.

• **Planting a Victory Garden.** Wednesday, May 1, 6:30 p.m. Join the Library and Anthony Bracco of Bracco Farms, at the Carlstadt Community Garden, (at the corner of 7th Street and Division Avenue). Learn the history of Victory Gardens and how their sustainable and natural growing methods can be applied to your backyard garden. Weather permitting.

• **Paper Quilling for Adults.** Thursday, May 2, 7 p.m. Join Ajita at the Carlstadt Library, to learn the art of paper quilling. Participants create a decorative letter using quilling techniques. Bring a pair of tweezers to class, all other materials will be supplied.

• **African Mask Making.** All ages, Saturday, May 4, 11 a.m. Participants will create a one-of-a-kind mask while listening to stories from the Kingdom of Benin. All materials provided. Family participation encouraged. Children must be accompanied by an adult.

• **Beginner Yoga with Onika.** Mondays, May 6 and 20, 10:15 a.m. Bring a yoga mat. Register for each session.

• **Creative Aging Initiative - Floral Arts.** Adults, ages 55 and older, floral arts classes on Tuesdays, May 7, 14, 21 and June 4, 11 at 1 p.m. Led by a

certified horticultural therapist. Includes floral arranging and horticultural crafts. No prior experience necessary. All materials supplied.

• **Author Visit - Zoom.** Acclaimed author, Kirthana Ramiseti, on Wednesday, May 8, 7 p.m. discusses her best selling novel and Good Morning America Book Club pick, "Dava Shastri's Last Day."

• **Mother's Day Cookie Decorating.** With Stephanie from Steph's Baking Boutique. Learn how to decorate cookies like a pro and leave with some delicious treats. Thursday, May 9 at 7 p.m. All materials supplied.

• **Creating a Compelling College Application- Zoom.** Tuesday, May 21, 7p.m. Learn how to use summer productively to create a compelling college application.

• **Cook the Books! - Cookbook Club.** Wednesday, May 22, 7 p.m. A different cookbook is selected each month. Participants prepare a dish to bring for members to sample. This month's Club pick is "Love & Lemons Simple, Feel Good Food" by Jeanine Donofrio.

• **Government Benefits.** By Ryann M. Siclari, Esq., LL.M, Thursday, May 23, 7 p.m. Topics such as Medicaid, Prescription Assistance for Aged and Disabled, Medicare Savings Plans and Jersey Assistance for Community Caregiving will be discussed.

• **Movie Madness.** Tuesday, May 28, 1 p.m. "Oppenheimer." Run time 3 hours, with a 15-minute intermission at the 90-minute mark, and pizza will be served.

• **As the Page Turns - Adult Book Club.** "Only the Beautiful" by Susan Meissner. Wednesday, May 29 at 7 p.m.

• **Storytime at the Library with Miss Tammy.** Wednesdays, May 1, 8, 15, 22 and 29 at 11 a.m. For ages 6 months to 5 years.

• **Music with Miss Nita at the Library.** Thursdays, May 2, 9, 16, and 30 at 10:15 & 11 a.m. Babies, toddlers and preschool children will enjoy songs, rhymes, movement and instrument play.

• **Yoga Storytime with Miss Toni.** Toddlers and preschool children ages 18 months to 5 years old. Tuesdays, May 14 and May 28 at 10:30 a.m. Explore a world of stories along with child-centered yoga poses.

• **Ceramics Painting with The Spotted Canvas.** Ages 11 to 14 years old, Monday, May 6 at 6:30 p.m. Participants will paint a ceramic piece of their choice with an instructor from The Spotted Canvas of Maywood.

• **Lego Building.** Ages 5 to 14 years old, Wednesday, May 15 at 4 p.m. Lego bricks will be provided.

• **1,000 Books Before Kindergarten.** An initiative to encourage families to read 1,000 Books Before Kindergarten. Reading together creates lifelong memories and helps develop pre-literacy skills.

Children who are read to at an early age have larger vocabularies and are more successful in school. 1,000 Books Before Kindergarten is a fun, free way to start your child on the path to success! Children from birth to 5 years old can participate. ###

provided.

• **Bright and Early Storytime.** Friday, May 3, 10, 17, 24 at 10:30 a.m. Start your day off on the right foot by listening to a fun story!

• **Monday Afternoon Book Club.** May 13 at 2 p.m. We'll be reading "The Kill Artist" by Daniel Silva. Copies are available for pickup. New members welcome!

• **Crafternoon.** Tuesday, May 14 and 21 at 3:30 p.m. A fun crafting afternoon where you create an activity that is display worthy! Program is for children ages 5+.

• **DIY Rock Photo Holder.** Thursday, May 16 at 6:30 p.m. With a personally customized rock and some copper wire we will make a photo holder.

• **"Beyond the Bookshelf" Book Club.** Wednesday, May 22, at 6 p.m. We will be discussing the classic novel, "The

Spy: A Tale of Neutral Ground" by James Fenimore Cooper. Stop by the Library to pick up a copy or check Hoopla for an eBook or eAudiobook version. New members always welcome!

• **Children's Pajama Storytime.** Thursday, May 23, at 5 p.m. Come in your pajamas, listen to a story, and then do a fun craft inspired by the story!

• **Scrabble Club.** Thursday, May 30 at 6 p.m. Test your vocabulary by playing Scrabble.

• **Children's Take Home Craft Kits** will be available the 1st and 3rd Friday of the month! Grab one while supplies last!

Be sure to check the Library's website for more details on these programs and to see what other great activities and events we add in May!

Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Library's hours of operation are as follows: Mondays 10 a.m. to 6 p.m., Tuesdays through Thursdays 10 a.m. to 8 p.m., Fridays from 10 a.m. to 5 p.m., Saturdays from 10 a.m. to 2:30 p.m.

Return Library materials in the book box at the rear of the Municipal Building. Registration is required for all programs unless otherwise noted. Any child under the age of 9 must be accompanied by an adult at all times.

The Library Board and Administration are asking for your support to help maintain the role of the Library for its traditional purpose (*to do homework, research, use of the computers, or reading*) after school.

• **2024 Membership Drive.** The Friends of the Library Membership Drive: renewal information or new members signing up make a difference! For details, inquire at the front desk.

• **Wreath-Making Group Meetings.** Get ready crafters! Wreath making has begun for the Friends' popular Wreath Raffle Fundraiser. Call 201-288-5371 to join.

For CHILDREN

• **Happy STAR WARS Day!** Stop by the Children's Desk on Friday, May 3 and pick up a Star Wars-themed craft to take home while supplies last. May the 4th Be with You! Families welcome.

• **Storytimes.** Spring Session runs through May 16. Programs may be full and a waitlist is available.

- **Tiny Tots (ages 6 months - 2½ years)** Choose ONE session: Session 1: Mondays, 11 to 11:30 a.m., through May 13. Session 2: Tuesdays, 11 to 11:30 a.m., through May 14. Session 3: Thursdays 11 to 11:30 a.m., through May 16.

Stories, songs, and playtime for our littlest patrons and their caregiver.

- **Book Buddies (ages 2½ - 4½ years)** Wednesdays, 11 to 11:30 a.m., through May 15.

Stories, fingerplay, activities, and a simple craft.

• **Read-to-a-Dog.** Thursday, May 2, 6 to 7 p.m. Oscar is ready to listen! Come get some reading practice in.

• **Saturday Storytime.** May 4, 11 a.m. Spend family time together with the HH Jr. Women's Club. All are welcome.

• **Saturday Storytime.** May 11, 11 to 11:30 a.m. Spend

family time together with Ms. Maureen!

• **Kids' Book Club (Grades 3-4-5).** Friday, May 31, 3:30 to 4:30 p.m. We'll discuss a book, do an activity, and share a snack. May's book is "Planet Omar: Accidental Trouble Magnet" by Zanib Mian.

• **Book Bingo.** Wednesday, May 29, 4 to 4:30 p.m. We've replaced the BINGO board with some of our favorite book characters. Can you get 5 in a row? Best for Kindergarten and up.

• **Evening Storytime.** Tuesday, May 28, 6 p.m. The whole family is welcome to wind down the day with an all-ages storytime.

• **Little Artists Spring Craft.** Friday, May 17, 3:30 p.m. Create a butterfly sun-catcher. Best for elementary grades and up.

• **Lego Club.** Wednesdays, May 8 & 22, 4 to 5 p.m. We'll provide the bricks, you supply the ideas.

• **Game Lounge Tournaments:** Think you've got what it takes to be the best? Come play and battle for bragging rights!

- Super Smash Bros., Tuesday, May 14, 3:30 to 5 p.m. (best for ages 8 and up)

- Mario Kart, Thursday, May 23, 3:30 to 5 p.m. (best for ages 6 and up)

• **Chess Club.** Wednesday, May 15, 4 to 5 p.m. for experienced player or to learn the basics, Grades 2 and up.

For TEENS

• **Let's Make: Candy Sushi.** Monday, May 13, 4:30 p.m. Nothing fishy about this treat. We'll provide all the sweet supplies needed to create candy "sushi." For Grades 5 and up.

• **Teen Book Club.** Monday, May 20, 5 p.m. Join us once-a-month for book chat, activities, snacks, and more. This month we're reading reading "Betting on You" by Lynn Painter.

For ADULTS

• **Friday Movie Matinee.** "The Art of Racing in the Rain" (2019)." Friday, May 17, 1 to 3 p.m. Refreshments.

• **Crafts-to-Share Club.** Tuesday, May 14, 6 to 8 p.m. Wednesday, May 22, 1 to 3 p.m. In-person and on Zoom.

• **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom at 7 p.m., May 28. "The Plot" by Jean Hanff Korelitz.

• **English Conversation Practice Group.** Intermediate Level or above. No Drop-Ins. Must apply. Mondays and Saturdays at 10 a.m.

• **Online Learning Platform UDEMY.** Connects patrons to video-based courses taught by leading experts in business, technology, etc. ###

Wallington Public Library

Wallington JFK Memorial Library, 92 Hathaway St. Wallington, NJ 07057. 973-471-1692. www.wallingtonpubliclibrary.org Registration required for all programs unless stated.

• **American Mah-Jongg Lessons for Beginners.** Thursdays, May 2, 9, 23, and 30 at 2:30 p.m. Come learn to play American Mah-Jongg with expert instructor, Stacy Budkofsky. Lessons are a two hour class once a week for five weeks. You must be able to attend all 5 lessons.

• **Mother's Day Fruit Bouquets.** Thursday, May 2 at 4:30 p.m. Kiddos, 6 years old and above, come make bouquets out of fruit to give to your caregiver! All supplies are

Rutherford Public Library

Rutherford Public Library, 150 Park Avenue, Rutherford NJ. 201-939-8600. rutherfordlibrary.org, [facebook.com/rutherfordpubliclibrary](https://www.facebook.com/rutherfordpubliclibrary) and [twitter@Rutherford_pl](https://twitter.com/Rutherford_pl).

Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 a.m. to 6 p.m., Saturdays 10 a.m. to 4 p.m. The Library will be closed on Saturday, May 25 and Monday, May 27 for Memorial Day.

The following programs require registration. Visit rutherfordlibrary.org/events

• **The Art of Listening: An Indian Classical Music Appreciation Workshop** Celebrate Asian American and Pacific Islander Heritage Month with a brand new music workshop from Kulture Kool, Saturday, May 4 at 1:30 p.m. Indian classical music is one of the most evolved and intelligent genres of music, often found mystifying by those who don't understand its dynamics and structure (*think jazz or Western classical music*). Once you understand it, it's very enjoyable and soulful and transcends language barriers. Refreshments from 1:30 to 2 p.m. Workshop begins at 2 p.m. Plenty of time for Q&A. Geared towards teens and adults.

• **All About Artificial Intelligence.** Curious about artificial intelligence (AI)? Join us Monday, May 20 at 6 p.m. Presentation will introduce you to AI and its real-world applications. Our presenter will showcase ways AI is applied in different industries and provide a glimpse into some of the most exciting AI programs and platforms ranging from language AIs to text-to-image AIs, text-to-video, text-to-music, etc. At the end of the presentation, attendees will come away with a deeper understanding of how AI works, its impact on various

industries, and possibilities for the future of technology.

• **Green Team Repair Cafe.** Throw it away? No way! Volunteer experts will be on hand on Saturday, May 18, from 11:30 a.m. to 3:30 p.m. to help you repair bicycles, clothing, computers, small engines, small appliances, knife sharpening, sewing machines, lamps, and picture frames.

Volunteers will have the right tools, but, if possible, please bring any necessary parts. One item or two knives at a time. Service is first-come, first-served. Please direct any questions to greenteam@rutherford-nj.com.

• **Author Talks.** Three New York Times Best-Selling Authors:

- Douglas Brunt, Wednesday, May 1 at 3 p.m., bestselling author of "The Mysterious Case of Rudolf Diesel"

- Nina Simon, Wednesday, May 8 at 7 p.m., author of "Mother-Daughter Murder Night"

- Rebecca F. Kuang, Tuesday, May 21 at 7 p.m., about her best-selling novel, "Yellowface."

Each talk features the opportunity to participate in author Q&A or pre-submit questions during registration! <https://library.org/rutherford-library/upcoming> While these talks are best experienced live. Past Author Talks can also be accessed.

Regular Features

• **Monday Night Book Group** will meet Monday, May 20 at 6:30 p.m.

• **Cook-a-Book Club** will meet at 6:30 p.m.

• **Spice Club** will meet on May 21 at 6:30 p.m. via Zoom.

• **Read 'Em & Eat Book Club** meets May 29 at 5:30 p.m.

• **Story Time with Miss Jane.** Most times, Wednesdays, at 10:30 a.m.

• **Virtual Mindfulness & On-Demand Yoga** Mi-

randa Lee of "Find That Pause" will lead virtual mindfulness sessions Fridays at 9:15 a.m. May's theme is mindfulness for emotional intelligence and mood-boosting. Enjoy yoga, meditation, and even story time 24/7, anywhere with an internet connection, via Bold Yoga and the Bendy Bookworm. This video database has classes for all ages, time frames, and experience levels. If interested, email reference@rutherford.bccls.org with your name and Library card number

• **Creativebug Live Craft Classes and How-to Videos.** Patrons can now access thousands of how-to videos for all crafts, live classes, and more at creativebug. Visit our website to get started.

• **Grab & Go Doorside Pickup.** For those who may not want to enter the building. Order books from the BCCLS catalog at www.bccls.org or submit a Grab & Go form (*from our website*) for either the adult or children's collection! If you don't have computer access, call the Library and our team will order items for you!

• **ESL In-Person and Virtual Classes.** In-person ESL meets on Tuesday and Thursday mornings. Advanced ESL classes meet on Saturdays. Virtual ESL classes are held Mondays through Thursdays. Registration for in-person classes is required and must be done in person at the circulation desk.

• **Movie Night.** The Friends of the Library will show "American Fiction" (R) on Tuesday, May 28 at 6 p.m. Event is free. Light refreshments will be served.

• **Tech Tutor.** Available by appointment for tech help or lessons. Fill out our online form or email marion.johnson@rutherford.bccls.org.

• **Wireless printing, digital borrows, downloadable collections, museum passes, genealogy and financial research, and job and home-work resources available. ###**

Lodi Memorial Library

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. <http://lodi.bccls.org/> Registration required for all programs unless stated.

• **Chair Yoga.** A six-week yoga class for people experiencing joint pain and stiffness. Students use chairs rather than yoga mats. Classes will be on Fridays, 1:30 to 2:30 p.m. Class dates are May 3, 10, 17 and 31. You must reserve a spot for each session.

• **The Brill Building Sound.** Saturday, May 18 at 2 p.m. This program, presented by Jimmy Scalia (*the official Bobby Darin Archivist*), showcases some of the talented songwriters and singers that came out of the Brill Building, including musical legends Carol King, The Drifters, The Monkees, and Bobby Darin.

• **Paint Night.** Thursday, April 4, 6 p.m. Instructor Libby Norris will teach you how to paint wood slice coasters with a mushroom motif in a fun, relaxed atmosphere.

• **Tuesday Night Book Club.** Tuesday, May 14, 6:30 to 7:30 p.m. May's book is "The Thursday Murder Club" by Richard Osman – 355 pages

• **Semi-Monthly Movie.** Afternoon movies twice a month. May movies: "The Iron Claw" on May 8 at 1 p.m. and "Wonka" on May 22 at 1 p.m.

• **Adult Crafts.** May's craft will be pressed flowers, and held in-person on Wednesday, May 29 at 1:30 p.m.

• **Creative Writing Club.** Thursday, May 23, 1 p.m. Bring your creative juices. Each month will feature a new prompt for our writing session.

• **Making the Blues Go Away.** Tuesday, May 7, 5:30 to 6:30 p.m. A history of the lawn and its place in our national psyche, including the negative impact that today's traditional

lawns have on our environment and alternatives that any homeowner can employ to create a better environment and support our wildlife. Presented by Master Gardener Arnie Friedman.

• **Vegetable Gardening 101.** Monday, May 13, 5 to 6 p.m. Master Gardener, Robyn Lowenthal, will discuss basic techniques for growing a healthy garden. These include location, planning, planting, weeding, watering, and pest and disease control.

• **Adding Natives to Your Garden.** Thursday, May 30, 2024, 5:30 to 6:30 p.m. Learn why native plants help solve the crisis of decreasing insect and bird populations, how natives improve our environment, and which plants are native to our area. Presented by Master Gardener, Christine Kozar.

• **Adult Coloring Pages, Mazes and Community Puzzle.** Come to the Library to de-stress with our free coloring materials, fun mazes, and beautiful puzzles.

• **Anime Club.** Grades 6 to 12. In-person, Wednesday, May 1, 3:30 to 4:30 p.m. Watch a movie, get some snacks, and make a craft. • **Lodi Game Club.** All ages (*12 and under must be accompanied by an adult*). Join us for all kinds of games every Wednesday from 3 to 4:30 p.m. No registration necessary.

• **High School Hang-out.** Grades 9-12. Every Tuesday from 6 to 7:30 p.m. in the conference room for games, movies, and other fun activities.

• **Grab & Go Craft.** Grades Pre K - 2. A new Grab & Go project will be available each Monday! While supplies last. No registration.

• **Legos.** – All ages. Tuesdays from 4 to 5 p.m. in the Children's Room. Make your own creations with Legos. No registration necessary.

• **Storytime.** Every Tuesday and Friday at 11 a.m. No registration necessary. ###

Little Ferry Free Public Library

Little Ferry Free Public Library, 239 Liberty Street, Little Ferry, NJ 07643. 201-641-3721. lifycirc@bccls.org Hours: Monday through Wednesday 10 a.m. to 8 p.m., Thursday, Friday 10 a.m. to 5:30 p.m. Saturday 10 a.m. to 3 p.m.

Adult Programs

• **Friday Afternoon at the Movies!** Noon. May 3, "Arthur" (1981), May 10, "Bandits" (2001), May 17, "Greenbook" (2018), May 24, "Small Time Crooks" (2000).

• **Adult Book Club.** Join the Little Ferry Free Public Library Book Club which takes place every month. Share your thoughts, opinions, and ideas with other book lovers regarding the latest thrilling read. May 13 at 2 p.m. (*book title to be announced*).

Little Ferry Children's Programs

• **Storytime with Cynthia.** A lively 30-minute combination of books, movement activities and songs best enjoyed by families with their children. Activities include crafts, sto-

rytelling, poetry, riddles, and more. Registration required. May 2, 9, 16, 23 at 10:30 a.m. for ages birth and up.

• **Puppet show with Katie Han.** Everyone is welcome. Be captivated by how the puppets walk and talk and let it make your imagination sparkle with magic. Registration is required! May 2 at 3:30 p.m.

• **Mother's Day Craft with Sue.** Get creative and join us for a fun crafty project that is made especially by you! Registration is required! May 4, 11 a.m. for Grades K and up.

• **Read to Blossom.** For

little ones just starting to read or for children that would like to practice reading, please read to Blossom! Blossom is a sweet, friendly Golden Doodle doggy who would love to hear stories read to her. Registration is required. May 15 and 29 at 3:30 p.m. for Grades Pre-K and up.

• **Tiny Tots Art with Olivia.** Get creative with Ms. Olivia! Join her on an art filled adventure and express your inner Picasso. Registration is required! May 16 and 30 at 3:30 p.m. for Grades Pre-K and up.

*This program schedule may be subject to change.

Please call the Library to check availability.

** Now offering free passes to The Aviation Hall of Fame & Museum of New Jersey for Little Ferry residents.

*** Check out our "Used Book Sale." We have a unique assortment of used books on sale daily.

**** Please visit our new Seed Library! Little Ferry patrons may take up to three packets per month at a time. You may refer to further policies at our Library regarding the Seed Library. ###

Make connections. Advertise in The Gazette Newspaper

Just A Thought

By Fritz Rethage



Keep Going

Spectators were aghast when the runners collided, stumbled and fell. The baton laying isolated, alone on the track. And to his credit, the man got up, picked up the baton and finished the race.

We are reminded of the Teddy Roosevelt notion:

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.” ###

See more photos on pages 12-13



Mosquito Season is Abuzz

Standing water means you could be raising mosquitoes!

Many generations of mosquitoes can breed right in your own yard. All mosquitoes need water to complete their life cycle. Mosquitoes also are not known to travel long distances from their water source.

Some mosquitoes lay their eggs in standing water where they hatch in just a day or two. They can do this in water that has been standing for as little as four days.

Other mosquitoes may lay their eggs in old tires, tin cans, or other water-holding containers including bird baths, wading and small swimming pools, ornamental ponds, clogged gutters, flowerpots or the drip plates beneath them, cups, glasses, drink cans, etc.

The eggs may remain unhatched for weeks or even months until they are covered with water!

Yard and home checklist:

- Get rid of old tires, tin cans, buckets, drums, bottles, or any water holding containers
- Fill in or drain any low places (*puddles, ruts*) in yard
- Keep drains, ditches, and culverts clean of weeds and trash so water will drain properly
- Cover trash containers to

keep out rain water

- Repair leaky pipes and outdoor faucets
- Empty plastic wading pool at least once a week and store it indoors when not in use
- Make sure your backyard pool is properly cared for while on vacation
- Fill in tree rot holes and hollow stumps that hold water with sand or concrete
- Change the water in bird baths and plant pots or drip trays at least once a week
- Keep grass cut short and shrubbery well trimmed around the house so adult mosquitoes will not hide there
- Keep gutters clean and free of debris and leaves.
- Store boats covered or upside down.

Protect yourself from mosquito bites

- If possible, avoid being outdoors in the early morning or in the evening.
- If you must go out, wear long-sleeved shirts, long pants and socks.
- The EPA and CDC advise the use of a mosquito repellent, following the instructions on the label.
- Check with your pediatrician before using a repellent on children.
- Keep windows and doors

closed or covered with screens to prevent mosquitoes from entering the house.

- Repair screens on windows, doors, porches, and patios.
- Some mosquito control methods do not do a very good job. For example, bug zappers do not work well to control biting mosquitos since they do not emit carbon dioxide.
- Various birds and bats will eat mosquitos, but there is little evidence that this cuts down on the number of mosquitos around homes.
- Electronic mosquito repelling devices don't stop mosquitos biting people either. ###

Rutherford Food Pantry

The Pantry is located in the basement of Rutherford Borough Hall. It is a volunteer non-profit which is a joint effort of community faith congregations, organizations and concerned citizens. Call 201-460-3000 x3168 to volunteer. Food donations are welcome during hours of service. Recipient eligibility is determined by local pastors and social services. A completed and approved referral is required. For more information go to: www.rutherford-nj.com/pantry ###

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Mother's Day: Give A Blanket

Once again, the Guild of Reformed Church Women of First Reformed Church, Hasbrouck Heights, invite you to participate in their annual Blanket of Honor Sunday project. These \$10 donations per blanket, in honor of or in memory of any or all the significant women in your life, will be accepted through May 5, 2024, for inclusion in the Mother's Day bulletin.

The proceeds will be used by Church World Service to provide new blankets to be distributed to families wherever and whenever a disaster occurs, whether natural or man-made.

These blankets are used in a multitude of ways, not just

for warmth. They provide a measure of dignity, a refuge, a source of protection, a means of carrying all one's belongings, a message that someone cares for them, wherever they may be in the world.

Please mail your check (\$10 per blanket) and send to First Reformed Church of Hasbrouck Heights, PO Box 66, Hasbrouck Heights, NJ 07604. Please include the name(s) of the women you wish to honor or remember.

The Guild women appreciate your assistance, as do the recipients, whether locally, nationally or world-wide. For further information, call 201-288-1122. ###

Tools Of Hope

The Women's Guild, through Church World Service (CWS), is again sponsoring Tools of Hope Sunday on Father's Day, a day on which we honor and/or remember all the significant men in our lives.

CWS offers a program, Tools of Hope, to help people throughout the world to become self-sufficient in maintaining the lives of their families and communities.

Hunger makes headlines when millions face starvation through famines caused by drought or brought about by war. However, lives of quiet desperation are routinely lived out by one in eight people who do not have an adequate share of the food resources of the earth. Tools of Hope offers the opportunity to place the right tool in

the right hands—those who are eager and willing to work! Not only are actual tools—saws, hammers, hoes—provided, but also tree seedlings, wells, small loans, beehives, sewing machines, and even renewed skills. Hope can be brought on our part to these willing hands with a suggested donation of \$10 for each mention!

Please see a Guild member to submit your donations and completed forms starting today through Sunday, June 9, 2024.

You may also mail your check to the Church office. First Reformed Church of Hasbrouck Heights, P.O. Box 66, Hasbrouck Heights, NJ 07604. Checks should be made payable to: Guild of Reformed Church Women. Mark in memo: Tools of Hope. ###

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247 Central Ave, Hasbrouck Heights
Charming Colonial on large lot
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Did you know that E-waste is the fastest growing municipal waste source in America, according to the EPA?

Join us on Saturday and Sunday, May 18th and 19th from 11am to 2pm to help reverse this trend. Drop off your home or office E-waste at Terrie O'Connor Realtors Gateway Group, 464 Boulevard, Hasbrouck Heights. The Junkluggers, an eco-friendly furniture and junk removal company, will have a truck and volunteers to unload your trunk. No need to get out of your vehicle.

This community event is free and open to all. Bring a friend and bring anything "with a plug." All E-waste will be properly recycled and proceeds benefit The Grace Foundation, (a 501c organization).

For more information, please call Mary Ellen Courtney at 201.288.0004.

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